



# Provider and Pharmacy Directory

# 2017



ASPIREHEALTHPLAN

**Your Medicare Advantage.**  
One plan, exceptional service, great value.

This Provider and Pharmacy directory was updated on **November 20, 2017**. For more recent information or other questions, please contact Aspire Health Plan Member Services at (855) 570-1600 or for TTY users, 711. Hours are October 1 through February 14, Sunday through Saturday 8 a.m. to 8 p.m. Pacific time and February 15 - September 30, Monday through Friday 8 a.m. to 8 p.m. Pacific time except certain holidays, or visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).



# ASPIREHEALTHPLAN

**Aspire Health Advantage Value (HMO)  
Aspire Health Advantage (HMO)  
Aspire Health Advantage Plus (HMO-POS)  
2017 Provider and Pharmacy Directory**

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**(855) 570-1600**

This directory provides a list of Aspire Health Plan's network providers and pharmacies for the Aspire Health Advantage Value (HMO), Aspire Health Advantage (HMO) and Aspire Health Advantage Plus (HMO-POS) plans.

This directory is for Monterey County, California.

This directory is current as of November 20, 2017. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Aspire Health Plan's network providers in your area, you can visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org) or call our Member Services Department toll free at 1-855-570-1600 October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users call 711.

Aspire Health Plan is an HMO plan sponsor with a Medicare contract. Enrollment in Aspire Health Plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1, 2018. You must continue to pay your Medicare Part B premium. The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

This information is available in an alternate format or language. You may call our Member Services Department toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays), to request the information in an alternate format or language. TTY users should call 711.

Esta información está disponible en un formato o idioma alternativo. Usted puede llamar a nuestro Departamento de Servicios para Miembros al número gratuito 1 855-570-1600, 1 de octubre al 14 de febrero, de 8:00 am - 8:00 pm, los siete días de la semana, 15 de febrero hasta el 30 de septiembre de 8 a.m.-8:00 pm, de lunes a viernes (excepto festivos), para solicitar la información en un formato o idioma alternativo. Los usuarios de TTY deben llamar al 711.

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## Section 1 – Introduction

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This directory provides a list of Aspire Health Plan’s network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have to choose one of our network providers who are listed in this directory to be your **Primary Care Physician (PCP)**. The term “PCP” will be used throughout this directory. Generally, you must get your health care services from your PCP and all services must be received by a network provider. These services include x-rays, laboratory tests, therapies, specialists, hospital admissions, and follow-up care. Your PCP also contacts other plan providers for updates about your care and/or treatment. You may obtain services from in network specialty providers, without a referral from your PCP. Your PCP may need to obtain prior authorization (prior approval) for certain services, as outlined in your evidence of coverage.

The “network providers” listed in this directory have agreed to provide you with your medical, hearing, dental and vision health care services. You may go to any of our network providers listed in this directory. If you have been going to one network provider, you are not required to continue to go to that same provider. In some cases, you may get covered services from non-network providers. Non-emergency services obtained from nonparticipating providers will require prior authorization.

If you receive a bill from a non-contracted provider, you should not pay the bill. You should submit it to Aspire Health Plan for processing and we will let you know what, if anything is your financial responsibility. You may contact us toll-free 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Our mailing address is P.O. Box 5490 Salem, OR. 97304.

If you need care when you are outside the service area, your health care coverage is limited.

Generally, the only services we cover when you are outside our service area is care for a medical emergency, including post-stabilization care, urgently needed care, renal dialysis (kidney), and

care that Aspire Health Plan has approved in advance. If you are a member of the Aspire Health Advantage Plus (HMO-POS) plan, out of network benefits for Medicare-covered medical services accessed outside of the plan’s service area of Monterey County, CA are covered. Please refer to the Evidence of Coverage for details and authorization rules. If you have questions about whether a service is covered when you travel, please call our Member Services Department toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711.

### **If you have a medical emergency:**

- Get medical help as quickly as possible. Call 911 for help or go directly to the nearest emergency room. **In any emergency, you never need to contact any plan provider, even your own PCP, for either permission (“authorization”) or a referral.**

However, as soon as possible, you or someone else should contact Aspire Health Plan toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Your health plan needs to know about your emergency because we will provide follow-up care. Please try to contact Aspire Health Plan about your emergency within 48 hours. You must use plan providers except in an emergency or urgent care situations or for out-of-area renal dialysis or other services. If you are a member of the Aspire Health Advantage Value (HMO) plan or the Aspire Health Advantage (HMO) plan and you obtain routine care from out-of-network providers neither Medicare nor Aspire Health Plan will be responsible for the costs. If you are a member of the Aspire Health Advantage Plus (HMO-POS) plan, out-of-network benefits for Medicare-covered medical services accessed outside of the plan’s service area of Monterey County, CA are covered. Authorization rules may apply, please refer to the Evidence of Coverage or contact the plan for more details.

## **What is the service area for Aspire Health Plan?**

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The county in our service area is listed below.

Monterey County, California

## **How do you find Aspire Health Plan providers in your area?**

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Aspire Health Plan recommends that you choose a network primary care physician close to your home. Having your PCP nearby can make receiving medical care easier. This provider directory is organized by city or town to make it easy to see which physicians are located near you.

If you have questions about Aspire Health Advantage Value, Aspire Health Advantage or Aspire Health Advantage Plus or require assistance in selecting a PCP, please call our Member Services Department a toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Or, visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).

## Section 2 – List of Network Providers

There are 84 primary care physicians, 270 specialty care providers, 5 ambulatory surgery centers, 2 anatomic pathology providers, 1 aquatic therapy providers, 323 dental providers, 1 diabetes prevention programs, 9 diagnostic radiology facilities, 1 dialysis center, 14 durable medical equipment providers, 2 endoscopy centers, 5 hearing, 8 home health or hospice providers, 4 hospitals, 1 hyperbaric medicine providers, 23 laboratories, 3 mammography centers, 5 occupational therapy providers, 4 orthotic and prosthetic providers, 3 ostomy and colostomy suppliers, 2 outpatient mental health providers, 18 physical therapy providers, 1 recovery centers, 25 routine care chiropractors, 10 skilled nursing facilities, 3 speech therapy providers, 12 urgent care centers, 86 vision providers, 1 wound care providers listed in this directory.

PCPs may be found listed in the section titled “Primary Care Physicians.” They are listed alphabetically under city and specialty type. Additional languages spoken by physician will be noted under the physician name or group name.

You will find a listing of specialty physicians in this directory listed alphabetically under each provider specialty type.

All other sections of this provider and pharmacy directory are sorted by city and then by provider name.

### Aspire Health Plan

(855) 570-1600

#### AFFILIATED HOSPITALS

##### King City

**George L Mee Memorial Hospital**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

##### Monterey

**Community Hospital of the Monterey Peninsula**  
23625 WR Holman Hwy  
Monterey, CA 93940  
(831) 624-5311

##### Salinas

**Natividad Medical Center**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Salinas Valley Memorial Hospital**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

#### PRIMARY CARE PHYSICIANS

##### Big Sur

##### Family Medicine

**Bruemmer, Brita MD<sup>2</sup>**  
*Big Sur Health Center Inc*  
Spanish  
46896 Highway 1  
Big Sur, CA 93920  
(831) 667-2580

##### Carmel

##### Family Medicine

**Goldman, Lee MD<sup>2</sup>**  
*Carmel Valley Medical Clinic*  
27880 Dorris Dr Ste 100  
Carmel, CA 93923  
(831) 626-4469

**Gray, Oscar MD<sup>2</sup>**  
*Carmel Valley Medical Clinic*  
Spanish  
27880 Dorris Dr Ste 100  
Carmel, CA 93923  
(831) 626-4469

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
5315 Carmel Valley Rd  
Carmel, CA 93923  
(831) 649-3136

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
1000 Hacienda Carmel  
Carmel, CA 93923  
(831) 649-3136

##### Internal Medicine

**Generoso, Gillian MD<sup>1</sup>**  
*Montage Medical Group*  
Tagalog  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

**Nervino, Harry MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

**Ruibys, Gediminas MD<sup>1</sup>**  
*Montage Medical Group*  
Lithuanian, Russian  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

**Saito, Keiko MD<sup>1</sup>**  
*Montage Medical Group*  
Japanese  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

**Straface, David MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

**Tiongco, Jill MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd Ste A  
Carmel, CA 93923  
(831) 718-9701

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients

<sup>^</sup> Provider is concierge and available only to patients who pay an annual fee or retainer



**Carmel Valley**

**Family Medicine**

**Tocchet, Paulino MD<sup>1</sup>**  
*Monterey Peninsula  
 Orthopaedic And Sports  
 Medicine*  
 14 Ford Rd  
 Carmel Valley, CA 93924  
**(831) 659-5531**

**Castroville**

**Family Medicine**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle  
 De Salinas*  
 10561 Merritt St  
 Castroville, CA 95012  
**(831) 633-1514**

**Gonzales**

**Family Medicine**

**Gantes, Oscar MD<sup>1</sup>**  
*Salinas Valley Memorial  
 Health Taylor Farms  
 Family*  
 850 5th St  
 Gonzales, CA 93926  
**(831) 675-3601**

**Martinez, Alberto MD<sup>1</sup>**  
*Salinas Valley Memorial  
 Health Taylor Farms  
 Family*  
 Spanish  
 850 5th St  
 Gonzales, CA 93926  
**(831) 675-3601**

**Ponzio, Christine MD<sup>2</sup>**  
*Salinas Valley Memorial  
 Health Taylor Farms  
 Family*  
 850 5th St  
 Gonzales, CA 93926  
**(831) 675-3601**

**Greenfield**

**Family Medicine**

**Cooper, Jay MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Greenberg, Bruce MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Johnson, Chrisanna MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Schindelheim, Roy MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Shirrell, Aimee MD<sup>1</sup>**  
*Clinica De Salud Del Valle  
 De Salinas*  
 Spanish  
 808 Oak Ave  
 Greenfield, CA 93927  
**(831) 674-5344**

**Internal Medicine**

**Alejandre, Hilda MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Mangat, Aljinder MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**Pinto, Moneesha MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Hindu, Italian  
 467 El Camino Rl  
 Greenfield, CA 93927  
**(831) 674-0112**

**King City**

**Family Medicine**

**Cooper, Jay MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Greenberg, Bruce MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Johnson, Chrisanna MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Schindelheim, Roy MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Internal Medicine**

**Mangat, Aljinder MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 400 Canal St Ste B  
 King City, CA 93930  
**(831) 386-7401**

**Mangat, Aljinder MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Spanish  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Pinto, Moneesha MD<sup>1</sup>**  
*George L Mee Memorial  
 Hospital*  
 Hindu, Italian  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7100**

**Tongson, Roberto MD<sup>1</sup>**  
*Roberto C Tongson MD*  
 Spanish, Tagalog  
 212 Bassett St  
 King City, CA 93930  
**(831) 386-9542**

**Marina**

**Family Medicine**

**Abraham,  
 Jean-Philippe MD<sup>1</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Ste 200  
 Marina, CA 93923  
**(831) 582-2100**

**Carmen, Lellivi MD<sup>2</sup>**  
*Montage Medical Group*  
 Tagalog  
 2930 2nd Ave Ste 200  
 Marina, CA 93933  
**(831) 582-2100**

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients

<sup>^</sup> Provider is concierge and available only to patients who pay an annual fee or retainer

**Gjeltema, Kenneth MD<sup>1</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Ste 200  
 Marina, CA 93933  
 (831) 582-2100

**Lewandowski, Nathan MD<sup>1</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Ste 200  
 Marina, CA 93933  
 (831) 582-2100

**Martinez, Evangelina MD<sup>2</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Ste 200  
 Marina, CA 93933  
 (831) 582-2100

## Monterey

### Family Medicine

**Burns-Lee, Cindy MD<sup>2</sup>^**  
*Cindy Burns Lee MD Inc*  
 5 Harris Ct Bldg T Ste 103  
 Monterey, CA 93940  
 (831) 375-8824

**Edmonds Jr, Jay MD<sup>1</sup>^**  
*Jay S Edmonds Jr MD Inc*  
 5 Harris Ct Bldg T Ste 103  
 Monterey, CA 93940  
 (831) 375-8824

**Fernandez, Robert MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 5 Lower Ragsdale Dr  
 Ste 100  
 Monterey, CA 93940  
 (831) 624-7070

**Franklin, Terry MD<sup>1</sup>^**  
*Ryan Ranch Medical Group*  
 1011 Cass St Ste 106  
 Monterey, CA 93940  
 (831) 647-3190

**Hashimoto, Ken MD<sup>2</sup>**  
*Ken Hashimoto MD Inc*  
 Japanese  
 798 Cass St Ste 201  
 Monterey, CA 93940  
 (831) 920-2163

**Hendrick, Michael MD<sup>1</sup>^**  
*Pacific Family Medical Group*  
 1900 Garden Rd Ste 100  
 Monterey, CA 93940  
 (831) 375-4945

**Mohandas, Radhika MD<sup>1</sup>**  
*Monterey Medical Center*  
 100 Wilson Rd Ste 110  
 Monterey, CA 93940  
 (831) 642-6266

**Myers, Linda-Lee MD<sup>1</sup>**  
*Athena Medical Group Of The Central Coast Inc*  
 10 Harris Ct Ste A2  
 Monterey, CA 93940  
 (831) 884-5048

**Ramirez, Carlos MD<sup>1</sup>^**  
*Carlos Ramirez MD APMC*  
 Spanish  
 798 Cass St Ste 201  
 Monterey, CA 93940  
 (831) 920-2163

**Rosal, Carla MD<sup>2</sup>**  
*Salinas Valley Medical Clinic*  
 5 Lower Ragsdale Dr  
 Ste 100  
 Monterey, CA 93940  
 (831) 624-7070

**Schneiderman, Scott DO<sup>1</sup>^**  
*Scott H Schneiderman Do Inc A Medical Corporation*  
 835 Cass St  
 Monterey, CA 93940  
 (831) 649-0350

**Tocchet, Paulino MD<sup>1</sup>**  
*Monterey Peninsula Orthopaedic And Sports Medicine*  
 10 Harris Ct  
 Bldg A Ste A1  
 Monterey, CA 93940  
 (831) 643-9788

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
 200 Glenwood Cir  
 Ste A75  
 Monterey, CA 93940  
 (831) 649-3136

### Geriatric Medicine

**Saddy, Shehab MD<sup>1</sup>**  
*Geriatric Medical Center Of Monterey Peninsula*  
 2 Upper Ragsdale Dr  
 Ste B240  
 Monterey, CA 93940  
 (831) 642-9800

### Internal Medicine

**Abundis, Rebecca DO<sup>2</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 5 Lower Ragsdale Dr  
 Ste 100  
 Monterey, CA 93940  
 (831) 624-7070

**Heal, Georgina MD<sup>1</sup>^**  
*Gina Heal MD Inc*  
 11 Thomas Owens Wy  
 Ste 101  
 Monterey, CA 93940  
 (831) 324-0593

**Horne, Michele MD<sup>2</sup>**  
*Central Coast Total Wellness*  
 147 El Dorado St Ste B  
 Monterey, CA 93940  
 (831) 643-9658

**Mudge, Dawn MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 5 Lower Ragsdale Dr  
 Ste 100  
 Monterey, CA 93940  
 (831) 624-7070

**Nuttall, Nicolas MD<sup>1</sup>**  
*Nicolas J Nuttall MD*  
 2 Upper Ragsdale Dr  
 Ste B220  
 Monterey, CA 93940  
 (831) 646-1160

**Ohlsen, Cassandra MD<sup>2</sup>**  
*Cassandra Ohlsen MD Inc*  
 871 Cass St Ste 100  
 Monterey, CA 93940  
 (831) 655-1846

**Saddy, Shehab MD<sup>1</sup>**  
*Geriatric Medical Center Of Monterey Peninsula*  
 2 Upper Ragsdale Dr  
 Ste B240  
 Monterey, CA 93940  
 (831) 642-9800

**Steinbaum, Lola MD<sup>1</sup>**  
*Prima Heart AMG*  
 1010 Cass St Ste A1  
 Monterey, CA 93940  
 (831) 333-1345

## Salinas

### Family Medicine

**Acton, Danielle MD<sup>2</sup>**  
*Acacia Family Medical Group*  
 400 E Romie Ln  
 Salinas, CA 93901  
 (831) 770-0123

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients

<sup>^</sup> Provider is concierge and available only to patients who pay an annual fee or retainer



**Family Medicine** (continued)

**Adame, Mark MD<sup>2</sup>**  
*Salinas Family Practice Medical Clinic Inc*  
 Spanish  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Brunet, Russell DO<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Cambier, Douglas MD<sup>2</sup>**  
*Salinas Family Practice Medical Clinic Inc*  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Clark, John MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Ebenhoech, Adelheid MD<sup>1</sup>**  
*Family Care Medical Group Inc*  
 German, Spanish  
 17615 Moro Rd  
 Salinas, CA 93907  
**(831) 663-3926**

**Foote, Leslie MD<sup>1</sup>**  
*Leslie Foote MD*  
 31 Winham St  
 Salinas, CA 93901  
**(831) 771-0244**

**Hoffman, James MD<sup>2</sup>**  
*Salinas Family Practice Medical Clinic Inc*  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Lew, James MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Ludlow, Karen MD<sup>2</sup>**  
*Athena Medical Group Of The Central Coast Inc*  
 Spanish  
 335 Katherine Ave  
 Salinas, CA 93901  
**(831) 751-6222**

**Nishimoto, Warren DO<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle De Salinas*  
 219 N Sanborn Rd  
 Salinas, CA 93905  
**(831) 757-1365**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle De Salinas*  
 950 Circle Dr  
 Salinas, CA 93905  
**(831) 757-6237**

**Oppenheim, Joanna MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 German  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Oppenheim, Peter MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Pandey, Saumya DO<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Hindi  
 355 Abbott St Ste 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Perez-Lopez, Minerva MD<sup>1</sup>**  
*Natividad Medical Center*  
 Spanish  
 1441 Constitution Blvd  
 Bldg 400 Ste 101  
 Salinas, CA 93906  
**(831) 759-0674**

**Petrini, Joseph MD<sup>1</sup>**  
*Joseph C Petrini MD*  
 720 E Romie Ln  
 Salinas, CA 93901  
**(831) 424-8072**

**Petronijevic, Steven DO<sup>1</sup>**  
*Family Care Medical Group Inc*  
 17615 Moro Rd  
 Salinas, CA 93907  
**(831) 663-3926**

**Reddy, Sumana MD<sup>2</sup>**  
*Acacia Family Medical Group*  
 Spanish  
 8036 San Miguel Canyon Rd  
 Salinas, CA 93907  
**(831) 770-0123**

**Reddy, Sumana MD<sup>2</sup>**  
*Acacia Family Medical Group*  
 Spanish  
 400 E Romie Ln  
 Salinas, CA 93901  
**(831) 770-0123**

**Romero-Beltran, Pablo MD<sup>1</sup>**  
*Athena Medical Group Of The Central Coast Inc*  
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**Jacobson, Michael MD<sup>1</sup>**

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(831) 422-4500

<sup>1</sup> Accepts new patients<sup>2</sup> Closed to new patients/Open to existing patients<sup>^</sup> Provider is concierge and available only to patients who pay an annual fee or retainer

Urology (continued)**Renfer, Leonard MD<sup>1</sup>**

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**Carmel**

**Stechishin, Mallory DDS**  
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**Abdelhamed, Mohamed DDS**  
*Western Dental Services Inc*  
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## Dental Providers

### Dentist (continued)

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**Abuzalan, Taher DDS**  
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**Achyuta, Surya Manga DDS**  
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**Afshari, Nahid DDS**  
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**Aggarwal, Parul DDS**  
*Western Dental Services Inc*  
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**Ahmad, Mahmoud DDS**  
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**Albik, Mohamad DDS**  
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**Alrezk, Feras DDS**  
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**Amin, Gaurang DDS**  
*Western Dental Services Inc*  
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**Ansari, Faiz DDS**  
*Western Dental Services Inc*  
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**Antonio, Yvette DDS**  
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**Asefi, Salab DDS**  
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**Aujla, Navneet DDS**  
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**Aung, Thein DDS**  
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**Baek, Seung Hoon DDS**  
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**Bakdach, Iyad DDS**  
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**Desai, Satyen DDS**  
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 Ma Rosario DDS**  
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**Seaside**

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 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Kowalski, Keith DDS**  
*Sahawneh Dental Corporation*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Lee, Donghoon DDS**  
*Dong Hoon Do Lee Inc*  
 190 Kidder St  
 Soledad, CA 93960  
**(831) 678-2681**

**Lehnhof, Monica DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Liu, Frank DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Mancias, Ramiro DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Nguyen, Hoang DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

## Dental Providers

### Dentist (continued)

**Nguyen, Huyen DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Nguyen, Ngoctrinh DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Park, Kwang DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Park, Stephen DDS**  
*Stephen J Park DDS*  
190 Kidder Street  
Soledad, CA 93960  
**(831) 678-2681**

**Pournaderi, Mastaneh DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Ramirez, David DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Sudqi, Omar DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Thomas, William Anthony DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Tran, Quocbao DDS**  
*Quocbao N Tran DMD*  
2530 H De La Rosa Sr Street  
Soledad, CA 93960  
**(408) 209-8460**

**Tran, Van DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

**Verdugo, John DDS**  
*John D Verdugo DDS*  
190 Kidder St  
Soledad, CA 93960  
**(831) 678-2681**

**Wang, Jeffrey DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
**(831) 678-0881**

### Endodontics

#### Gonzales

**Kim, Michael DDS**  
*Kim Shimazu & Lee Dental Corporation*  
851 5th St Suite H  
Gonzales, CA 93926  
**(831) 240-0865**

#### Monterey

**Avant, Sharon DDS**  
*Pacific Endodontics*  
971 Pacific Street  
Monterey, CA 93940  
**(831) 375-4750**

**Kaykha, Lillian DDS**  
*Lillian Kaykha DMD*  
757 Pacific Street Suite B2  
Monterey, CA 93940  
**(831) 655-3655**

#### Salinas

**Avant, Sharon DDS**  
*Sharon M Avant*  
1045 Los Palos Dr  
Salinas, CA 93901  
**(831) 375-4750**

### Oral and Maxillofacial Surgery

#### Monterey

**Lewis, Michael DDS**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
337 El Dorado St Ste 3-A  
Monterey, CA 93940  
**(831) 373-2967**

**Lloyd, Ryan DMD**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
337 El Dorado St Ste 3-A  
Monterey, CA 93940  
**(831) 373-2967**

**Silva, Perry DDS**  
*Perry V Silva DDS MD Inc*  
880 Cass St Ste 203  
Monterey, CA 93940  
**(831) 649-1388**

**Stoddard, Edward DDS**  
*Edward L Stoddard DDS*  
880 Cass St Ste 203  
Monterey, CA 93940  
**(408) 649-1388**

#### Salinas

**Bakllamaja, Vanela DDS**  
*Western Dental Services Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Lewis, Michael DDS**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
770 E Romie Ln Ste G  
Salinas, CA 93901  
**(831) 757-5291**

**Lloyd, Ryan DMD**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
770 E Romie Ln Ste G  
Salinas, CA 93901  
**(831) 757-5291**

**Nguyen, Quoc DDS**  
*Western Dental Services Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Silva, Perry DDS**  
*Perry V Silva DDS MD Inc*  
127 E Romie Ln  
Salinas, CA 93901  
**(831) 422-7575**

**Tarsitano, Ben DDS**  
*Ben Tarsitano DDS*  
640 E Alvin Dr Ste C  
Salinas, CA 93906  
**(831) 443-9300**



**Orthodontics and  
Dentofacial  
Orthopedics**

**Bayrakdarian,  
Ishkhan DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Cater, Paul DDS**

*Cater/Galante  
Orthodontic*  
1465 N Davis Rd  
Salinas, CA 93907  
**(831) 424-3255**

**Cater, Paul DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Chiang, Wesley DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Chung, Sarah DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Chung, Sarah DDS**

*Western Dental Services  
Inc*  
1293 Davis Rd  
Salinas, CA 93907  
**(831) 755-0870**

**Chung, Sarah DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Cobain, Leif DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Cua, Gracia DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Cua, Gracia DDS**

*Western Dental Services  
Inc*  
1293 Davis Rd  
Salinas, CA 93907  
**(831) 755-0870**

**Cua, Gracia DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Cua, Gracia DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(831) 783-3160**

**Dunay, Kelley DMD**

*Western Dental Services  
Inc*  
1293 Davis Rd  
Salinas, CA 93907  
**(831) 755-0870**

**Modjeski,**

**Christopher DDS**  
*Christopher N Modjeski  
DDS*  
224 San Jose St  
Salinas, CA 93901  
**(831) 758-1672**

**Rogers, Donald DDS**

*Dental Concepts*  
1976 N Main St  
Salinas, CA 93906  
**(831) 443-3633**

**Rogers, Donald DDS**

*Donald P Rogers DDS*  
275 W Laurel Dr Ste D  
Salinas, CA 93906  
**(408) 449-1501**

**Tran, Van DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Tran, Van DDS**

*Western Dental Services  
Inc*  
1293 Davis Rd  
Salinas, CA 93907  
**(831) 755-0870**

**Wang, Derick DMD**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Wang, Derick DMD**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Wang, Derick DMD**

*Western Dental Services  
Inc*  
1293 Davis Rd  
Salinas, CA 93907  
**(831) 755-0870**

**Wang, Derick DMD**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(831) 783-3160**

**Periodontics**

**Kim, Jekyong DDS**

*Western Dental Services  
Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
**(800) 579-3783**

**Kim, Jekyong DDS**

*Western Dental Services  
Inc*  
1229 N Main St  
Salinas, CA 93906  
**(831) 442-8000**

**Trujillo, Israel DDS**

*Israel Trujillo*  
160 Harden Pkwy Ste 102  
Salinas, CA 93906  
**(831) 443-3633**

## Outpatient Mental Health Providers

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### Monterey

**CHOMP Behavioral  
Health Services**  
576 Hartnell St  
Monterey, CA 93940  
**(831) 625-4600**

**CHOMP Behavioral  
Health Services**  
23625 WR Holman Hwy  
Monterey, CA 93940  
**(831) 625-4600**

**Dimaggio, Meghan NP**  
*Community Hospital Of  
The Monterey Peninsula*  
576 Hartnell Street  
Monterey, CA 93940  
**(831) 625-4600**

**Dimaggio, Meghan NP**  
*Community Hospital Of  
The Monterey Peninsula*  
23625 Holman Hwy  
Monterey, CA 93940  
**(831) 625-4775**

**Ambulatory Surgery Center**

**Monterey**

**Monterey Peninsula Surgery Center**  
2 Upper Ragsdale Drive Ste B160  
Monterey, CA 93940  
**(831) 333-4000**

**Monterey Peninsula Surgery Center**  
966 Cass St Ste 100  
Monterey, CA 93940  
**(831) 372-2169**

**Monterey Peninsula Surgery Center**  
665 Munras Ave Ste 100  
Monterey, CA 93940  
**(831) 649-9300**

**Salinas**

**Salinas Surgery Center**  
955A Blanco Cir  
Salinas, CA 93901  
**(831) 753-5800**

**Vantage Surgery Center**  
622 Abbott Street Ste A  
Salinas, CA 93901  
**(831) 771-3999**

**Aquatic Therapy**

**Marina**

**Community Hospital of the Monterey Peninsula - AQT**  
2920 2nd Ave  
Marina, CA 93933  
**(831) 883-5656**

**Diabetes Prevention Programs**

**Salinas**

**Central Coast YMCA**  
500 Lincoln Ave  
Salinas, CA 93901  
**(831) 757-4633**

**Diagnostic Radiology**

**Carmel**

**Coastal Valley Imaging Center of Carmel**  
26542 Carmel Rancho Blvd  
Carmel, CA 93923  
**(831) 625-7255**

**King City**

**George L Mee Memorial Hospital - RAD**  
300 Canal St  
King City, CA 93930  
**(831) 385-6000**

**Monterey**

**Community Hospital of the Monterey Peninsula - RAD**  
23625 WR Holman Hwy  
Monterey, CA 93940  
**(831) 624-5311**

**SimonMed Imaging APC**  
665 Munras Avenue Ste 109  
Monterey, CA 93940  
**(650) 323-1343**

**Salinas**

**Coastal Valley Imaging Center**  
626 Brunken Ave  
Salinas, CA 93901  
**(831) 755-0600**

**Natividad Medical Center - RAD**  
1441 Constitution Blvd  
Salinas, CA 93906  
**(831) 755-4111**

**Salinas Valley Imaging Center**  
559 Abbott St  
Salinas, CA 93901  
**(831) 775-5200**

**Salinas Valley Memorial Hospital - RAD**  
450 E Romie Ln  
Salinas, CA 93901  
**(831) 757-4333**

**Valle Verde Imaging Center**  
1326 Natividad Rd Ste E  
Salinas, CA 93906  
**(831) 796-3774**

**Dialysis Center**

**Monterey**

**Monterey Peninsula Dialysis LLC**  
2066 Fremont Street  
Monterey, CA 93940  
**(831) 655-6950**

**Durable Medical Equipment**

**Aliso Viejo**

**Medequip Inc (Mail Order Only)**  
27 Brookline  
Aliso Viejo, CA 92656  
**(800) 944-3422**

**Downey**

**SuperCare Health**  
8345 Firestone Blvd Suite 210  
Downey, CA 90241  
**(800) 206-4880**

**Elkin**

**Prism Medical Products LLC (Mail Order Only)**  
112 Church Street Ste 101  
Elkin, CA 28621  
**(888) 244-6421**

**Fresno**

**Shield California Health Centers**  
423 West Fallbrook Ave Ste 101  
Fresno, CA 93711  
**(800) 228-7150**

**Garden Grove**

**AirCare Home Respiratory**  
13311 Garden Grove Blvd #D  
Garden Grove, CA 92843  
**(800) 487-5566**

**Livermore**

**Alere Home Monitoring**  
6465 National Dr  
Livermore, CA 94550  
**(877) 262-4669**

**Madison Heights**

**InfuSystem**  
31700 Research Park Drive  
Madison Heights, MI 48071  
**(800) 962-9656**

**Monterey**

**Sleep Well Cpap Services LLC**  
60 Garden Court Ste 200  
Monterey, CA 93940  
**(831) 233-3130**

**Salinas**

**Lincare Inc**  
401 Victor Way Ste 1  
Salinas, CA 93907  
**(831) 757-1060**

## Outpatient Services

### Durable Medical Equipment (continued)

**Pacific Medical Inc**  
420 E Romie Ln Ste C  
Salinas, CA 93901  
(800) 726-9180

**Valley Patient Care**  
401 Victor Way Ste 2  
Salinas, CA 93907  
(831) 757-3268

#### Santa Cruz

**Horsnyder Pharmacy Inc**  
1226 Soquel Ave Ste A  
Santa Cruz, CA 95062  
(831) 458-1400

#### Turlock

**Priority Medical Supply Inc**  
1504 Colorado Avenue  
Turlock, CA 95380  
(209) 668-8723

#### Watsonville

**Numotion**  
446 Westridge Dr  
Watsonville, CA 95076  
(831) 724-5544

#### Endoscopy Center

#### Monterey

**Monterey Bay Endoscopy Center LLC**  
23 Upper Ragsdale Dr Ste 200  
Monterey, CA 93940  
(831) 375-3577

#### Salinas

**Los Palos Ambulatory Endoscopy Center**  
1081 Los Palos Dr Ste A  
Salinas, CA 93901  
(831) 771-1458

#### Home Health

#### Monterey

**Central Coast Visiting Nurse Association**  
5 Lower Ragsdale Drive  
Monterey, CA 93940  
(831) 372-6668

#### Choice Home Health Care

80 Garden Court Ste 150  
Monterey, CA 93940  
(831) 645-1400

#### Healthy Living at Home

2150 Garden Road  
Suite B-2  
Monterey, CA 93940  
(831) 706-2255

#### Salinas

**Adobe Home Health**  
19045 Portola Dr Ste E  
Salinas, CA 93908  
(831) 424-1311

#### Central Coast Visiting Nurse Association

45 Plaza Cir  
Salinas, CA 93901  
(831) 751-5500

#### Hospice and Palliative Medicine

#### Monterey

**Central Coast VNA and Hospice Inc**  
5 Lower Ragsdale Drive  
Monterey, CA 93940  
(831) 372-6668

#### Hausdorff, John MD

*Montage Medical Group*  
23845 Holman Hwy  
Ste 210  
Monterey, CA 93940  
(831) 620-0700

#### Hausdorff, John MD

*Pacific Cancer Care*  
5 Harris Ct Bldg T Ste 201  
Monterey, CA 93940  
(831) 375-4105

#### Hospice of the Central Coast

2 Upper Ragsdale Dr  
Ste D20  
Monterey, CA 93940  
(831) 658-3772

#### Salinas

#### Central Coast VNA and Hospice Inc

45 Plaza Cir  
Salinas, CA 93901  
(831) 751-5500

#### Harry, Wendell MD

*Salinas Valley Medical Clinic*  
505 E Romie Ln Ste F  
Salinas, CA 93901  
(831) 676-0210

#### Semer, Nadine MD

*Salinas Valley Medical Clinic*  
505 E Romie Ln Ste F  
Salinas, CA 93901  
(831) 676-0210

#### Hyperbaric Medicine

#### Monterey

**Wound Healing and Hyperbaric Center**  
23625 WR Holman Hwy  
Monterey, CA 93940  
(831) 625-4742

#### Laboratory

#### Carmel

**Community Hospital of the Monterey Peninsula - Lab**  
275 Crossroads Blvd  
Carmel, CA 93923  
(831) 625-4811

#### Del Rey Oaks

**Quest Diagnostics - Safeway PSC**  
815 Canyon Del Rey Blvd  
Del Rey Oaks, CA 93940  
(831) 718-3531

#### Gonzales

**Labcorp of America**  
133 4th St  
Gonzales, CA 93926  
(831) 675-2887

#### King City

**George L Mee Memorial Hospital - LAB**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

#### Marina

**Community Hospital of the Monterey Peninsula - Lab**  
2930 2nd Ave Ste 100  
Marina, CA 93930  
(831) 385-6000

**Quest Diagnostics**  
294 Reservation Rd  
Marina, CA 93933  
(831) 384-6091



**Monterey**

**Community Hospital of the Monterey Peninsula - Lab**

576 Hartnell St Ste 100  
Monterey, CA 93940  
(831) 625-4811

**Community Hospital of the Monterey Peninsula - Lab**

2 Upper Ragsdale Dr  
Ste D-120  
Monterey, CA 93940  
(831) 625-4811

**Community Hospital of the Monterey Peninsula - Lab**

23625 WR Holman Hwy  
Monterey, CA 93940  
(831) 625-4811

**Labcorp of America**  
880 Cass St Ste 100  
Monterey, CA 93940  
(831) 641-0169

**Quest Diagnostics**  
757 Pacific St Ste B-1  
Monterey, CA 93940  
(831) 373-1871

**Pacific Grove**

**Quest Diagnostics - Safeway PSC**  
1212 Forest Ave  
Pacific Grove, CA 93950  
(831) 718-9402

**Ponoma**

**Foundation Laboratory**  
1716 West Holt Avenue  
Ponoma, CA 91768  
(909) 623-9301

**Salinas**

**Labcorp of America**  
1326 Natividad Rd Ste A  
Salinas, CA 93906  
(831) 772-0105

**Labcorp of America**  
535 E Romie Ln Ste 4  
Salinas, CA 93901  
(831) 424-1956

**Labcorp of America**  
559 E Alisal St Ste 104  
Salinas, CA 93905  
(831) 751-3921

**Natividad Medical Center - Lab**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Quest Diagnostics**  
212 San Jose St Ste 101  
Salinas, CA 93901  
(831) 424-3452

**Quest Diagnostics**  
323 North Sanborn Rd  
Salinas, CA 93905  
(831) 422-3114

**Quest Diagnostics**  
631 East Alvin Dr Ste G1  
Salinas, CA 93906  
(831) 751-2280

**Salinas Valley Memorial Hospital - LAB**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

**Seaside**

**Community Hospital of the Monterey Peninsula - Lab**  
1161 Fremont Blvd  
Seaside, CA 93955  
(831) 625-4811

**Labcorp of America**  
1173 Fremont Blvd Ste B  
Seaside, CA 93955  
(831) 392-1438

**Mammography**

**Monterey**

**Carol Hatton Breast Care Center**  
1035 Cass St  
Monterey, CA 93940  
(831) 622-2760

**Mammography Center of Monterey**  
700 Cass St Ste 120  
Monterey, CA 93940  
(831) 373-8932

**Salinas**

**Nancy Ausonio Mammography Center**  
240 San Jose St  
Salinas, CA 93901  
(831) 759-3091

**Occupational Therapy**

**King City**

**George L Mee Memorial Hospital - PT**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

**Monterey**

**Community Hospital of the Monterey Peninsula - HPC**  
576 Hartnell St Ste 200  
Monterey, CA 93940  
(831) 658-3070

**Sanders, Natalie OTR**  
*Therasens Occupational Therapy*  
1900 Garden Rd Ste 200C  
Monterey, CA 93940  
(831) 250-6770

**Therasens Occupational Therapy**  
1900 Garden Rd Ste 200C  
Monterey, CA 93940  
(831) 250-6770

**Salinas**

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Trinity Hand Therapy Inc**  
4 Rossi Cir Ste 151  
Salinas, CA 93907  
(831) 755-7755

**Trinity, Susan OTR**  
*Trinity Hand Therapy Inc*  
4 Rossi Cir Ste 151  
Salinas, CA 93907  
(831) 755-7755

**Orthotics and Prosthetics**

**Monterey**

**Monterey Peninsula Orthotic and Prosthetic Service**  
40 Ragsdale Dr Ste 120  
Monterey, CA 93940  
(831) 655-3580

**Restore Orthotics and Prosthetics**  
1011 Cass Street Ste 112  
Monterey, CA 93940  
(831) 375-2300

**Salinas**

**Hanger Prosthetics and Orthotics West Inc**  
535 East Romie Lane  
Ste 3  
Salinas, CA 93901  
(831) 422-9646

## Outpatient Services

### Orthotics and Prosthetics (continued)

#### Salinas Valley Prosthetics & Orthotics

921-B South Main St  
Salinas, CA 93901  
(831) 424-9100

#### Ostomy and Colostomy Supplies

#### Fresno

#### Shield California Health Centers

423 West Fallbrook Ave  
Ste 101  
Fresno, CA 93711  
(800) 228-7150

#### Salinas

#### Valley Patient Care

401 Victor Way Ste 2  
Salinas, CA 93907  
(831) 757-3268

#### San Marcos

180 Medical Inc  
1283 Linda Vista  
San Marcos, CA 92078  
(877) 688-2729

#### Pathology Anatomic and Clinical

#### Los Gatos

Associated Pathology  
Medical Group Inc  
105 Cooper Ct Ste A  
Los Gatos, CA 95032  
(408) 399-5050

#### Salinas

#### Salinas Pathology Services Medical Group Inc

820 Park Row  
Salinas, CA 93901  
(831) 758-1223

#### Physical Therapy

#### Carmel

Altshuler, Amy PT  
*Carmel Orthopedic &  
Sports*  
245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

#### Carmel Orthopedic and Sports Therapy

245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

#### Ferrante Jr, Horace PT

*Carmel Orthopedic &  
Sports*  
245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

#### Kristl, Claire PT

*Carmel Orthopedic &  
Sports*  
245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

#### Lemons, Janelle DPT

*Carmel Orthopedic &  
Sports*  
245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

#### King City

#### George L Mee Memorial Hospital - PT

300 Canal St  
King City, CA 93930  
(831) 385-6000

#### Marina

#### Community Hospital of the Monterey Peninsula - MWC

2920 2nd Ave  
Marina, CA 93933  
(831) 883-5656

#### Monterey

#### Adept Physical Therapy for Wound Healing

60 Garden Ct Ste 140  
Monterey, CA 93940  
(831) 324-4630

#### Aguilar, Victor PT

*Damon Anderson &  
Associates*  
980 Cass St Ste A  
Monterey, CA 93940  
(831) 375-2466

#### Anderson, Damon PT

*Damon Anderson &  
Associates*  
2511 Garden Rd Ste A120  
Monterey, CA 93940  
(831) 375-2466

#### Armer, Meredith PT

*Damon Anderson &  
Associates*  
980 Cass St Ste A  
Monterey, CA 93940  
(831) 375-2466

#### Baker, Andrew DPT

*Balance Physical Therapy  
Inc*  
2260 N Fremont St  
Monterey, CA 93940  
(831) 372-4782

#### Balance Physical Therapy Inc

2260 N Fremont St  
Monterey, CA 93940  
(831) 422-4782

#### Bay Physical Therapy & Fitness Center

500 Lighthouse Ave Ste B  
Monterey, CA 93940  
(831) 375-5909

#### Community Hospital of the Monterey Peninsula - HPC

576 Hartnell St Ste 200  
Monterey, CA 93940  
(831) 658-3070

#### Cypress Coast Physical Therapy

2000 Garden Rd  
Monterey, CA 93940  
(831) 375-1885

#### Damon Anderson and Associates Inc

980 Cass St Ste A  
Monterey, CA 93940  
(831) 375-2466

#### Damon Anderson and Associates Inc

12 Upper Ragsdale Dr  
Ste B  
Monterey, CA 93940  
(831) 375-1562

#### Dangerfield, Barbara PT

*Adept Physical Therapy  
For Wound Healing Inc*  
60 Garden Ct Ste 140  
Monterey, CA 93940  
(831) 324-4630

#### Devries, Kelsea DPT

*Balance Physical Therapy  
Inc*  
2260 N Fremont St  
Monterey, CA 93940  
(831) 372-4782

#### Dlubac, Ashley DPT

*Balance Physical Therapy  
Inc*  
2260 N Fremont St  
Monterey, CA 93940  
(831) 372-4782

#### Farahmand,

#### Johnathan DPT

*Balance Physical Therapy  
Inc*  
2260 N Fremont St  
Monterey, CA 93940  
(831) 372-4782

#### Jones, Jennifer MPT

*Therasens Occupational  
Therapy*  
1900 Garden Rd Ste 200C  
Monterey, CA 93940  
(831) 250-6770

**Jurgens, Travis PT**  
*Bay Physical Therapy & Fitness*  
 500 Lighthouse Ave Ste B  
 Monterey, CA 93940  
**(831) 375-5909**

**Kroopf, Shelley PT**  
*Bay Physical Therapy & Fitness*  
 500 Lighthouse Ave Ste B  
 Monterey, CA 93940  
**(831) 375-5909**

**Lagana, Antonino PT**  
*Monterey Peninsula Physical Th*  
 337 El Dorado St Ste B5  
 Monterey, CA 93940  
**(831) 646-1100**

**Liu, Yajing DPT**  
*Damon Anderson & Associates*  
 980 Cass St Ste A  
 Monterey, CA 93940  
**(831) 375-1135**

**Melo, Joseph DPT**  
*Balance Physical Therapy Inc*  
 2260 N Fremont St  
 Monterey, CA 93940  
**(831) 372-4782**

**Miller, Mallory MPT**  
*Therasens Occupational Therapy*  
 1900 Garden Rd Ste 200C  
 Monterey, CA 93940  
**(831) 250-6770**

**Monreal, Ryan PT**  
*Damon Anderson & Associates*  
 2511 Garden Rd Ste A120  
 Monterey, CA 93940  
**(831) 375-2466**

**Monterey Bay Pacific Physical Therapy Inc**  
 929 Pacific St  
 Monterey, CA 93940  
**(831) 373-1209**

**Monterey Bay Pacific Physical Therapy Inc**  
 929 Pacific St  
 Monterey, CA 93940  
**(831) 373-1209**

**Monterey Peninsula Physical Therapy**  
 337 El Dorado St Ste B5  
 Monterey, CA 93940  
**(831) 646-1100**

**Monterey Sports Center**  
 301 East Franklin St  
 Monterey, CA 93940  
**(831) 646-3492**

**Nilsen, Avery PT**  
*Damon Anderson & Associates*  
 12 Upper Ragsdale Dr Ste B  
 Monterey, CA 93940  
**(831) 375-1562**

**Nilsen, Avery PT**  
*Damon Anderson & Associates*  
 980 Cass St Ste A  
 Monterey, CA 93940  
**(831) 375-2466**

**Pazzaglia, Anthony DPT**  
*Terrapin Physical Therapy Inc*  
 21 Upper Ragsdale Ste 125  
 Monterey, CA 93940  
**(831) 884-5864**

**Pazzaglia, Anthony DPT**  
*Terrapin Physical Therapy Inc*  
 5 Harris Ct Bldg T Ste 102  
 Monterey, CA 93940  
**(831) 372-3579**

**Roltsch, Ian DPT**  
*Balance Physical Therapy Inc*  
 2260 N Fremont St  
 Monterey, CA 93940  
**(831) 372-4782**

**Ruffin, Therese DPT**  
*Damon Anderson & Associates*  
 980 Cass St Ste A  
 Monterey, CA 93940  
**(831) 375-1135**

**Thayer, Pamela PT**  
*Monterey Peninsula Physical Th*  
 337 El Dorado St Ste B5  
 Monterey, CA 93940  
**(831) 646-1100**

**Uota, Katrina PT**  
*Monterey Sports Center City Of Monterey Finance*  
 301 E Franklin St  
 Monterey, CA 93940  
**(831) 646-3493**

**Vargas, Miguel DPT**  
*Balance Physical Therapy Inc*  
 2260 N Fremont St  
 Monterey, CA 93940  
**(831) 372-4782**

**Wiley, Kirsten DPT**  
*Damon Anderson & Associates*  
 2511 Garden Rd Ste A120  
 Monterey, CA 93940  
**(831) 375-1562**

**Yamashita, Pamela PT**  
*Damon Anderson & Associates*  
 2511 Garden Rd Ste A120  
 Monterey, CA 93940  
**(831) 375-2466**

**Young, Mark PT**  
*Pacific Physical Therapy Inc Monterey Bay Pacific*  
 929 Pacific St  
 Monterey, CA 93940  
**(831) 373-1209**

## Pacific Grove

**Dore, Amy DPT**  
*Amy Dore Dpt Physical Therapy*  
 1199 Forest Ave Ste 2  
 Pacific Grove, CA 93950  
**(831) 643-9643**

**In Stride Physical Therapy and Rehab**  
 618 Lighthouse Ave  
 Pacific Grove, CA 93950  
**(831) 657-0177**

**Van Sunder, Talli PT**  
*In Stride Physical Therapy And Rehab Inc*  
 581 Lighthouse Ave  
 Pacific Grove, CA 93950  
**(831) 657-0177**

## Prunedale

**Nease, Michael PT**  
*North County Physical Therapy*  
 17815 Countryside Ct  
 Prunedale, CA 93907  
**(831) 444-5989**

**North County Physical Therapy**  
 17815 Countryside Ct  
 Prunedale, CA 93907  
**(831) 444-5989**

## Salinas

**Baker, Andrew DPT**  
*Balance Physical Therapy Inc*  
 143 John St  
 Salinas, CA 93901  
**(831) 422-4782**

**Balance Physical Therapy Inc**  
 143 John St  
 Salinas, CA 93901  
**(831) 422-4782**

## Outpatient Services

### Physical Therapy (continued)

**Devries, Kelsea DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

**Dlubac, Ashley DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

**Farahmand, Johnathan DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

**Melo, Joseph DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

**Miller, Todd PT**  
*Salinas Valley Medical Clinic*  
611 Abbott St Ste 101  
Salinas, CA 93901  
**(831) 757-3041**

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
**(831) 755-4111**

**Phelps, Craig DPT**  
*Phelps And Associates Physical Therapy*  
102 San Miguel Ave  
Salinas, CA 93901  
**(831) 757-6834**

**Roitsch, Ian DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

**Vargas, Miguel DPT**  
*Balance Physical Therapy Inc*  
143 John St  
Salinas, CA 93901  
**(831) 422-4782**

### Soledad

**Carmel Orthopedic and Sports Therapy**  
2149 H Dela Rosa Sr St  
Ste 203  
Soledad, CA 93960  
**(831) 678-7333**

**Ferrante Jr, Horace PT**  
*Carmel Orthopedic & Sports*  
2149 H De La Rosa Sr  
Ste 203  
Soledad, CA 93960  
**(831) 678-7333**

### Recovery Center

### Salinas

**Door to Hope**  
130 West Gabilan St  
Salinas, CA 93901  
**(831) 758-0181**

### Speech Language Pathology

### King City

**George L Mee Memorial Hospital - PT**  
300 Canal St  
King City, CA 93930  
**(831) 385-6000**

### Monterey

**Community Hospital of the Monterey Peninsula - HPC**  
576 Hartnell St Ste 200  
Monterey, CA 93940  
**(831) 658-3070**

### Salinas

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
**(831) 755-4111**

### Vestibular Therapy

### Marina

**Community Hospital of the Monterey Peninsula - MWC**  
2920 2nd Ave  
Marina, CA 93933  
**(831) 883-5656**

### Wound Care

### Monterey

**Wound Healing and Hyperbaric Center**  
23625 WR Holman Hwy  
Monterey, CA 93940  
**(831) 625-4742**



### Castroville

**Edwards-Jones, Molly DC**  
*Castroville Chiropractic*  
 11282 Merritt St  
 Castroville, CA 95012  
**(831) 633-4067**

**Jones, Gregory DC**  
*Castroville Chiropractic*  
 11282 Merritt St  
 Castroville, CA 95012  
**(831) 633-4067**

**Jones, Randal DC**  
*Castroville Chiropractic*  
 11282 Merritt St  
 Castroville, CA 95012  
**(831) 633-4067**

### King City

**Oikawa, Kenneth DC**  
*Pinnacle Healthcare*  
 1180 Broadway St  
 King City, CA 93930  
**(831) 385-8000**

### Monterey

**Barkalow, Stephen DC**  
*Stephen D Barkalow DC*  
 550 Camino El Estero  
 Ste 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Boughton, Lynn DC**  
*Lynn L Boughton DC*  
 1077 Cass St Ste B  
 Monterey, CA 93940  
**(831) 648-1000**

**Gaily, Aaron DC**  
*The Back And Neck Pain  
 Center Of Monterey-Gaily  
 Ch*  
 1299 Pacific St  
 Monterey, CA 93940  
**(831) 657-0191**

**Gensel, Gordon DC**  
*Gensel Wellness Center*  
 700 Cass St Ste 110  
 Monterey, CA 93940  
**(831) 333-1513**

**Martin, Charles DC**  
*Charles J Martin DC*  
 142 Carmelita Ave  
 Monterey, CA 93940  
**(831) 373-7756**

**Montellese, Christopher DC**  
*Montellese Family  
 Chiropractic*  
 550 Camino El Estero  
 Ste 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Montellese, Kristina DC**  
*Montellese Family  
 Chiropractic*  
 550 Camino El Estero  
 Ste 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Ruiz, Peter DC**  
*Peter A Ruiz DC Inc*  
 991 Cass St  
 Monterey, CA 93940  
**(831) 375-2225**

### Pacific Grove

**Hakim, Deena DC**  
*Deena Hakim DC*  
 222 Forest Ave  
 Pacific Grove, CA 93950  
**(831) 747-4578**

**Payan, Anthony DC**  
*Soft Tissue Medical Center  
 Inc*  
 648 Pine Ave  
 Pacific Grove, CA 93950  
**(831) 373-0188**

**Walsh, Gayle DC**  
*Gayle A Walsh DC*  
 630 Fountain Ave  
 Pacific Grove, CA 93950  
**(831) 373-1003**

### Salinas

**Baar, Russel DC**  
*Baar Chiropractic Inc*  
 2 Salinas St Ste A  
 Salinas, CA 93901  
**(831) 424-0496**

**Bozzo, Kathleen DC**  
*Bozzo Chiropractic PC*  
 1121 Pajaro St  
 Salinas, CA 93901  
**(831) 422-2562**

**Bozzo, Vincent DC**  
*Bozzo Chiropractic PC*  
 1121 Pajaro St  
 Salinas, CA 93901  
**(831) 422-2562**

**Cater, Gregory DC**  
*Cater Chiropractic Inc*  
 1211 N Main St  
 Salinas, CA 93906  
**(831) 449-2225**

**Cater, Kimble DC**  
*Cater Chiropractic Inc*  
 1211 N Main St  
 Salinas, CA 93906  
**(831) 449-2225**

**Dillon, Charles DC**  
*Charles W Dillon DC*  
 114 John St  
 Salinas, CA 93901  
**(831) 449-1594**

**Drechsler, David DC**  
*David K Drechsler DC*  
 30 E San Joaquin St  
 Ste 102  
 Salinas, CA 93901  
**(831) 757-9412**

**Greene, Tyler DC**  
*Tyler B Greene DC*  
 21 Winham St  
 Salinas, CA 93901  
**(831) 757-9411**

**Oikawa, Kenneth DC**  
*Oikawa Chiropractic Inc*  
 947 Blanco Cir Ste C  
 Salinas, CA 93901  
**(831) 250-1199**

## Skilled Nursing Facilities

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### Monterey

**Carmel Hills Care Center**  
 23795 WR Holman Highway  
 Monterey, CA 93940  
**(831) 624-1875**

**Cypress Ridge Care Center**  
 1501 Skyline Dr  
 Monterey, CA 93940  
**(831) 373-3716**

**Westland House**  
 100 Barnet Segal Ln  
 Monterey, CA 93940  
**(831) 658-3737**

**Windsor Monterey Care Center LLC**  
 1575 Skyline Dr  
 Monterey, CA 93940  
**(831) 373-2731**

### Salinas

**Katherine Healthcare**  
 315 Alameda Ave  
 Salinas, CA 93901  
**(831) 424-1878**

**Kindred Nursing and Transitional Care - Pacific Coast**  
 720 East Romie Ln  
 Salinas, CA 93901  
**(831) 424-8072**

**Windsor Gardens Rehabilitation Center of Salinas**  
 637 East Romie Ln  
 Salinas, CA 93901  
**(831) 424-0687**

**Windsor Skyline Care Center**  
 348 Iris Dr  
 Salinas, CA 93906  
**(831) 449-5496**

**Windsor The Ridge Rehabilitation Center**  
 350 Iris Dr  
 Salinas, CA 93906  
**(831) 449-1515**

### Soledad

**Eden Valley Care Center**  
 612 Main St  
 Soledad, CA 93960  
**(831) 678-2462**

## Aptos

**Doctors On Duty**  
6800 Soquel Dr  
Aptos, CA 95003  
(831) 662-3611

## Santa Cruz

**Doctors On Duty**  
615 Ocean St  
Santa Cruz, CA 95060  
(831) 425-7991

## King City

**Pinnacle Urgent Care**  
1180 Broadway St  
King City, CA 93930  
(831) 385-8000

## Seaside

**Doctors On Duty**  
1513 Fremont Blvd Ste E1  
Seaside, CA 93955  
(831) 899-1910

## Marina

**Doctors On Duty**  
3130 Del Monte Blvd  
Marina, CA 93933  
(831) 833-3330

## Watsonville

**Doctors On Duty**  
1505 Main St  
Watsonville, CA 95076  
(831) 722-1444

## Monterey

**Doctors On Duty**  
501 Lighthouse Ave  
Monterey, CA 93940  
(831) 649-0770

**Monterey Bay Urgent Care**  
245 Washington St  
Monterey, CA 93940  
(831) 372-2273

## Salinas

**Doctors On Duty**  
1212 South Main St  
Salinas, CA 93901  
(831) 422-7777

**Doctors On Duty**  
558 Abbott St Ste A  
Salinas, CA 93901  
(831) 755-7880

**Pinnacle Urgent Care**  
947 Blanco Cir Ste A  
Salinas, CA 93901  
(831) 422-5555

**Pinnacle Urgent Care**  
2 Rossi Cir  
Salinas, CA 93907  
(831) 770-0444

## Vision Providers

### Carmel

**Barseghian, Telma OD**  
*Blink Optometry Carmel*  
Armenian  
217 The Crossroads Blvd  
Carmel, CA 93923  
(831) 250-6999

**Conklin, Richard OD**  
*Richard M Conklin OD*  
Mission & 5th  
Carmel, CA 93921  
(831) 624-0555

**Fogg, Trevor OD**  
*Blink Optometry Carmel*  
Spanish  
217 The Crossroads Blvd  
Carmel, CA 93923  
(831) 250-6999

### Greenfield

**Lee, Sylvia OD**  
*Sylvia K Lee OD*  
Spanish  
211B El Camino Real  
Greenfield, CA 93927  
(831) 674-8131

### King City

**Mackin, Robert OD**  
*Robert C Mackin OD*  
Spanish  
406 Canal St  
King City, CA 93930  
(831) 385-6400

### Marina

**Bockenstedt, Jennell OD**  
*Marina Optometric Center*  
271 Reservation Rd  
Ste 202  
Marina, CA 93933  
(831) 384-6800

**Flickner, Christian OD**  
*Marina Optometric Center*  
271 Reservation Rd  
Ste 202  
Marina, CA 93933  
(831) 384-6800

### Monterey

**Bakhtary, Bahar OD**  
*Vantage Eye Center A Med Corp*  
966 Cass St Ste 100  
Monterey, CA 93940  
(831) 373-7733

**Bakhtary, Bahar OD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
D-130  
Monterey, CA 93940  
(831) 647-3900

**Bernardino, Carlo MD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Cao-Le, Allison OD**  
*Allison H Cao-Le OD*  
Spanish, Vietnamese  
454 Alvarado St  
Monterey, CA 93940  
(831) 372-9100

**Doctors Optical Service**  
*Doctors Optical Service*  
966 Cass St Ste 100  
Monterey, CA 93940  
(408) 373-0577

**Eyexam Of California**  
*Eyexam Of California*  
Spanish  
228 Del Monte Shpg Ctr  
Monterey, CA 93940  
(831) 375-3771

**Farahmand, Mehrak OD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Gonzalez, Gustavo MD**  
*Gustavo A Gonzalez MD*  
Spanish  
900 Cass St Ste 103  
Monterey, CA 93940  
(831) 373-1291

**Hattori, Rick OD**  
*Rick N Hattori OD*  
Cantonese, Czech  
757 Pacific St Ste C1  
Monterey, CA 93940  
(831) 372-8181

**Holmes, Alexander MD**  
*Alexander T Holmes MD*  
966 Cass St Ste 100  
Monterey, CA 93940  
(831) 375-9876

**Husted, Roger MD**  
*Roger C Husted MD*  
Spanish  
21 Upper Ragsdale Dr  
Ste 200  
Monterey, CA 93940  
(831) 372-1500

**Insight Eyewear**  
*Insight Eyewear*  
187 El Dorado St Ste F  
Monterey, CA 93940  
(831) 373-4400

**Jones, Matthew MD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Kim, Richard MD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B-130  
Monterey, CA 93940  
(831) 647-3900

**Lenscrafters**  
*Luxottica Retail N America Inc*  
228 Del Monte Shpg Ctr  
Monterey, CA 93940  
(831) 375-7755

**Moro, Leslie OD**  
*Leslie M Moro OD*  
Spanish  
900 Cass St Ste 102  
Monterey, CA 93940  
(831) 373-1116

**Morris, Sarah OD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 771-3900

**Nakajima, Grant OD**  
*Grant A Nakajima OD*  
4 Harris Court Suite B  
Monterey, CA 93940  
(831) 375-5141

**Page, Jon MD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
Ste B-139  
Monterey, CA 93940  
(831) 771-3900

**Penrose, Philip MD**  
*Monterey County Eye Assoc*  
Spanish  
880 Cass St Ste 105  
Monterey, CA 93940  
(831) 373-0183



**Penrose, Philip MD**  
*Philip J Penrose MD*  
 Spanish  
 21 Upper Ragsdale Dr  
 Ste 201  
 Monterey, CA 93940  
**(831) 324-4730**

**Pruthi, Asit MD**  
*Vantage Eye Center A  
 Med Corp*  
 Spanish  
 2 Upper Ragsdale Dr  
 Ste B130  
 Monterey, CA 93940  
**(831) 647-3900**

**Rosenblum, Leland MD**  
*Leland H Rosenblum MD*  
 Spanish  
 21 Upper Ragsdale Dr  
 Ste 200  
 Monterey, CA 93940  
**(831) 372-1500**

**Sablad, Jennifer OD**  
*Eye MD On Cass PC*  
 880 Cass St Ste 105  
 Monterey, CA 93940  
**(831) 373-0183**

**Sablad, Jennifer OD**  
*Eye MD On Cass PC*  
 Spanish  
 21 Upper Ragsdale Dr  
 Ste 201  
 Monterey, CA 93940  
**(831) 324-4730**

**Sethi, Anil OD**  
*Anil K Sethi OD*  
 Hindi, Panjabspanish  
 2440 Fremont St # 209  
 Monterey, CA 93940  
**(831) 375-3937**

**Trejo, Juan OD**  
*Juan J Trejo OD*  
 Spanish  
 900 Cass Street #102  
 Monterey, CA 93940  
**(831) 373-1116**

**Whisler, Charles MD**  
*Charles E Whisler MD*  
 966 Cass St Ste 100  
 Monterey, CA 93940  
**(831) 373-7733**

**White, Geoffrey MD**  
*Geoffrey G White MD*  
 966 Cass St Ste 100  
 Monterey, CA 93940  
**(831) 373-7733**

**Salinas**

**Bakhtary, Bahar OD**  
*Vantage Eye Center A  
 Med Corp*

622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

**Batchelor, Christine OD**  
*James L Flickner OD*  
 Spanish  
 262 San Jose St Ste A  
 Salinas, CA 93901  
**(831) 424-2531**

**Bernardino, Carlo MD**  
*Vantage Eye Center A  
 Med Corp*  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

**Bockenstedt,  
 Jennell OD**  
*Romie Lane Optometric  
 Center*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Costco Optical**  
*Affiliate Optician*  
 1339 N Davis Rd  
 Salinas, CA 93907  
**(831) 751-0551**

**Crowe, Robert OD**  
*Firstsight Vision Services  
 Inc*  
 1800 N Main St  
 Salinas, CA 93906  
**(831) 444-9098**

**De La Pena,  
 Michael OD**  
*Michael P De La Pena  
 OD*  
 Spanish  
 419 E Romie Ln  
 Salinas, CA 93901  
**(831) 758-3331**

**Doan, Tina OD**  
*Firstsight Vision Services  
 Inc*  
 1800 N Main St  
 Salinas, CA 93906  
**(831) 444-9098**

**Duong, Han OD**  
*Han Duong Optometry  
 Inc*  
 Spanish, Vietnamese  
 1100 Northridge  
 Shopping Ctr  
 Salinas, CA 93906  
**(831) 443-4433**

**Duong, Phuong OD**  
*Han Duong Optometry  
 Inc*  
 Vietnamese  
 1100 Northridge Mall  
 Salinas, CA 93906  
**(831) 443-4433**

**Estrada, Joseph OD**  
*Joseph J Estrada OD*  
 Spanish  
 311 Pajaro St  
 Salinas, CA 93901  
**(831) 757-4500**

**Eyexam Of California**  
*Eyexam Of California*  
 670 Northridge Shopping  
 Ctr  
 Salinas, CA 93906  
**(831) 443-5250**

**Farahmand,  
 Mehrak OD**  
*Vantage Eye Center A  
 Med Corp*  
 Spanish  
 622 Abbott Street  
 Salinas, CA 93901  
**(831) 771-3900**

**Fewtrell, Dean OD**  
*Dean E Fewtrell OD*  
 Spanish  
 311 Pajaro St  
 Salinas, CA 93901  
**(831) 424-6201**

**Flickner, Christian OD**  
*James L Flickner OD*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Flickner, James OD**  
*James L Flickner OD*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Hisle, Willa OD**  
*Willa A Hisle OD*  
 Spanish  
 8048 San Miguel Canyon  
 Rd  
 Salinas, CA 93907  
**(831) 663-3276**

**Hong, Maureen OD**  
*Romie Lane Optometric  
 Center*  
 Choson-Spanish, Korean  
 48 W Romie Lane  
 Salinas, CA 93901  
**(831) 424-0834**

**Husted, Roger MD**  
*Monterey County Eye  
 Assoc*  
 Spanish, Vietnamese  
 1441 Constitution Blvd  
 400 #100  
 Salinas, CA 93906  
**(831) 424-1150**

**Jones, Matthew MD**  
*Vantage Eye Center A  
 Med Corp*  
 Spanish  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

## Vision Providers

**Kim, Richard MD**  
*Vantage Eye Center A  
Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
(831) 771-3900

**Lenscrafters**  
*Luxottica Retail N  
America Inc*  
Spanish  
670 Northridge Shopping  
Ctr  
Salinas, CA 93906  
(831) 443-6090

**Luong, Mary OD**  
*Mary Y Luong OD*  
Spanish, Vietnamese  
1339 N Davis Rd  
Salinas, CA 93907  
(831) 751-7900

**Marchionna,  
Joseph OD**  
*Honnors & Marchionna  
APC*  
Spanish  
419 E Romie Ln  
Salinas, CA 93901  
(831) 758-3331

**Medcalf, Jane OD**  
*Vantage Eye Center A  
Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
(831) 771-3900

**Moro, Leslie OD**  
*Leslie M Moro OD*  
Spanish  
1630 N Main St  
Salinas, CA 93906  
(831) 443-4422

**Morris, Sarah OD**  
*Vantage Eye Center A  
Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
(831) 771-3900

**Page, Jon MD**  
*Vantage Eye Center A  
Med Corp*  
Spanish  
622 Abbott Street  
Salinas, CA 93901  
(831) 771-3900

**Pham Mai Lan, Thi OD**  
*Thi Pham Mai Lan*  
Spanish, Vietnamese  
1375 N Davis Rd  
Salinas, CA 93907  
(831) 751-9917

**Pham, Xuan OD**  
*Monterey County Eye  
Assoc*  
French, Spanish  
1441 Constitution Blvd  
400#100  
Salinas, CA 93906  
(831) 424-1150

**Phamle, Nhusuong OD**  
*Firstsight Vision Services  
Inc*  
1800 N Main St  
Salinas, CA 93906  
(831) 444-9098

**Pruthi, Asit MD**  
*Vantage Eye Center A  
Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
(831) 771-3900

**Rodriguez, Aldon OD**  
*Firstsight Vision Services  
Inc*  
1800 N Main St  
Salinas, CA 93906  
(831) 444-9098

**Rosenblum, Leland MD**  
*Monterey County Eye  
Assoc*  
Spanish  
1441 Constitution Blvd  
400 #100  
Salinas, CA 93906  
(831) 424-1150

**Schwartz,  
Christopher OD**  
*Vision Precision  
Holdings LLC*  
901 N Main St Ste C  
Salinas, CA 93906  
(831) 583-7341

**Sears Optical**  
*Cole Vision Services Inc*  
Spanish  
1100 Northridge  
Shopping Ctr  
Salinas, CA 93906  
(831) 443-4433

**Sethi, Anil OD**  
*Anil K Sethi OD*  
1152 South Main St  
Salinas, CA 93901  
(831) 402-8295

**Siddiqui, Mohamed OD**  
*Firstsight Vision Services  
Inc*  
Spanish  
1800 N Main St  
Salinas, CA 93906  
(831) 444-9098

**Site For Sore Eyes**  
*Site For Sore Eyes*  
1241 S Main St  
Salinas, CA 93901  
(831) 424-1242

**Stanton Optical**  
*Daniel & Max LLC*  
901 N Main St Ste C  
Salinas, CA 93906  
(831) 583-7341

**The Vision Center In  
Wal\*Mart**  
*National Vision Inc*  
Spanish  
1800 N Main St  
Salinas, CA 93906  
(831) 424-4102

**Tran, Taylor OD**  
*Firstsight Vision Services  
Inc*  
1800 N Main St  
Salinas, CA 93906  
(831) 444-9098

**Trejo, Juan OD**  
*Juan J Trejo OD*  
Spanish  
1630 North Main Street  
Salinas, CA 93906  
(831) 443-4422

**Truong, Anh OD**  
*Anh T Truong OD Inc*  
1241 S Main St  
Salinas, CA 93901  
(831) 424-1242

**Truong, Anh OD**  
*Firstsight Vision Services  
Inc*  
Chinese-Simplif, Spanish  
1800 North Main Street  
Salinas, CA 93906  
(831) 444-9098

**Truong, Cynthia OD**  
*Firstsight Vision Services  
Inc*  
1800 North Main Street  
Salinas, CA 93906  
(831) 444-9098

**Wal-Mart Vision  
Center**  
*Wal-Mart Stores Inc*  
1375 N Davis Road  
Salinas, CA 93907  
(831) 998-9084

### Sand City

**Costco Optical**  
*Affiliate Optician*  
801 Tioga Ave  
Sand City, CA 93955  
(831) 899-9991

**Target Optical**  
*Cole Vision Services Inc*  
2040 California Ave  
Sand City, CA 93955  
(831) 392-1991

**Seaside**

**Fimbres, Edmundo OD**  
*Edmundo C Fimbres OD*  
Spanish  
915 Hilby Ave Ste 1  
Seaside, CA 93955  
**(831) 899-2020**

## Hearing Providers

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### King City

**TRUHearing Inc**  
400 Canal St Ste B  
King City, CA 93930  
**(844) 208-2631**

### Monterey

**TRUHearing Inc**  
665 Munras Ave Ste 103  
Monterey, CA 93940  
**(844) 208-2631**

**TRUHearing Inc**  
880 Cass St Ste 101  
Monterey, CA 93940  
**(844) 208-2631**

**TRUHearing Inc**  
2 Upper Ragsdale Dr  
Ste B270  
Monterey, CA 93940  
**(844) 208-2631**

### Salinas

**TRUHearing Inc**  
920 Park Row  
Salinas, CA 93901  
**(844) 208-2631**



- Abraham,  
Jean-Philippe MD 4
- Abundis, Rebecca DO 5
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Tongson, Roberto MD 4  
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Wong, Patrick MD 19  
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# ASPIREHEALTHPLAN

**Aspire Health Advantage Value (HMO)  
Aspire Health Advantage (HMO)  
Aspire Health Advantage Plus (HMO-POS)  
2017 Provider and Pharmacy Directory**

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**(855) 570-1600**

This directory provides a list of Aspire Health Plan's network providers and pharmacies for the Aspire Health Advantage Value (HMO), Aspire Health Advantage (HMO) and Aspire Health Advantage Plus (HMO-POS) plans.

This directory is for Monterey County, California.

This directory is current as of November 20, 2017. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Aspire Health Plan's network providers in your area, you can visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org) or call our Member Services Department toll free at 1-855-570-1600 October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users call 711.

Aspire Health Plan is an HMO plan sponsor with a Medicare contract. Enrollment in Aspire Health Plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1, 2018. You must continue to pay your Medicare Part B premium. The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

This information is available in an alternate format or language. You may call our Member Services Department toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays), to request the information in an alternate format or language. TTY users should call 711.

Esta información está disponible en un formato o idioma alternativo. Usted puede llamar a nuestro Departamento de Servicios para Miembros al número gratuito 1 855-570-1600, 1 de octubre al 14 de febrero, de 8:00 am - 8:00 pm, los siete días de la semana, 15 de febrero hasta el 30 de septiembre de 8 a.m.-8:00 pm, de lunes a viernes (excepto festivos), para solicitar la información en un formato o idioma alternativo. Los usuarios de TTY deben llamar al 711.

## Retail Pharmacies/Including Chain Pharmacies

### Carmel

**Carmel Drug Store**  
Ocean Ave 3 NW Of  
San Carlos  
Carmel, CA 93921  
(831) 624-3819

**CVS Pharmacy #09612**  
No 6 The Crossroads  
Carmel, CA 93923  
(831) 624-0148

**Lucky Pharmacy**  
555 Carmel Rancho  
Center  
Carmel, CA 93923  
(831) 624-7339

**Safeway Pharmacy  
#0706**  
104 Mid Valley Center  
Carmel, CA 93923  
(831) 624-1620

### Del Rey Oaks

**Safeway Pharmacy  
#2841**  
815 Canyon Del Rey  
Del Rey Oaks, CA 93940  
(831) 393-2104

### Gonzales

**Gonzales Rx Pharmacy**  
18 Fourth Street  
Gonzales, CA 93926  
(831) 675-3643

### Greenfield

**Greenfield Pharmacy**  
333 El Camino Real  
Greenfield, CA 93927  
(831) 674-5949

**Rite Aid Pharmacy  
05879**  
650 Walnut Avenue  
Greenfield, CA 93927  
(831) 674-5565

### King City

**Rite Aid Pharmacy  
05880**  
540 Canal Street  
King City, CA 93930  
(831) 385-0886

### Marina

**BriovaRx Infusion  
Services 401 LLC**  
455 Reservation Rd  
Suite G  
Marina, CA 93933  
(831) 384-8080

**CVS Pharmacy #03050**  
268 Reservation Rd  
Marina, CA 93933  
(831) 384-1605

**Target Pharmacy**  
133 General Stillwell Dr  
Marina, CA 93933  
(831) 883-5721

**Walgreens #4997**  
226 Reservation Rd  
Marina, CA 93933  
(831) 384-4700

**Wal-Mart Pharmacy  
10-4488**  
150 Beach Road  
Marina, CA 93933  
(831) 883-9920

### Monterey

**CVS Pharmacy #09320**  
686 Lighthouse Ave  
Monterey, CA 93940  
(831) 655-5411

**CVS Pharmacy #09802**  
2170 N Fremont St  
Monterey, CA 93940  
(831) 375-5135

**Monterey Bay Oncology  
& Genetics Center**  
5 Harris Court  
Monterey, CA 93940  
(831) 375-4105

**Pharmaca Integrative  
Pharmacy**  
570 Munras Ave Suite 10  
Monterey, CA 93940  
(831) 333-0755

**Rite Aid Pharmacy  
05882**  
1301 Munras Avenue  
Monterey, CA 93940  
(831) 375-8900

**Rite Aid Pharmacy  
06769**  
499 Alvarado Street  
Monterey, CA 93940  
(831) 372-8085

**Walgreens #7081**  
416 Alvarado St  
Monterey, CA 93940  
(831) 644-9057

### Pacific Grove

**Central Ave Pharmacy**  
133 15th St  
Pacific Grove, CA 93950  
(831) 373-1225

**Rite Aid Pharmacy  
05883**  
160 Country Club Gate  
Center  
Pacific Grove, CA 93950  
(831) 373-8323

**Safeway Pharmacy  
#0761**  
1212 Forest Ave  
Pacific Grove, CA 93950  
(831) 375-3019

### Salinas

**A And O Clinic  
Pharmacy**  
610 E Romie Ln  
Salinas, CA 93901  
(831) 758-0976

**A And O Specialty  
Pharmacy**  
536 Abbott St  
Salinas, CA 93901  
(831) 769-0458

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
(831) 424-7321

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
(831) 424-7321

**Allcare Home Health**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053

**Allcare Pharmacy**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053

**Costco Pharmacy**  
1339 N Davis Road  
Salinas, CA 93907  
(831) 751-0414

**CVS Pharmacy #01300**  
662 E Boronda Rd  
Salinas, CA 93906  
(831) 443-0891

**CVS Pharmacy #03051**  
17579 Vierra Canyon Rd  
Salinas, CA 93907  
(831) 663-3861

**CVS Pharmacy #09186**  
110 E Laurel Dr  
Salinas, CA 93906  
(831) 754-1551

**CVS Pharmacy #09349**  
347 E Alisal St  
Salinas, CA 93901  
(831) 424-0026

**CVS Pharmacy #09506**  
1140 S Main St  
Salinas, CA 93901  
(831) 422-8511

**CVS Pharmacy #09951**  
8063 San Miguel Canyon  
Rd  
Salinas, CA 93907  
(831) 663-2135

**Los Palos  
Gastroenterology  
Ancillary Svc**  
1081 Los Palos Dr Ste B  
Salinas, CA 93901  
**(831) 771-1458**

**Nob Hill Pharmacy #607**  
1320 S Main Street  
Salinas, CA 93901  
**(831) 759-2163**

**Rite Aid Pharmacy  
06310**  
602 Williams Road  
Salinas, CA 93905  
**(831) 784-1606**

**Romie Lane Pharmacy  
Inc**  
505 E Romie Ln  
Salinas, CA 93901  
**(831) 424-0395**

**Safeway Pharmacy  
#1110**  
1546 N Main St  
Salinas, CA 93901  
**(831) 442-7502**

**Safeway Pharmacy  
#2654**  
1516 Constitution Blvd  
Salinas, CA 93905  
**(831) 444-3630**

**Salinas Valley Medical  
Clinic**  
505 E Romie Ln Ste A  
Salinas, CA 93901  
**(831) 755-1701**

**Sherman'S Apothecary  
Pharmacy**  
1212 S Main St Ste 101  
Salinas, CA 93901  
**(831) 422-5988**

**Target Pharmacy**  
1640 N Main  
Salinas, CA 93906  
**(831) 442-2961**

**Walgreens #2606**  
1532 N Main  
Salinas, CA 93906  
**(831) 443-8717**

**Walgreens #3446**  
575 N Sanborn Road  
Salinas, CA 93905  
**(831) 751-9319**

**Wal-Mart Pharmacy  
10-2458**  
1800 N Main St  
Salinas, CA 93906  
**(831) 751-0260**

**Wal-Mart Pharmacy  
10-5751**  
1375 N Davis Rd  
Salinas, CA 93907  
**(831) 998-9087**

### Sand City

**Costco Pharmacy**  
801 Tioga Road  
Sand City, CA 93955  
**(831) 899-2481**

**Lucky Pharmacy**  
2000 California Avenue  
Sand City, CA 93955  
**(831) 393-1400**

**Target Pharmacy**  
2040 California Ave  
Sand City, CA 93955  
**(831) 583-9110**

### Seaside

**Walgreens #2867**  
1055 Fremont Blvd  
Seaside, CA 93955  
**(831) 393-9231**

### Soledad

**CVS Pharmacy #03056**  
2293 H Dela Rosa Sr St  
Soledad, CA 93960  
**(831) 678-5110**

**Soledad Pharmacy**  
547 Front St  
Soledad, CA 93960  
**(831) 678-2678**

You can get prescription drugs shipped to your home through our network mail order delivery program.

For refills of your mail order prescriptions, please contact us 21 days before you think the drugs you have on hand will run out to make sure your next order is shipped to you in time.

Typically, you should expect to receive your prescription drugs within 7-10 business days from the time that the mail order pharmacy receives the order. If you do not receive your prescription drug(s) within this time, please contact our Member Services department toll-free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 - Sunday through Saturday, 8:00 a.m. – 8:00 p.m., except certain holidays. February 15 through September 30 – Monday through Friday, 8:00 a.m. – 8:00 p.m., except certain holidays.

## Mail Order Pharmacies

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### Boys Town

#### Integrated Pharmacy

#### Services

PO Box 369

Boys Town, NE 68010

**(800) 633-7928**

**TTY: (866) 706-4757**

**FAX: (402) 493-2707**



## **Are home infusion pharmacies part of Aspire Health Plan's pharmacy network?**

Aspire Health Plan will cover home infusion therapy if:

- Your prescription drug is on Aspire Health Plan's formulary or you have a formulary exception
- Aspire Health Plan has approved your prescription drug for home infusion therapy; and
- Your prescription is written by an authorized prescriber

For more information call our Members Service Department toll free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. to 8:00 p.m., except certain holidays. February 15 – September 30 – Monday through Friday 8:00 a.m. to 8:00 p.m., except certain holidays.

## **Home Infusion Pharmacies**

### **Marina**

**BriovaRx Infusion  
Services 401 LLC**  
455 Reservation Rd  
Suite G  
Marina, CA 93933  
**(831) 384-8080**  
**FAX: (831) 384-8065**

Residents of a long-term care facility may access their prescription drugs covered under Aspire Health Plan through the facility's long-term care pharmacy or another network long-term care pharmacy.

For more information call our Members Service Department toll free at 1-855-570-1600 (TTY users 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. to 8:00 p.m., except certain holidays. February 15 – September 30 – Monday through Friday 8:00 a.m. to 8:00 p.m., except certain holidays.

## Long-Term Care Pharmacies

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### Greenfield

**Greenfield Pharmacy**  
333 El Camino Real  
Greenfield, CA 93927  
(831) 674-5949

### Pacific Grove

**Central Ave Pharmacy**  
133 15th St  
Pacific Grove, CA 93950  
(831) 373-1225

### Salinas

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
(831) 424-7321

**Allcare Home Health**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053

**Allcare Pharmacy**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053

**Romie Lane Pharmacy  
Inc**  
505 E Romie Ln  
Salinas, CA 93901  
(831) 424-0395

**Sherman's Apothecary  
Pharmacy**  
1212 S Main St Ste 101  
Salinas, CA 93901  
(831) 422-5988

## **Are Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) Pharmacies part of Aspire Health Plan's pharmacy network?**

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Only Native Americans and Alaska Natives have access to Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) Pharmacies through Aspire Health Plan's pharmacy network. Those other than Native Americans and Alaskan Natives may be able to access these pharmacies under limited circumstances (e.g., emergencies).

### **Indian Health Services**

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#### **Auburn**

##### **Chapa De Indian Health Program-Auburn Clinic**

11670 Atwood Rd  
Auburn, CA 95603  
**(530) 887-2836**

#### **Oroville**

##### **Feather River Trb Hlth**

2145 5th Ave  
Oroville, CA 95965  
**(530) 534-5394**

#### **Susanville**

##### **Lassen Indian Hlth Cntr Phy**

795 Joaquin St  
Susanville, CA 96130  
**(530) 257-2542**

#### **Winterhaven**

##### **Fort Yuma Indian Health Center**

One Indian Hill Rd  
Winterhaven, CA 92283  
**(760) 572-4120**

Aspire Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aspire Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Aspire Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Aspire Health Plan Grievance Coordinator.

If you believe that Aspire Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Grievance Coordinator, Aspire Health Plan, 10 Ragsdale Dr. Suite 101, Monterey, CA 93940, phone: (855) 570-1600, TTY: 711, fax: (831) 657-0703, email: [compliance@aspirehealthplan.org](mailto:compliance@aspirehealthplan.org). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Aspire Health Plan Grievance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S, Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.





# ASPIREHEALTHPLAN

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. **Call 1-855-570-1600 (TTY: 711).**

## Spanish

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-570-1600 (TTY: 711).

## Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-570-1600 (TTY: 711)。

## Vietnamese

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-570-1600 (TTY: 711).

## Tagalog

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-570-1600 (TTY: 711).

## Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-570-1600 (TTY: 711) 번으로 전화해 주십시오.

## Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Չանգահարեք 1-855-570-1600 (TTY (հեռատիպ)՝ 711):

## Farsi

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما رایگان برای 1-855-570-1600 (TTY: 711) تماس بگیرید.

## Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-570-1600 (телетайп: 711).

## Japanese

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。  
1-855-570-1600 (TTY:711)まで、お電話にてご連絡ください。

## Arabic

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1 0061 075 558 (رقم هاتف الصم والبكم : (117:YTT).

## Panjabi

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-855-570-1600 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

## Mon-Khmer, Cambodia

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សំដៅជំនួយជូនកែភាសា ដោយមិនគិតលុយ គឺអាចមានសំរាប់ប្រើអ្នក។ ចូរ ទូរស័ព្ទ 1-855-570-1600 (TTY: 711)។

## Hmong

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-855-570-1600 (TTY: 711).

## Hindi

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-570-1600 (TTY: 711) पर कॉल करें।

## Thai

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-855-570-1600 (TTY: 711).

## **Network Pharmacies outside of Monterey County**

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We have network pharmacies outside of the service area where you can get your drugs covered as a member of our plan. Please contact our Member Services Department toll free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. – 8:00 p.m., except for certain holidays. February 15 through September 30 – Monday through Friday 8:00 a.m. – 8:00 pm., except certain holidays to request the information in an alternate format or language.



# ASPIREHEALTHPLAN

## Your Medicare Advantage.

One plan, exceptional service, great value.

*This Provider and Pharmacy directory was updated on **November 20, 2017**. For more recent information or other questions, please contact Aspire Health Plan Member Services at (855) 570-1600 or, for TTY users, 711. Hours are October 1 through February 14 - Sunday through Saturday 8 a.m. to 8 p.m. Pacific time and February 15 - September 30 - Monday through Friday 8 a.m. to 8 p.m. Pacific time except certain holidays, or visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).*

*This directory provides a list of Aspire Health Plan's network providers and pharmacies for the Aspire Health Advantage Value (HMO), Aspire Health Advantage (HMO) and Aspire Health Advantage Plus (HMO-POS) plans.*

*This directory is for Monterey County, California.*

*This directory is current as of **November 20, 2017**. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Aspire Health Plan's network providers in your area, you can visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org) or call our Member Services Department toll free at 1-855-570-1600 October 1 through February 14, 8:00 a.m. - 8:00 p.m., seven days a week; February 15 through September 30, 8:00 a.m. - 8:00 p.m., Monday through Friday (except holidays). TTY users call 711.*

*Aspire Health Plan is an HMO and HMO-POS plan sponsor with a Medicare contract. Enrollment in Aspire Health Plan depends on contract renewal.*

*This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1, 2018. You must continue to pay your Medicare Part B premium. The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.*

*This information is available in an alternate format or language. You may call our Member Services Department a toll free at 1-855-570-1600, October 1 through February 14, 8:00 a.m. - 8:00 p.m., seven days a week; February 15 through September 30, 8:00 a.m. - 8:00 p.m., Monday through Friday (except holidays), to request the information in an alternate format or language. TTY users should call 711.*

*Esta información está disponible en un formato o idioma alternativo. Usted puede llamar a nuestro Departamento de Servicios para Miembros al número gratuito 1 855-570-1600, 1 de octubre al 14 de febrero, de 8:00 a.m. - 8:00 p.m., los siete días de la semana, 15 de febrero hasta el 30 de septiembre de 8 a.m.-8:00 p.m., de lunes a viernes (excepto festivos), para solicitar la información en un formato o idioma alternativo. Los usuarios de TTY deben llamar al 711.*