



# Provider and Pharmacy Directory

# 2017



ASPIREHEALTHPLAN

**Your Medicare Advantage.**  
One plan, exceptional service, great value.

This Provider and Pharmacy directory was updated on January 1, 2017. For more recent information or other questions, please contact Aspire Health Plan Member Services at (855) 570-1600 or for TTY users, 711. Hours are October 1 through February 14, Sunday through Saturday 8 a.m. to 8 p.m. Pacific time and February 15 - September 30, Monday through Friday 8 a.m. to 8 p.m. Pacific time except certain holidays, or visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).



# ASPIREHEALTHPLAN

**Aspire Health Advantage Value (HMO)  
Aspire Health Advantage (HMO)  
Aspire Health Advantage Plus (HMO-POS)  
2017 Provider and Pharmacy Directory**

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**(855) 570-1600**

This directory provides a list of Aspire Health Plan's network providers and pharmacies for the Aspire Health Advantage Value (HMO), Aspire Health Advantage (HMO) and Aspire Health Advantage Plus (HMO-POS) plans.

This directory is for Monterey County, California.

This directory is current as of January 1, 2017. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Aspire Health Plan's network providers in your area, you can visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org) or call our Member Services Department toll free at 1-855-570-1600 October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users call 711.

Aspire Health Plan is an HMO plan sponsor with a Medicare contract. Enrollment in Aspire Health Plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1, 2018. You must continue to pay your Medicare Part B premium. The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

This information is available in an alternate format or language. You may call our Member Services Department toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays), to request the information in an alternate format or language. TTY users should call 711.

Esta información está disponible en un formato o idioma alternativo. Usted puede llamar a nuestro Departamento de Servicios para Miembros al número gratuito 1 855-570-1600, 1 de octubre al 14 de febrero, de 8:00 am - 8:00 pm, los siete días de la semana, 15 de febrero hasta el 30 de septiembre de 8 a.m.-8:00 pm, de lunes a viernes (excepto festivos), para solicitar la información en un formato o idioma alternativo. Los usuarios de TTY deben llamar al 711.

# Table of Contents

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Section 1 – Introduction. . . . .	1
What is the service area for Aspire Health Plan? . . . . .	2
How do you find Aspire Health Plan providers in your area? . . . . .	2
Section 2 – List of Network Providers . . . . .	3
Hospitals . . . . .	3
Primary Care Physicians . . . . .	3
Specialists . . . . .	7
Dental. . . . .	22
Outpatient Mental Health Providers . . . . .	31
Outpatient Services . . . . .	32
Chiropractors . . . . .	37
Skilled Nursing Facilities (SNF) . . . . .	38
Urgent Care Centers . . . . .	39
Vision . . . . .	40
Hearing . . . . .	43
Pharmacies . . . . .	48

## Section 1 – Introduction

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This directory provides a list of Aspire Health Plan’s network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have to choose one of our network providers who are listed in this directory to be your **Primary Care Physician (PCP)**. The term “PCP” will be used throughout this directory. Generally, you must get your health care services from your PCP and all services must be received by a network provider. These services include x-rays, laboratory tests, therapies, specialists, hospital admissions, and follow-up care. Your PCP also contacts other plan providers for updates about your care and/or treatment. You may obtain services from in network specialty providers, without a referral from your PCP. Your PCP may need to obtain prior authorization (prior approval) for certain services, as outlined in your evidence of coverage.

The “network providers” listed in this directory have agreed to provide you with your medical, hearing, dental and vision health care services. You may go to any of our network providers listed in this directory. If you have been going to one network provider, you are not required to continue to go to that same provider. In some cases, you may get covered services from non-network providers. Non-emergency services obtained from nonparticipating providers will require prior authorization.

If you receive a bill from a non-contracted provider, you should not pay the bill. You should submit it to Aspire Health Plan for processing and we will let you know what, if anything is your financial responsibility. You may contact us toll-free 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Our mailing address is P.O. Box 5490 Salem, OR. 97304.

If you need care when you are outside the service area, your health care coverage is limited.

Generally, the only services we cover when you are outside our service area is care for a medical emergency, including post-stabilization care, urgently needed care, renal dialysis (kidney), and

care that Aspire Health Plan has approved in advance. If you are a member of the Aspire Health Advantage Plus (HMO-POS) plan, out of network benefits for Medicare-covered medical services accessed outside of the plan’s service area of Monterey County, CA are covered. Please refer to the Evidence of Coverage for details and authorization rules. If you have questions about whether a service is covered when you travel, please call our Member Services Department toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711.

### **If you have a medical emergency:**

- Get medical help as quickly as possible. Call 911 for help or go directly to the nearest emergency room. **In any emergency, you never need to contact any plan provider, even your own PCP, for either permission (“authorization”) or a referral.**

However, as soon as possible, you or someone else should contact Aspire Health Plan toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Your health plan needs to know about your emergency because we will provide follow-up care. Please try to contact Aspire Health Plan about your emergency within 48 hours. You must use plan providers except in an emergency or urgent care situations or for out-of-area renal dialysis or other services. If you are a member of the Aspire Health Advantage Value (HMO) plan or the Aspire Health Advantage (HMO) plan and you obtain routine care from out-of-network providers neither Medicare nor Aspire Health Plan will be responsible for the costs. If you are a member of the Aspire Health Advantage Plus (HMO-POS) plan, out-of-network benefits for Medicare-covered medical services accessed outside of the plan’s service area of Monterey County, CA are covered. Authorization rules may apply, please refer to the Evidence of Coverage or contact the plan for more details.

## **What is the service area for Aspire Health Plan?**

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The county in our service area is listed below.

Monterey County, California

## **How do you find Aspire Health Plan providers in your area?**

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Aspire Health Plan recommends that you choose a network primary care physician close to your home. Having your PCP nearby can make receiving medical care easier. This provider directory is organized by city or town to make it easy to see which physicians are located near you.

If you have questions about Aspire Health Advantage Value, Aspire Health Advantage or Aspire Health Advantage Plus or require assistance in selecting a PCP, please call our Member Services Department a toll free at 1-855-570-1600, October 1 through February 14, 8:00 am – 8:00 pm, seven days a week; February 15 through September 30, 8:00 am – 8:00 pm, Monday through Friday (except holidays). TTY users should call 711. Or, visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).

## Section 2 – List of Network Providers

There are 79 primary care physicians, 255 specialty care providers, 5 ambulatory surgery centers, 2 anatomic pathology providers, 1 aquatic therapy providers, 257 dental providers, 11 diagnostic radiology facilities, 1 dialysis center, 9 durable medical equipment providers, 2 endoscopy centers, 5 hearing, 8 home health or hospice providers, 4 hospitals, 1 hyperbaric medicine providers, 23 laboratories, 3 mammography centers, 4 occupational therapy providers, 3 orthotic and prosthetic providers, 3 ostomy and colostomy suppliers, 2 outpatient mental health providers, 16 physical therapy providers, 1 recovery centers, 19 routine care chiropractors, 10 skilled nursing facilities, 4 speech therapy providers, 13 urgent care centers, 85 vision providers, 1 wound care providers listed in this directory.

PCPs may be found listed in the section titled “Primary Care Physicians.” They are listed alphabetically under city and specialty type. Additional languages spoken by physician will be noted under the physician name or group name.

You will find a listing of specialty physicians in this directory listed alphabetically under each provider specialty type.

All other sections of this provider and pharmacy directory are sorted by city and then by provider name.

### Aspire Health Plan

(855) 570-1600

#### AFFILIATED HOSPITALS

##### King City

**George L Mee Memorial Hospital**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

##### Monterey

**Community Hospital of the Monterey Peninsula**  
23625 WR Holman Hwy  
Monterey, CA 93940  
(831) 624-5311

##### Salinas

**Natividad Medical Center**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Salinas Valley Memorial Hospital**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

#### PRIMARY CARE PHYSICIANS

##### Big Sur

##### Family Medicine

**Bruemmer, Brita MD<sup>2</sup>**  
*Big Sur Health Center Inc*  
Spanish  
46896 Highway 1  
Big Sur, CA 93920  
(831) 667-2580

##### Carmel

##### Family Medicine

**Goldman, Lee MD<sup>1</sup>**  
*Carmel Valley Medical Clinic*  
27880 Dorris Dr Suite 100  
Carmel, CA 93923  
(831) 626-4469

**Gray, Oscar MD<sup>1</sup>**  
*Carmel Valley Medical Clinic*  
Spanish  
27880 Dorris Dr Suite 100  
Carmel, CA 93923  
(831) 626-4469

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
5315 Carmel Valley Rd  
Carmel, CA 93923  
(831) 649-3136

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
1000 Hacienda Carmel  
Carmel, CA 93923  
(831) 649-3136

##### Internal Medicine

**Nervino, Harry MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd  
Suite A  
Carmel, CA 93924  
(831) 718-9701

**Ruibys, Gediminas MD<sup>2</sup>**  
*Montage Medical Group*  
Lithuanian, Russian  
275 Crossroads Blvd  
Suite A  
Carmel, CA 93923  
(831) 718-9701

**Saito, Keiko MD<sup>1</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd  
Suite A  
Carmel, CA 93923  
(831) 718-9701

**Straface, David MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd  
Suite A  
Carmel, CA 93923  
(831) 718-9701

**Tiongco, Jill MD<sup>2</sup>**  
*Montage Medical Group*  
275 Crossroads Blvd  
Suite A  
Carmel, CA 93923  
(831) 718-9701

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients

**Castroville**

**Family Medicine**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle De Salinas*  
 10561 Merritt St  
 Castroville, CA 95012  
**(831) 633-1514**

**Gonzales**

**Family Medicine**

**Gantes, Oscar MD<sup>1</sup>**  
*Salinas Valley Memorial Health Taylor Farms Family*  
 850 5th Street  
 Gonzales, CA 93926  
**(831) 675-3601**

**Ludlow, Karen MD<sup>2</sup>**  
*Athena Medical Group Of The Central Coast Inc*  
 Spanish  
 338A Alta Street  
 Gonzales, CA 93926  
**(831) 775-9791**

**Martinez, Alberto MD<sup>1</sup>**  
*Salinas Valley Memorial Health Taylor Farms Family*  
 Spanish  
 850 5th Street  
 Gonzales, CA 93926  
**(831) 675-3601**

**Ponzio, Christine MD<sup>2</sup>**  
*Salinas Valley Memorial Health Taylor Farms Family*  
 850 5th Street  
 Gonzales, CA 93926  
**(831) 675-3601**

**Greenfield**

**Family Medicine**

**Deolapure, Sanjeevani MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Marathi  
 467 El Camino Real  
 Greenfield, CA 93927  
**(831) 674-0112**

**Dooley, Erin MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 467 El Camino Real  
 Greenfield, CA 93927  
**(831) 674-0112**

**Shirrell, Aimee MD<sup>1</sup>**  
*Clinica De Salud Del Valle De Salinas*  
 Spanish  
 808 Oak Ave  
 Greenfield, CA 93927  
**(831) 674-5344**

**Internal Medicine**

**Alejandre, Hilda MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Spanish  
 467 El Camino Real  
 Greenfield, CA 93927  
**(831) 674-0112**

**Tran, Dan MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 467 El Camino Real  
 Greenfield, CA 93927  
**(831) 385-5471**

**King City**

**Family Medicine**

**Deolapure, Sanjeevani MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Marathi  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-7100**

**Deolapure, Sanjeevani MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Marathi  
 400 Canal Street Suite A  
 King City, CA 93930  
**(831) 385-1280**

**Dooley, Erin MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 400 Canal Street Suite A  
 King City, CA 93930  
**(831) 385-1280**

**Dooley, Erin MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-7100**

**Greenberg, Bruce MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Spanish  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-7100**

**Johnson, Chrisanna MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-7100**

**Schindelheim, Roy MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 210 Canal St  
 King City, CA 93930  
**(831) 385-7157**

**Internal Medicine**

**Alejandre, Hilda MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 Spanish  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-7100**

**Tongson, Roberto MD<sup>1</sup>**  
*Roberto C Tongson MD*  
 Spanish, Tagalog  
 212 Bassett Street  
 King City, CA 93930  
**(831) 386-9542**

**Tran, Dan MD<sup>1</sup>**  
*George L Mee Memorial Hospital*  
 210 Canal Street  
 King City, CA 93930  
**(831) 385-5471**

**Marina**

**Family Medicine**

**Brown, Deborah MD<sup>2</sup>**  
*Dunecrest Medical Group*  
 215 Reservation Rd  
 Suite D  
 Marina, CA 93933  
**(831) 384-0662**

**Carmen, Lellivi MD<sup>2</sup>**  
*Montage Medical Group*  
 Tagalog  
 2930 2nd Ave Suite 200  
 Marina, CA 93933  
**(831) 582-2100**

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients

**Gjeltema, Kenneth MD<sup>1</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Suite 200  
 Marina, CA 93933  
**(831) 582-2100**

**Lewandowski, Nathan MD<sup>1</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Suite 200  
 Marina, CA 93933  
**(831) 582-2100**

**Martinez, Evangelina MD<sup>2</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Suite 200  
 Marina, CA 93933  
**(831) 582-2100**

**Son, Daniel MD<sup>2</sup>**  
*Montage Medical Group*  
 2930 2nd Ave Suite 200  
 Marina, CA 93933  
**(831) 582-2100**

**Monterey**

**Family Medicine**

**Burns-Lee, Cindy MD<sup>2</sup>**  
*Cindy Burns Lee MD Inc*  
 5 Harris Ct Bldg T-103  
 Monterey, CA 93940  
**(831) 375-8880**

**Edmonds Jr, Jay MD<sup>2</sup>**  
*Jay S Edmonds Jr MD Inc*  
 5 Harris Ct  
 Bldg T Suite 103  
 Monterey, CA 93940  
**(831) 375-8880**

**Fernandez, Robert MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 5 Lower Ragsdale  
 Suite 100  
 Monterey, CA 93940  
**(831) 624-7070**

**Franklin, Terry MD<sup>2</sup>**  
*Ryan Ranch Medical Group*  
 1011 Cass St Suite 106  
 Monterey, CA 93940  
**(831) 647-3190**

**Hashimoto, Ken MD<sup>2</sup>**  
*Ken Hashimoto MD Inc*  
 798 Cass St Suite 201  
 Monterey, CA 93940  
**(831) 920-2163**

**Hendrick, Michael MD<sup>2</sup>**  
*Pacific Family Medical Group*  
 1900 Garden Rd Suite 100  
 Monterey, CA 93940  
**(831) 375-4945**

**Ludlow, Karen MD<sup>2</sup>**  
*Athena Medical Group Of The Central Coast Inc*  
 Spanish  
 10 Harris Ct Suite A2  
 Monterey, CA 93940  
**(831) 884-5048**

**Mohandas, Radhika MD<sup>1</sup>**  
*Monterey Medical Center*  
 100 Wilson Rd Suite 110  
 Monterey, CA 93940  
**(831) 642-6266**

**Ramirez, Carlos MD<sup>1</sup>**  
*Carlos Ramirez MD APMC*  
 Spanish  
 798 Cass St Suite 201  
 Monterey, CA 93940  
**(831) 920-2163**

**Rosal, Carla MD<sup>2</sup>**  
*Salinas Valley Medical Clinic*  
 5 Lower Ragsdale  
 Suite 100  
 Monterey, CA 93940  
**(831) 624-7070**

**Villemaire, Ronald MD<sup>2</sup>**  
*Ronald J Villemaire MD*  
 200 Glenwood Circle  
 Suite A75  
 Monterey, CA 93940  
**(831) 649-3136**

**Geriatric Medicine**

**Saddy, Shehab MD<sup>1</sup>**  
*Geriatric Medical Center Of Monterey Peninsula*  
 2 Upper Ragsdale Dr  
 Suite B240  
 Monterey, CA 93940  
**(831) 642-9800**

**Internal Medicine**

**Abundis, Rebecca DO<sup>2</sup>**  
*Salinas Valley Medical Clinic*  
 Spanish  
 5 Lower Ragsdale  
 Suite 100  
 Monterey, CA 93940  
**(831) 624-7070**

**Horne, Michele MD<sup>1</sup>**  
*Central Coast Total Wellness*  
 147 El Dorado St Suite B  
 Monterey, CA 93940  
**(831) 643-9658**

**Mudge, Dawn MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 5 Lower Ragsdale  
 Suite 100  
 Monterey, CA 93940  
**(831) 624-7070**

**Nuttall, Nicolas MD<sup>1</sup>**  
*Nicolas J Nuttall MD*  
 2 Upper Ragsdale Dr  
 #B220  
 Monterey, CA 93940  
**(831) 646-1160**

**Ohlsen, Cassandra MD<sup>2</sup>**  
*Cassandra Ohlsen MD Inc*  
 871 Cass St Suite 100  
 Monterey, CA 93940  
**(831) 655-1846**

**Saddy, Shehab MD<sup>1</sup>**  
*Geriatric Medical Center Of Monterey Peninsula*  
 2 Upper Ragsdale Dr  
 Suite B240  
 Monterey, CA 93940  
**(831) 642-9800**

**Steinbaum, Lola MD<sup>2</sup>**  
*Prima Heart AMG*  
 1010 Cass St Suite A-1  
 Monterey, CA 93940  
**(831) 333-1345**

**Trost, Stephanie MD<sup>1</sup>**  
*Salinas Valley Medical Clinic*  
 355 Abbott St Suite 100  
 Monterey, CA 93901  
**(831) 751-7070**

**Salinas**

**Family Medicine**

**Acton, Danielle MD<sup>2</sup>**  
*Acacia Family Medical Group*  
 8036 San Miguel Canyon Rd  
 Salinas, CA 93907  
**(831) 770-0123**

**Acton, Danielle MD<sup>2</sup>**  
*Acacia Family Medical Group*  
 400 E Romie Lane  
 Salinas, CA 93901  
**(831) 770-0123**

<sup>1</sup> Accepts new patients

<sup>2</sup> Closed to new patients/Open to existing patients



## Family Medicine (continued)

**Adame, Mark MD<sup>2</sup>**  
*Salinas Family Practice  
 Medical Clinic Inc*  
 Spanish  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Brunet, Russell DO<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 Spanish  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Cambier, Douglas MD<sup>2</sup>**  
*Salinas Family Practice  
 Medical Clinic Inc*  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Clark, John MD<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 Spanish  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Ebenhoech, Adelheid MD<sup>1</sup>**  
*Family Care Medical  
 Group Inc*  
 German, Spanish  
 17615 Moro Rd  
 Salinas, CA 93907  
**(831) 663-3926**

**Foote, Leslie MD<sup>2</sup>**  
*Hawkins Petersen &  
 Foote MDs*  
 31 Winham Street  
 Salinas, CA 93901  
**(831) 771-0244**

**Hoffman, James MD<sup>2</sup>**  
*Salinas Family Practice  
 Medical Clinic Inc*  
 1328 Natividad Rd  
 Salinas, CA 93906  
**(831) 757-8081**

**Lew, James MD<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 Spanish  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Ludlow, Karen MD<sup>2</sup>**  
*Athena Medical Group Of  
 The Central Coast Inc*  
 Spanish  
 1332 Natividad Rd Suite B  
 Salinas, CA 93906  
**(831) 754-2844**

**Ludlow, Karen MD<sup>2</sup>**  
*Athena Medical Group Of  
 The Central Coast Inc*  
 Spanish  
 335 Katherine Avenue  
 Salinas, CA 93901  
**(831) 751-6222**

**Myers, Linda-Lee MD<sup>1</sup>**  
*Athena Medical Group Of  
 The Central Coast Inc*  
 335 Katherine Avenue  
 Salinas, CA 93901  
**(831) 751-6222**

**Nishimoto, Warren DO<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle  
 De Salinas*  
 219 N Sanborn Rd  
 Salinas, CA 93905  
**(831) 757-1365**

**Nkwocha, Oguchi MD<sup>1</sup>**  
*Clinica De Salud Del Valle  
 De Salinas*  
 950 Circle Drive  
 Salinas, CA 93905  
**(831) 757-6237**

**Oppenheim, Joanna MD<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 German  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Oppenheim, Peter MD<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 Spanish  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Perez-Lopez, Minerva MD<sup>1</sup>**  
*Natividad Medical Center*  
 1442 Constitution Blvd  
 Bldg 400 Suite 101  
 Salinas, CA 93906  
**(831) 759-0674**

**Petersen, Larry DO<sup>2</sup>**  
*Larry S Petersen Do*  
 31 Winham Street  
 Salinas, CA 93901  
**(831) 771-0244**

**Petronijevic, Steven DO<sup>1</sup>**  
*Family Care Medical  
 Group Inc*  
 17615 Moro Rd  
 Salinas, CA 93907  
**(831) 663-3926**

**Reddy, Sumana MD<sup>2</sup>**  
*Acacia Family Medical  
 Group*  
 Spanish  
 400 E Romie Lane  
 Salinas, CA 93901  
**(831) 770-0123**

**Reddy, Sumana MD<sup>2</sup>**  
*Acacia Family Medical  
 Group*  
 Spanish  
 8036 San Miguel Canyon  
 Rd  
 Salinas, CA 93907  
**(831) 770-0123**

**Romero-Beltran, Pablo MD<sup>1</sup>**  
*Athena Medical Group Of  
 The Central Coast Inc*  
 Spanish  
 335 Katherine Avenue  
 Salinas, CA 93901  
**(831) 751-6222**

**Rosen, Suzanne MD<sup>1</sup>**  
*Salinas Valley Medical  
 Clinic*  
 Spanish  
 355 Abbott St Suite 100  
 Salinas, CA 93901  
**(831) 751-7070**

**Simon, Margaret MD<sup>2</sup>**  
*Acacia Family Medical  
 Group*  
 400 E Romie Lane  
 Salinas, CA 93901  
**(831) 770-0123**

**Simon, Margaret MD<sup>2</sup>**  
*Acacia Family Medical  
 Group*  
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*Dental Concepts*  
 1976 N Main St  
 Salinas, CA 93906  
 (831) 443-3633

**Rehayel, Mouna DDS**  
*Western Dental Services Inc*  
 1229 N Main St  
 Salinas, CA 93906  
 (831) 442-8000

**Richardson, Lewis DDS**  
*Lewis H Richardson DDS Inc*  
 770 E Rome Lane Suite A-1  
 Salinas, CA 93901  
 (831) 424-3035

**Ross, Steven DDS**  
*Clinica De Salud Del Valle De Salinas*  
 620 E Alvin Dr Ste G  
 Salinas, CA 93906  
 (831) 757-1365

**Saisho, Kenji DDS**  
*Central Coast Pediatric Dental Group*  
 633 E Alvin Drive Ste B  
 Salinas, CA 93906  
 (831) 443-1177

**Saisho, Kenji DDS**  
*Central Coast Pediatric Dental Group*  
 945 Blanco Circle Ste D  
 Salinas, CA 93901  
 (831) 424-0641

**Sanchez, Manuel DDS**  
*Western Dental Services Inc*  
 1229 N Main St  
 Salinas, CA 93906  
 (831) 442-8000

**Scarisbrick, Lane DDS**  
*Lane L Scarisbrick DDS*  
 620 East Alvin Drive Suite F  
 Salinas, CA 93906  
 (831) 449-2276

**Shah, Aarti DDS**  
*Clinica De Salud Del Valle De Salinas*  
 620 E Alvin Dr Ste G  
 Salinas, CA 93906  
 (831) 757-1365

**Shayesteh, Manijeh DDS**  
*Western Dental Services Inc*  
 1229 N Main St  
 Salinas, CA 93906  
 (831) 442-8000

**Silva, Cristiane DDS**  
*Western Dental Services Inc*  
 1229 N Main St  
 Salinas, CA 93906  
 (831) 442-8000

**Smith, Matthew DDS**  
*Western Dental Services Inc*  
 1229 N Main St  
 Salinas, CA 93906  
 (831) 442-8000

**Soria, Julio DDS**  
*Julio C Soria DMD*  
 1004 North Davis Road  
 Salinas, CA 93907  
 (831) 753-7606

**Soria, Julio DDS**  
*Julio C Soria Dmd Dntl Corp*  
 1004 N Davis Rd  
 Salinas, CA 93907  
 (408) 753-7606

**Tan, Danny DDS**  
*Danny Tan DDS*  
 608 E Boronda Road Suite B  
 Salinas, CA 93906  
 (831) 449-9776

**Termotto, Val DDS**  
*Val J Termotto DMD Inc Dmd Inc*  
 951 Blanco Cir Ste C  
 Salinas, CA 93901  
 (831) 758-3319

**Thomas, William Anthony DDS**  
*Clinica De Salud Del Valle De Salinas*  
 620 E Alvin Dr Ste G  
 Salinas, CA 93906  
 (831) 444-9722

## Dental Providers

### Dentist (continued)

**Tran, Duc DDS**  
*Clinica De Salud Del Valle De Salinas*  
620 E Alvin Dr Ste G  
Salinas, CA 93906  
(831) 757-1365

**Truong, Chung DDS**  
*Clinica De Salud Del Valle De Salinas*  
620 E Alvin Dr Ste G  
Salinas, CA 93906  
(831) 757-1365

**Valencia, Juan DDS**  
*Juan C Valencia DDS*  
559 E Alisal St Ste 101  
Salinas, CA 93905  
(831) 757-1111

**Varela, David DDS**  
*Clinica De Salud Del Valle De Salinas*  
620 E Alvin Dr Ste G  
Salinas, CA 93906  
(831) 757-1365

**Varjian, Craig DDS**  
*Craig Varjian DDS*  
640 E Alvin Dr Ste D  
Salinas, CA 93906  
(831) 443-1878

**Verdugo, John DDS**  
*Dental Concepts*  
1976 N Main St  
Salinas, CA 93906  
(831) 443-3633

**Verdugo, John DDS**  
*John D Verdugo DDS*  
1182 Northridge  
Salinas, CA 93906  
(408) 443-8338

**Viray Jr, Val DDS**  
*Val Cristoba Viray Jr DDS*  
1326 Natividad Rd Ste D  
Salinas, CA 93906  
(408) 422-5557

**Vuppala, Linga DDS**  
*Western Dental Services Inc*  
1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Wang, Jeffrey DDS**  
*Clinica De Salud Del Valle De Salinas*  
620 E Alvin Dr Ste G  
Salinas, CA 93906  
(831) 444-9722

**Washburn, Mark DDS**  
*Mark A Washburn DDS*  
601 E Romie Ln Ste 5  
Salinas, CA 93901  
(602) 269-5914

**Wittenberg, Joerg DDS**  
*Joerg M Wittenberg DDS MD*  
160 Harden Pkwy Ste 102  
Salinas, CA 93906  
(831) 443-3633

**Woolery, Robert DDS**  
*Western Dental Services Inc*  
921 S Main St Ste A  
Salinas, CA 93901  
(831) 783-3160

**Wynn, Jennifer DDS**  
*Wynn Dental Co*  
1211 S Main St  
Salinas, CA 93901  
(831) 783-1336

**Wynn, Jennifer DDS**  
*Wynn Dental Co*  
929 N Main St  
Salinas, CA 93906  
(831) 783-1336

**Yeung, Jamie DDS**  
*Central Coast Pediatric Dental Group*  
633 E Alvin Drive Ste B  
Salinas, CA 93906  
(831) 443-1177

**Yeung, Jamie DDS**  
*Central Coast Pediatric Dental Group*  
945 Blanco Circle Ste D  
Salinas, CA 93901  
(831) 424-0641

**Yoon, Jae DDS**  
*Jae Yoon*  
408 S Main St  
Salinas, CA 93901  
(831) 424-7887

**Yousefzadeh, Mojgan DDS**  
*Western Dental Services Inc*  
1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Zernicke, Robert DDS**  
*Robert P Zernicke DDS Inc*  
160 Harden Pkwy Ste 102  
Salinas, CA 93906  
(831) 443-3633

### Seaside

**Adeeb, Ayman DDS**  
*Monterey Dental Center*  
775 Kimball Ave Ste 103  
Seaside, CA 93955  
(831) 394-1000

**Chan, John DDS**  
*Central Coast Pediatric Dental Group*  
1717 Fremont Blvd  
Seaside, CA 93955  
(831) 899-5437

**Heaston, Timothy DDS**  
*Ideal Dental Health Plan*  
922 Hilby Ave Ste D  
Seaside, CA 93955  
(408) 394-0488

**Lindly, Maurice DDS**  
*Central Coast Pediatric Dental Group*  
1717 Fremont Blvd  
Seaside, CA 93955  
(831) 899-5437

**Panlilio, Mary DDS**  
*Mary G Panlilio Dmd*  
1249 Fremont Blvd Ste B  
Seaside, CA 93955  
(831) 392-1888

**Saisho, Kenji DDS**  
*Central Coast Pediatric Dental Group*  
1717 Fremont Blvd  
Seaside, CA 93955  
(831) 899-5437

**Wang, Weidong DDS**  
*Weidong Wang*  
1165 Fremont Boulevard  
Seaside, CA 93955  
(831) 392-1000

**Wynn, Jennifer DDS**  
*Wynn Dental Co*  
1513 Freemont Blvd Ste E2  
Seaside, CA 93955  
(831) 324-4492

**Yeung, Jamie DDS**  
*Central Coast Pediatric Dental Group*  
1717 Fremont Blvd  
Seaside, CA 93955  
(831) 899-5437

### Soledad

**Cardenas, Jose DDS**  
*Clinica De Salud Del Valle De Salinas*  
799 Front St  
Soledad, CA 93960  
(831) 678-0881

**Cross, Randolph DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Do, Min DDS**  
*Stephen J Park DDS*  
 190 Kidder Street  
 Soledad, CA 93960  
**(831) 678-2681**

**Huerta Jr, William DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Jang, Amy DDS**  
*Quocbao N Tran Dmd*  
 2530 H De La Rosa Sr Street  
 Soledad, CA 93960  
**(408) 209-8460**

**Khera, Preeti DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Kowalski, Keith DDS**  
*Sahawneh Dental Corporation*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Lee, Donghoon DDS**  
*Dong Hoon Do Lee Inc*  
 190 Kidder St  
 Soledad, CA 93960  
**(831) 678-2681**

**Liu, Frank DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Mancias, Ramiro DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Nguyen, Hoang DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Nguyen, Huyen DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Nguyen, Ngoctrinh DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Park, Kwang DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Park, Stephen DDS**  
*Stephen J Park DDS*  
 190 Kidder Street  
 Soledad, CA 93960  
**(831) 678-2681**

**Ramirez, David DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Sudqi, Omar DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Thomas, William Anthony DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Tran, Quocbao DDS**  
*Quocbao N Tran Dmd*  
 2530 H De La Rosa Sr Street  
 Soledad, CA 93960  
**(408) 209-8460**

**Tran, Van DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Verdugo, John DDS**  
*John D Verdugo DDS*  
 190 Kidder St  
 Soledad, CA 93960  
**(831) 678-2681**

**Wang, Jeffrey DDS**  
*Clinica De Salud Del Valle De Salinas*  
 799 Front St  
 Soledad, CA 93960  
**(831) 678-0881**

**Endodontics**

**Gonzales**

**Kim, Michael DDS**  
*Kim Shimazu & Lee Dental Corporation*  
 851 5Th St Suite H  
 Gonzales, CA 93926  
**(831) 240-0865**

**Monterey**

**Avant, Sharon DDS**  
*Pacific Endodontics*  
 971 Pacific Street  
 Monterey, CA 93940  
**(831) 375-4750**

**Kaykha, Lillian DDS**  
*Lillian Kaykha Dmd*  
 1001 Pacific St Ste B  
 Monterey, CA 93940  
**(831) 648-9000**

**Kaykha, Lillian DDS**  
*Lillian Kaykha Dmd*  
 757 Pacific Street Suite B2  
 Monterey, CA 93940  
**(831) 655-3655**

**Salinas**

**Avant, Sharon DDS**  
*Sharon M Avant*  
 1045 Los Palos Dr  
 Salinas, CA 93901  
**(831) 375-4750**

**Oral and Maxillofacial Surgery**

**Monterey**

**Lewis, Michael DDS**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
 337 El Dorado St Ste 3-A  
 Monterey, CA 93940  
**(831) 373-2967**

**Lloyd, Ryan DMD**  
*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*  
 337 El Dorado St Ste 3-A  
 Monterey, CA 93940  
**(831) 373-2967**

**Silva, Perry DDS**  
*Perry V Silva DDS MD Inc*  
 880 Cass St Ste 203  
 Monterey, CA 93940  
**(831) 649-1388**

**Stoddard, Edward DDS**  
*Edward L Stoddard DDS*  
 880 Cass St Ste 203  
 Monterey, CA 93940  
**(408) 649-1388**



## Dental Providers

### Oral and Macillofacial Surgery (continued)

#### Salinas

**Bakllamaja, Vinela DDS**

*Western Dental Services Inc*

921 S Main St Ste A  
Salinas, CA 93901  
(800) 579-3783

**Lewis, Michael DDS**

*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*

770 E Romie Ln Ste G  
Salinas, CA 93901  
(831) 757-5291

**Lloyd, Ryan DMD**

*Micheal K Lewis DDS Inc & Ryan R Lloyd DMD Inc*

770 E Romie Ln Ste G  
Salinas, CA 93901  
(831) 757-5291

**Nguyen, Quoc DDS**

*Western Dental Services Inc*

1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Silva, Perry DDS**

*Perry Silva*

127 E Romie Ln  
Salinas, CA 93901  
(831) 422-7575

**Tarsitano, Ben DDS**

*Ben Tarsitano DDS*

640 E Alvin Dr Ste C  
Salinas, CA 93906  
(831) 443-9300

#### Orthodontics and Dentofacial Orthopedics

**Bayrakdarian,****Ishkhan DDS**

*Western Dental Services Inc*

1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Cater, Paul DDS**

*Cater/Galante*

*Orthodontic*

1465 N Davis Rd  
Salinas, CA 93907  
(831) 424-3255

**Cater, Paul DDS**

*Western Dental Services Inc*

1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Chiang, Wesley DDS**

*Western Dental Services Inc*

921 S Main St Ste A  
Salinas, CA 93901  
(800) 579-3783

**Cobain, Leif DDS**

*Western Dental Services Inc*

1229 N Main St  
Salinas, CA 93906  
(831) 442-8000

**Del Carmen,  
Stephanie DDS**

*Suman Ramakumar DDS Inc*

929 N Main St  
Salinas, CA 93906  
(831) 783-1336

**Modjeski,****Christopher DDS**

*Christopher N Modjeski DDS*

224 San Jose St  
Salinas, CA 93901  
(831) 758-1672

**Rogers, Donald DDS**

*Dental Concepts*

1976 N Main St  
Salinas, CA 93906  
(831) 443-3633

**Rogers, Donald DDS**

*Donald P Rogers DDS*

275 W Laurel Dr Ste D  
Salinas, CA 93906  
(408) 449-1501

**Tran, Van DDS**

*Western Dental Services Inc*

1293 Davis Rd  
Salinas, CA 93907  
(831) 755-0870

**Tran, Van DDS**

*Western Dental Services Inc*

921 S Main St Ste A  
Salinas, CA 93901  
(831) 783-3160

#### Periodontics

#### Monterey

**Whang, R DDS**

*R S Whang DDS*

2440 N Fremont St  
Ste 211  
Monterey, CA 93940  
(831) 643-2228

#### Salinas

**Trujillo, Israel DDS**

*Israel Trujillo*

160 Harden Pkwy Ste 102  
Salinas, CA 93906  
(831) 443-3633

## Monterey

**CHOMP Behavioral  
Health Services**

576 Hartnell St  
Monterey, CA 93940  
**(831) 625-4600**

**CHOMP Behavioral  
Health Services**

23625 WR Holman Hwy  
Monterey, CA 93940  
**(831) 625-4600**

## Outpatient Services

### Ambulatory Surgery Center

#### Monterey

**Monterey Peninsula Surgery Center**  
2 Upper Ragsdale Drive  
Ste B160  
Monterey, CA 93940  
(831) 333-4000

**Monterey Peninsula Surgery Center**  
966 Cass St Ste 100  
Monterey, CA 93940  
(831) 372-2169

**Monterey Peninsula Surgery Center**  
665 Munras Ave Ste 100  
Monterey, CA 93940  
(831) 649-9300

#### Salinas

**Monterey Peninsula Surgery Center**  
955A Blanco Cir  
Salinas, CA 93901  
(831) 735-5800

**Vantage Surgery Center**  
622 Abbott Street Ste A  
Salinas, CA 93901  
(831) 771-3999

### Aquatic Therapy

#### Marina

**Community Hospital of the Monterey Peninsula**  
2920 2nd Ave  
Marina, CA 93933  
(831) 883-5656

### Diagnostic Radiology

#### Carmel

**Coastal Valley Imaging Center of Carmel**  
26542 Carmel Rancho Blvd  
Carmel, CA 93923  
(831) 625-7255

#### King City

**George L Mee Memorial Hospital - RAD**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

#### Monterey

**Community Hospital of the Monterey Peninsula - RAD**  
23625 Wr Holman Hwy  
Monterey, CA 93940  
(831) 624-5311

#### Salinas

**Coastal Valley Imaging Center**  
626 Brunken Ave  
Salinas, CA 93901  
(831) 755-0600

**Natividad Medical Center - RAD**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Salinas Valley Imaging Center**  
559 Abbott St  
Salinas, CA 93901  
(831) 775-5200

**Salinas Valley Memorial Hospital - RAD**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

**Salinas Valley Radiologist**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Salinas Valley Radiologist**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

**Salinas Valley Radiologist**  
355 Abbott St Ste 100  
Salinas, CA 93901  
(831) 751-7070

**Valle Verde Imaging Center**  
1326 Natividad Rd Ste E  
Salinas, CA 93906  
(831) 796-3774

### Dialysis Center

#### Monterey

**Monterey Peninsula Dialysis LLC**  
2066 Fremont Street  
Monterey, CA 93940  
(831) 655-6950

### Durable Medical Equipment

#### Aliso Viejo

**Medequip Inc (Mail Order Only)**  
27 Brookline  
Aliso Viejo, CA 92656  
(800) 944-3422

#### Fresno

**Shield California Health Centers**  
423 West Fallbrook Ave  
Ste 101  
Fresno, CA 93711  
(800) 228-7150

#### Livermore

**Alere Home Monitoring**  
6465 National Dr  
Livermore, CA 94550  
(877) 262-4669

#### Monterey

**Sleep Well CPAP Services LLC**  
60 Garden Court Ste 200  
Monterey, CA 93940  
(831) 233-3130

#### Salinas

**Lincare Inc**  
401 Victor Way Ste 1  
Salinas, CA 93907  
(831) 757-1060

**Pacific Medical Inc**  
420 E Romie Ln Ste C  
Salinas, CA 93901  
(800) 726-9180

#### San Jose

**Brannons Medical (Mail Order Only)**  
2052 Lincoln Ave  
San Jose, CA 95125  
(408) 448-3000

#### Santa Cruz

**Horsnyder Pharmacy Inc**  
1226 Soquel Ave Ste A  
Santa Cruz, CA 95062  
(831) 458-1400

#### Watsonville

**Numotion**  
446 Westridge Dr  
Watsonville, CA 95076  
(831) 724-5544

**Endoscopy Center**

**Monterey**

**Monterey Bay Endoscopy Center LLC**  
23 Upper Ragsdale Dr  
Ste 200  
Monterey, CA 93940  
(831) 375-3577

**Salinas**

**Los Palos Ambulatory Endoscopy Center**  
1081 Los Palos Dr Ste A  
Salinas, CA 93901  
(831) 771-1458

**Home Health**

**Monterey**

**Central Coast Visiting Nurse Association**  
5 Lower Ragsdale Drive  
Monterey, CA 93940  
(831) 372-6668

**Choice Home Health Care**  
80 Garden Court Ste 150  
Monterey, CA 93940  
(831) 645-1400

**Good Life Home Care**  
22 Lower Ragsdale Dr  
Ste B  
Monterey, CA 93940  
(831) 646-2046

**Salinas**

**Adobe Home Health**  
19045 Portola Dr Ste E  
Salinas, CA 93908  
(831) 424-1311

**Central Coast Visiting Nurse Association**  
45 Plaza Cir  
Salinas, CA 93901  
(831) 751-5500

**Hospice and Palliative Medicine**

**Monterey**

**Central Coast VNA and Hospice Inc**  
5 Lower Ragsdale Drive  
Monterey, CA 93940  
(831) 372-6668

**Hausdorff, John MD**  
*Montage Medical Group*  
23845 Holman Hwy  
Suite 210  
Monterey, CA 93940  
(831) 620-0700

**Hausdorff, John MD**  
*Pacific Cancer Care*  
5 Harris Ct  
Bldg T Suite 201  
Monterey, CA 93940  
(831) 375-4105

**Hospice of the Central Coast**  
2 Upper Ragsdale Dr  
Ste D20  
Monterey, CA 93940  
(831) 658-3772

**Salinas**

**Central Coast VNA and Hospice Inc**  
45 Plaza Cir  
Salinas, CA 93901  
(831) 751-5500

**Harry, Wendell MD**  
*Salinas Valley Medical Clinic*  
505 E Romie Lane Suite A  
Salinas, CA 93901  
(831) 757-2058

**Katics, Matthew DO**  
*Salinas Valley Medical Clinic*  
1033 Los Palos Dr Suite A  
Salinas, CA 93901  
(831) 759-3083

**Hyperbaric Medicine**

**Monterey**

**Wound Healing and Hyperbaric Center**  
23625 WR Holman Hwy  
Monterey, CA 93940  
(831) 625-4742

**Laboratory**

**Carmel**

**Community Hospital of the Monterey Peninsula - Lab**  
275 Crossroads Blvd  
Carmel, CA 93923  
(831) 625-4811

**Gonzales**

**Labcorp of America**  
133 4th St  
Gonzales, CA 93926  
(831) 675-2887

**King City**

**George L Mee Memorial Hospital - LAB**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

**Marina**

**Community Hospital of the Monterey Peninsula - Lab**  
2930 2nd Ave Ste 100  
Marina, CA 93930  
(831) 385-6000

**Quest Diagnostics**  
294 Reservation Rd  
Marina, CA 93933  
(831) 384-6091

**Monterey**

**Community Hospital of the Monterey Peninsula - Lab**  
2 Upper Ragsdale Dr  
Ste D-120  
Monterey, CA 93940  
(831) 625-4811

**Community Hospital of the Monterey Peninsula - Lab**  
576 Hartnell St Ste 100  
Monterey, CA 93940  
(831) 625-4811

**Community Hospital of the Monterey Peninsula - Lab**  
23625 Wr Holman Hwy  
Monterey, CA 93940  
(831) 625-4811

**Labcorp of America**  
880 Cass St Ste 100  
Monterey, CA 93940  
(831) 641-0169

**Quest Diagnostics**  
757 Pacific St Ste B-1  
Monterey, CA 93940  
(831) 373-1871

**Pacific Grove**

**Labcorp of America**  
505 Central Ave Ste 100  
Pacific Grove, CA 93950  
(831) 657-9632

**Quest Diagnostics**  
193 Country Gate Ctr  
Pacific Grove, CA 93950  
(831) 655-3010

**Salinas**

**Labcorp of America**  
1326 Natividad Rd Ste A  
Salinas, CA 93906  
(831) 772-0105

## Outpatient Services

### Laboratory (continued)

**Labcorp of America**  
559 E Alisal St Ste 104  
Salinas, CA 93905  
(831) 751-3921

**Labcorp of America**  
535 E Romie Ln Ste 4  
Salinas, CA 93901  
(831) 424-1956

**Natividad Medical Center - Lab**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Quest Diagnostics**  
631 East Alvin Dr Ste G1  
Salinas, CA 93906  
(831) 751-2280

**Quest Diagnostics**  
323 North Sanborn Rd  
Salinas, CA 93905  
(831) 422-3114

**Quest Diagnostics**  
212 San Jose St Ste 101  
Salinas, CA 93901  
(831) 424-3452

**Salinas Valley Memorial Hospital - LAB**  
450 E Romie Ln  
Salinas, CA 93901  
(831) 757-4333

#### San Jose

**Quest Diagnostics**  
967 Mabury Rd  
San Jose, CA 95133  
(800) 952-5691

#### Seaside

**Community Hospital of the Monterey Peninsula - Lab**  
1161 Freemont Blvd  
Seaside, CA 93955  
(831) 625-4811

**Labcorp of America**  
1173 Fremont Blvd Ste B  
Seaside, CA 93955  
(831) 392-1438

#### Mammography

#### Monterey

**Carol Hatton Breast Care Center**  
1035 Cass St  
Monterey, CA 93940  
(831) 622-2760

**Lin, Jennifer MD**  
*Mammography Center Of Monterey*  
700 Cass St Suite 120  
Monterey, CA 93940  
(831) 373-8932

**Mammography Center of Monterey**  
700 Cass St Ste 120  
Monterey, CA 93940  
(831) 373-8932

#### Salinas

**Nancy Ausonio Mammography Center**  
240 San Jose St  
Salinas, CA 93901  
(831) 759-3091

#### Occupational Therapy

#### King City

**George L Mee Memorial Hospital - PT**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

#### Monterey

**Community Hospital of the Monterey Peninsula - HPC**  
576 Hartnell St Ste 200  
Monterey, CA 93940  
(831) 658-3070

**Sanders, Natalie OTR**  
*Therasens Occupational Therapy*  
1900 Garden Rd  
Suite 200C  
Monterey, CA 93940  
(831) 250-6770

#### Pacific Grove

**In Stride Physical Therapy and Rehab**  
618 Lighthouse Ave  
Pacific Grove, CA 93950  
(831) 657-0177

#### Salinas

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Trinity, Susan OTR**  
*Trinity Hand Therapy Inc*  
4 Rossi Circle Suite 151  
Salinas, CA 93907  
(831) 755-7755

#### Orthotics and Prosthetics

#### Monterey

**Monterey Peninsula Orthotic and Prosthetic Services**  
40 Ragsdale Dr Ste 120  
Monterey, CA 93940  
(831) 655-3580

**Restore Orthotics and Prosthetics**  
1011 Cass Street Ste 112  
Monterey, CA 93940  
(831) 375-2300

#### Salinas

**Salinas Valley Prosthetics & Orthotics**  
921-B South Main St  
Salinas, CA 93901  
(831) 424-9100

#### Ostomy and Colostomy Supplies

#### Fresno

**Shield California Health Centers**  
423 West Fallbrook Ave  
Ste 101  
Fresno, CA 93711  
(800) 228-7150

#### Salinas

**Valley Patient Care**  
401 Victor Way Ste 2  
Salinas, CA 93907  
(831) 757-3268

#### San Marcos

**180 Medical Inc**  
1283 Linda Vista  
San Marcos, CA 92078  
(877) 688-2729

#### Pathology Anatomic and Clinical

#### Los Gatos

**Associated Pathology Medical Group Inc**  
105 Cooper Ct Ste A  
Los Gatos, CA 95032  
(408) 399-5050

**Salinas**

**Salinas Pathology Services Medical Group Inc**

820 Park Row  
Salinas, CA 93901  
(831) 758-1223

**Physical Therapy**

**Carmel**

**Altshuler, Amy PT**  
*Carmel Orthopedic & Sports*

245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

**Carmel Orthopedic and Sports Therapy**

245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

**Ferrante Jr, Horace PT**  
*Carmel Orthopedic & Sports*

245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

**Kristl, Claire PT**  
*Carmel Orthopedic & Sports*

245 Crossroads Blvd  
Carmel, CA 93923  
(831) 620-0744

**King City**

**George L Mee Memorial Hospital - PT**

300 Canal St  
King City, CA 93930  
(831) 385-6000

**Marina**

**Community Hospital of the Monterey Peninsula - PWC**

2920 2Nd Ave  
Marina, CA 93933  
(831) 883-5656

**Monterey**

**Adept Physical Therapy for Wound Healing**

60 Garden Ct Ste 140  
Monterey, CA 93940  
(831) 324-4630

**Aguilar, Victor PT**  
*Damon Anderson & Associates*

980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Anderson, Damon PT**  
*Damon Anderson & Associates*

980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Anderson, Damon PT**  
*Damon Anderson & Associates*

12 Upper Ragsdale Dr Suite B  
Monterey, CA 93940  
(831) 375-1562

**Armer, Meredith PT**  
*Damon Anderson & Associates*

12 Upper Ragsdale Rd Suite B  
Monterey, CA 93940  
(831) 375-1562

**Armer, Meredith PT**  
*Damon Anderson & Associates*

980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Bay Physical Therapy & Fitness Center**

500 Lighthouse Ave Ste B  
Monterey, CA 93940  
(831) 375-5909

**Boyd, Avery PT**

*Damon Anderson & Associates*  
12 Upper Ragsdale Dr Suite B  
Monterey, CA 93940  
(831) 375-1562

**Boyd, Avery PT**

*Damon Anderson & Associates*  
980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Community Hospital of the Monterey Peninsula - HPC**

576 Hartnell St Ste 200  
Monterey, CA 93940  
(831) 658-3070

**Cypress Coast Physical Therapy**

3000 Garden Rd  
Monterey, CA 93940  
(831) 375-1885

**Damon Anderson and Associates Inc**

12 Upper Ragsdale Dr Ste B  
Monterey, CA 93940  
(831) 375-1562

**Damon Anderson and Associates Inc**

980 Cass St Ste A  
Monterey, CA 93940  
(831) 375-1135

**Dangerfield, Barbara PT**

*Adept Physical Therapy For Wound Healing Inc*  
60 Garden Court Suite 140  
Monterey, CA 93940  
(831) 334-4630

**Herbert, Lynn PT**

*Optimum Balance And Rehabilitation Center*  
857 Cass St Suite A  
Monterey, CA 93940  
(831) 644-0450

**Jurgens, Travis PT**

*Bay Physical Therapy & Fitness*  
500 Lighthouse Ave Suite B  
Monterey, CA 93940  
(831) 375-5909

**Kroopf, Shelley PT**

*Bay Physical Therapy & Fitness*  
500 Lighthouse Ave Suite B  
Monterey, CA 93940  
(831) 375-5909

**Lagana, Antonino PT**

*Monterey Peninsula Physical Th*  
337 El Dorado St Suits B5  
Monterey, CA 93940  
(831) 646-1100

**Ludington, James PT**

*Damon Anderson & Associates*  
12 Upper Ragsdale Dr Suite B  
Monterey, CA 93940  
(831) 375-1562

**Ludington, James PT**

*Damon Anderson & Associates*  
980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Miller, Mallory MPT**

*Therasens Occupational Therapy*  
1900 Garden Rd Suite 200C  
Monterey, CA 93940  
(831) 250-6770

## Outpatient Services

### Physical Therapy (continued)

**Monreal, Ryan PT**  
*Damon Anderson & Associates*  
12 Upper Ragsdale Rd  
Monterey, CA 93940  
(831) 375-1562

**Monreal, Ryan PT**  
*Damon Anderson & Associates*  
980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Monterey Bay Pacific Physical Therapy Inc**  
929 Pacific St  
Monterey, CA 93940  
(831) 731-2029

**Monterey Peninsula Physical Therapy**  
337 El Dorado St Ste B5  
Monterey, CA 93940  
(831) 646-1100

**Monterey Sports Center**  
301 East Franklin St  
Monterey, CA 93940  
(831) 646-3493

**Optimum Balance & Rehabilitation Center**  
857 Cass St Ste A  
Monterey, CA 93940  
(831) 644-0450

**Thayer, Pamela PT**  
*Monterey Peninsula Physical Th*  
337 El Dorado St Suits B5  
Monterey, CA 93940  
(831) 646-1100

**Uota, Katrina PT**  
*Monterey Sports Center City Of Monterey Finance*  
301 E Franklin St  
Monterey, CA 93940  
(831) 646-3493

**Veshecco, Brett DPT**  
*Pacific Physical Therapy Inc Monterey Bay Pacific*  
929 Pacific Street  
Monterey, CA 93940  
(831) 373-1209

**Yamashita, Pamela PT**  
*Damon Anderson & Associates*  
980 Cass St Suite A  
Monterey, CA 93940  
(831) 375-2466

**Young, Mark PT**  
*Pacific Physical Therapy Inc Monterey Bay Pacific*  
929 Pacific Street  
Monterey, CA 93940  
(831) 373-1209

### Pacific Grove

**Dore, Amy DPT**  
*Amy Dore Dpt Physical Therapy*  
1199 Forest Ave Suite 2  
Pacific Grove, CA 93950  
(831) 643-9643

**In Stride Physical Therapy and Rehab**  
618 Lighthouse Ave  
Pacific Grove, CA 93950  
(831) 657-0177

**Van Sunder, Talli PT**  
*In Stride Physical Therapy And Rehab Inc*  
618 Lighthouse Ave  
Pacific Grove, CA 93950  
(831) 657-0177

### Prunedale

**Nease, Michael PT**  
*North County Physical Therapy*  
17815 Countryside Ct  
Prunedale, CA 93907  
(831) 444-5989

### Salinas

**Miller, Todd PT**  
*Precision Orthopedics AMC*  
611 Abbott St Suite 101  
Salinas, CA 93901  
(831) 757-3041

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

**Wall, Lawrence PT**  
*Lawrence E Wall PT*  
945 S Main St Suite 101  
Salinas, CA 93901  
(831) 771-9494

### Soledad

**Carmel Orthopedic and Sports Therapy**  
2149 H Dela Rosa Sr St Ste 203  
Soledad, CA 93960  
(831) 678-7333

### Recovery Center

### Salinas

**Door to Hope**  
130 West Gabilan St  
Salinas, CA 93901  
(831) 758-0181

### Speech Language Pathology

### King City

**George L Mee Memorial Hospital - PT**  
300 Canal St  
King City, CA 93930  
(831) 385-6000

### Monterey

**Community Hospital of the Monterey Peninsula - HPC**  
576 Hartnell St Ste 200  
Monterey, CA 93940  
(831) 658-3070

### Pacific Grove

**In Stride Physical Therapy and Rehab**  
618 Lighthouse Ave  
Pacific Grove, CA 93950  
(831) 657-0177

### Salinas

**Natividad Medical Center - PT**  
1441 Constitution Blvd  
Salinas, CA 93906  
(831) 755-4111

### Vestibular Therapy

### Marina

**Community Hospital of the Monterey Peninsula - PWC**  
2920 2Nd Ave  
Marina, CA 93933  
(831) 883-5656

### Wound Care

### Monterey

**Wound Healing and Hyperbaric Center**  
23625 Wr Holman Hwy  
Monterey, CA 93940  
(831) 625-4742

**King City**

**Oikawa, Kenneth DC**  
*Pinnacle Healthcare*  
 1180 Broadway St  
 King City, CA 93930  
**(831) 385-8000**

**Monterey**

**Barkalow, Stephen DC**  
*Stephen D Barkalow DC*  
 550 Camino El Estro  
 Ste 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Boughton, Lynn DC**  
*Lynn L Boughton DC*  
 1077 Cass St Suite B  
 Monterey, CA 93940  
**(831) 648-1000**

**Gaily, Aaron DC**  
*The Back And Neck Pain  
 Center Of Monterey-Gaily  
 Ch*  
 1299 Pacific Street  
 Monterey, CA 93940  
**(831) 657-0191**

**Gensel, Gordon DC**  
*Gensel Wellness Center*  
 700 Cass St Suite 110  
 Monterey, CA 93940  
**(831) 333-1513**

**Martin, Charles DC**  
*Charles J Martin Dc*  
 142 Carmelita Avenue  
 Monterey, CA 93940  
**(831) 373-7756**

**Montellese,  
 Christopher DC**  
*Montellese Family  
 Chiropractic*  
 550 Camino El Estero  
 Suite 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Montellese, Kristina DC**  
*Montellese Family  
 Chiropractic*  
 550 Camino El Estero  
 Suite 103  
 Monterey, CA 93940  
**(831) 655-3255**

**Pacific Grove**

**Hakim, Deena DC**  
*Deena Hakim Dc*  
 222 Forest Avenue  
 Pacific Grove, CA 93950  
**(831) 747-4578**

**Payan, Anthony DC**  
*Soft Tissue Medical Center  
 Inc*  
 648 Pine Avenue  
 Pacific Grove, CA 93950  
**(831) 373-0188**

**Walsh, Gayle DC**  
*Gayle A Walsh Dc*  
 630 Fountain Avenue  
 Pacific Grove, CA 93950  
**(831) 373-1003**

**Salinas**

**Bozzo, Kathleen DC**  
*Bozzo Chiropractic PC*  
 1121 Pajaro Street  
 Salinas, CA 93901  
**(831) 422-2562**

**Cater, Gregory DC**  
*Cater Chiropractic Inc*  
 1211 N Main Street  
 Salinas, CA 93906  
**(831) 449-2225**

**Cater, Kimble DC**  
*Cater Chiropractic Inc*  
 1211 N Main Street  
 Salinas, CA 93906  
**(831) 449-2225**

**Dillon, Charles DC**  
*Charles W Dillon DC*  
 114 John Street  
 Salinas, CA 93901  
**(831) 449-1594**

**Drechsler, David DC**  
*David K Drechsler DC*  
 30 E San Joaquin St  
 Suite 102  
 Salinas, CA 93901  
**(831) 757-9412**

**Greene, Tyler DC**  
*Tyler B Greene Dc*  
 21 Winham Street  
 Salinas, CA 93901  
**(831) 757-9411**

**Oikawa, Kenneth DC**  
*Oikawa Chiropractic Inc*  
 947 Blanco Circle Suite C  
 Salinas, CA 93901  
**(831) 250-1199**

**Oikawa, Kenneth DC**  
*Pinnacle Healthcare*  
 947 Blanco Circle Suite A  
 Salinas, CA 93901  
**(831) 422-5555**



## Skilled Nursing Facilities

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### Monterey

**Carmel Hills Care Center**  
 23795 WR Holman Highway  
 Monterey, CA 93940  
**(831) 624-1875**

**Cypress Ridge Care Center**  
 1501 Skyline Dr  
 Monterey, CA 93940  
**(831) 373-3716**

**Westland House**  
 100 Barnet Segal Ln  
 Monterey, CA 93940  
**(831) 658-3737**

**Windsor Monterey Care Center LLC**  
 1575 Skyline Dr  
 Monterey, CA 93940  
**(831) 373-2731**

### Salinas

**Katherine Healthcare**  
 315 Alameda Ave  
 Salinas, CA 93901  
**(831) 424-1878**

**Kindred Nursing and Transitional Care - Pacific Co**  
 720 East Romie Ln  
 Salinas, CA 93901  
**(831) 424-8072**

**Windsor Gardens Rehabilitation Center of Salinas**  
 637 East Romie Ln  
 Salinas, CA 93901  
**(831) 424-0687**

**Windsor Skyline Care Center**  
 348 Iris Dr  
 Salinas, CA 93906  
**(831) 449-5496**

**Windsor The Ridge Rehabilitation Center**  
 350 Iris Dr  
 Salinas, CA 93906  
**(831) 449-1515**

### Soledad

**Eden Valley Care Center**  
 612 Main St  
 Soledad, CA 93960  
**(831) 678-2462**

## Aptos

**Doctors On Duty**  
6800 Soquel Dr  
Aptos, CA 95003  
(831) 662-3611

## King City

**Pinnacle Urgent Care**  
1180 Broadway St  
King City, CA 93930  
(831) 385-8000

## Marina

**Doctors On Duty**  
3130 Del Monte Blvd  
Marina, CA 93933  
(831) 833-3330

**Monterey Bay Urgent Care**  
2930 2Nd Ave  
Marina, CA 93933  
(831) 372-2273

## Monterey

**Doctors On Duty**  
501 Lighthouse Ave  
Monterey, CA 93940  
(831) 649-0770

**Monterey Bay Urgent Care**  
245 Washington St  
Monterey, CA 93940  
(831) 372-2273

## Salinas

**Doctors On Duty**  
1212 South Main St  
Salinas, CA 93901  
(831) 422-7777

**Doctors On Duty**  
558 Abbott St Ste A  
Salinas, CA 93901  
(831) 755-7880

**Pinnacle Urgent Care**  
2 Rossi Cir  
Salinas, CA 93907  
(831) 770-0444

**Pinnacle Urgent Care**  
947 Blanco Cir Ste A  
Salinas, CA 93901  
(831) 422-5555

## Santa Cruz

**Doctors On Duty**  
615 Ocean St  
Santa Cruz, CA 95060  
(831) 425-7991

## Seaside

**Doctors On Duty**  
1513 Fremont Blvd Ste E1  
Seaside, CA 93955  
(831) 899-1910

## Watsonville

**Doctors On Duty**  
1505 Main St  
Watsonville, CA 95076  
(831) 722-1444

## Vision Providers

### Carmel

**Barseghian, Telma OD**  
*Blink Optometry Carmel*  
Armenian, Hayer  
217 The Crossroads Blvd  
Carmel, CA 93923  
(831) 250-6999

**Conklin, Richard OD**  
*Conklin Richard M OD*  
Mission & 5Th  
Carmel, CA 93921  
(831) 624-0555

**Fogg, Trevor OD**  
*Blink Optometry Carmel*  
Spanish  
217 The Crossroads Blvd  
Carmel, CA 93923  
(831) 250-6999

### Greenfield

**Lee, Sylvia OD**  
*Lee Sylvia K OD*  
Spanish  
211B El Camino Real  
Greenfield, CA 93927  
(831) 674-8131

### King City

**Mackin, Robert OD**  
*Mackin Robert C OD*  
Spanish  
406 Canal St  
King City, CA 93930  
(831) 385-6400

### Marina

**Bockenstedt, Jennell OD**  
*Marina Optometric Center*  
271 Reservation Rd  
Ste 202  
Marina, CA 93933  
(831) 384-6800

**Flickner, Christian OD**  
*Marina Optometric Center*  
271 Reservation Rd  
Ste 202  
Marina, CA 93933  
(831) 384-6800

### Monterey

**Bakhtary, Bahar OD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
D-130  
Monterey, CA 93940  
(831) 647-3900

**Bakhtary, Bahar OD**  
*Vantage Eye Center A Med Corp*  
966 Cass St Ste 100  
Monterey, CA 93940  
(831) 373-7733

**Bernardino, Carlo MD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Cao-Le, Allison OD**  
*Cao-Le Allison H OD*  
Spanish, Vietnamese  
454 Alvarado St  
Monterey, CA 93940  
(831) 372-9100

**Doctors Optical Service**  
*Doctors Optical Service*  
966 Cass St Ste 100  
Monterey, CA 93940  
(408) 373-0577

**Eyexam Of California**  
*Eyexam Of California*  
Spanish  
228 Del Monte Shpg Ctr  
Monterey, CA 93940  
(831) 375-3771

**Farahmand, Mehrak OD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Gonzalez, Gustavo MD**  
*Gonzalez Gustavo A MD*  
Spanish  
900 Cass St Ste 103  
Monterey, CA 93940  
(831) 373-1291

**Holmes, Alexander MD**  
*Holmes Alexander T MD*  
966 Cass St Ste 100  
Monterey, CA 93940  
(831) 375-9876

**Husted, Roger MD**  
*Husted Roger C MD*  
Spanish  
21 Upper Ragsdale Dr  
Ste 200  
Monterey, CA 93940  
(831) 372-1500

**Insight Eyewear**  
*Insight Eyewear*  
187 El Dorado St Ste F  
Monterey, CA 93940  
(831) 373-4400

**Jones, Matthew MD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 647-3900

**Kim, Richard MD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B-130  
Monterey, CA 93940  
(831) 647-3900

**Lenscrafters**  
*Luxottica Retail N America Inc*  
228 Del Monte Shpg Ctr  
Monterey, CA 93940  
(831) 375-7755

**Min, Victoria MD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 771-3900

**Moro, Leslie OD**  
*Moro Leslie M OD*  
Spanish  
900 Cass St Ste 102  
Monterey, CA 93940  
(831) 373-1116

**Morris, Sarah OD**  
*Vantage Eye Center A Med Corp*  
Spanish  
2 Upper Ragsdale Dr  
Ste B130  
Monterey, CA 93940  
(831) 771-3900

**Nakajima, Grant OD**  
*Nakajima Grant A OD*  
4 Harris Court Suite B  
Monterey, CA 93940  
(831) 375-5141

**Page, Jon MD**  
*Vantage Eye Center A Med Corp*  
2 Upper Ragsdale Dr  
Ste B-139  
Monterey, CA 93940  
(831) 771-3900

**Penrose, Philip MD**  
*Monterey County Eye Assoc*  
Spanish  
880 Cass St Ste 105  
Monterey, CA 93940  
(831) 373-0183

**Penrose, Philip MD**  
*Penrose Philip J MD*  
Spanish  
21 Upper Ragsdale Dr  
Ste 201  
Monterey, CA 93940  
(831) 324-4730

**Pruthi, Asit MD**  
*Vantage Eye Center A Med Corp*  
 Spanish  
 2 Upper Ragsdale Dr  
 Ste B130  
 Monterey, CA 93940  
**(831) 647-3900**

**Rosenblum, Leland MD**  
*Rosenblum Leland H MD*  
 Spanish  
 21 Upper Ragsdale Dr  
 Ste 200  
 Monterey, CA 93940  
**(831) 372-1500**

**Sablad, Jennifer OD**  
*Eye MD On Cass PC*  
 880 Cass St Ste 105  
 Monterey, CA 93940  
**(831) 373-0183**

**Sablad, Jennifer OD**  
*Eye MD On Cass PC*  
 21 Upper Ragsdale Dr  
 Ste 201  
 Monterey, CA 93940  
**(831) 324-4730**

**Sethi, Anil OD**  
*Sethi Anil K OD*  
 Hindi, Panjabspanish  
 2440 Fremont St # 209  
 Monterey, CA 93940  
**(831) 375-3937**

**Trejo, Juan OD**  
*Trejo Juan J OD*  
 Spanish  
 900 Cass Street #102  
 Monterey, CA 93940  
**(831) 373-1116**

**Whisler, Charles MD**  
*Whisler Charles E MD*  
 966 Cass St Ste 100  
 Monterey, CA 93940  
**(831) 373-7733**

**White, Geoffrey MD**  
*White Geoffrey G MD*  
 966 Cass St Ste 100  
 Monterey, CA 93940  
**(831) 373-7733**

**Salinas**  
**Bakhtary, Bahar OD**  
*Vantage Eye Center A Med Corp*  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

**Batchelor, Christine OD**  
*Flickner James L OD*  
 Spanish  
 262 San Jose St Ste A  
 Salinas, CA 93901  
**(831) 424-2531**

**Bernardino, Carlo MD**  
*Vantage Eye Center A Med Corp*  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

**Bockenstedt, Jennell OD**  
*Romie Lane Optometric Center*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Costco Optical**  
*Affiliate Optician*  
 1339 N Davis Rd  
 Salinas, CA 93907  
**(831) 751-0551**

**Crowe, Robert OD**  
*Firstsight Vision Services Inc*  
 1800 N Main St  
 Salinas, CA 93906  
**(831) 444-9098**

**De La Pena, Michael OD**  
*De La Pena Michael P OD*  
 Spanish  
 419 E Romie Ln  
 Salinas, CA 93901  
**(831) 758-3331**

**Doan, Tina OD**  
*Firstsight Vision Services Inc*  
 1800 N Main St  
 Salinas, CA 93906  
**(831) 444-9098**

**Duong, Han OD**  
*Han Duong Optometry Inc*  
 Spanish, Vietnamese  
 1100 Northridge Shopping Ctr  
 Salinas, CA 93906  
**(831) 443-4433**

**Duong, Phuong OD**  
*Han Duong Optometry Inc*  
 Vietnamese  
 1100 Northridge Mall  
 Salinas, CA 93906  
**(831) 443-4433**

**Estrada, Joseph OD**  
*Estrada Joseph J OD*  
 Spanish  
 311 Pajaro St  
 Salinas, CA 93901  
**(831) 757-4500**

**Eyexam Of California**  
*Eyexam Of California*  
 670 Northridge Shopping Ctr  
 Salinas, CA 93906  
**(831) 443-5250**

**Farahmand, Mehrak OD**  
*Vantage Eye Center A Med Corp*  
 Spanish  
 622 Abbott Street  
 Salinas, CA 93901  
**(831) 771-3900**

**Fewtrell, Dean OD**  
*Fewtrell Dean E OD*  
 Spanish  
 311 Pajaro St  
 Salinas, CA 93901  
**(831) 424-6201**

**Flickner, Christian OD**  
*Flickner James L OD*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Flickner, James OD**  
*Flickner James L OD*  
 Spanish  
 48 W Romie Ln  
 Salinas, CA 93901  
**(831) 424-0834**

**Hisle, Willa OD**  
*Hisle Willa A OD*  
 Spanish  
 8048 San Miguel Canyon Rd  
 Salinas, CA 93907  
**(831) 663-3276**

**Hong, Maureen OD**  
*Romie Lane Optometric Center*  
 Choson-Spanish, Korean  
 48 W Romie Lane  
 Salinas, CA 93901  
**(831) 424-0834**

**Husted, Roger MD**  
*Monterey County Eye Assoc*  
 Spanish, Vietnamese  
 1441 Constitution Blvd  
 400#100  
 Salinas, CA 93906  
**(831) 424-1150**

**Jones, Matthew MD**  
*Vantage Eye Center A Med Corp*  
 Spanish  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

**Kim, Richard MD**  
*Vantage Eye Center A Med Corp*  
 Spanish  
 622 Abbott St  
 Salinas, CA 93901  
**(831) 771-3900**

## Vision Providers

### Lenscrafters

*Luxottica Retail N America Inc*  
Spanish  
670 Northridge Mall  
Salinas, CA 93906  
**(831) 443-6090**

### Luong, Mary OD

*Luong Mary Y OD*  
Spanish, Vietnamese  
1339 N Davis Rd  
Salinas, CA 93907  
**(831) 751-7900**

### Marchionna, Joseph OD

*Honnors & Marchionna APC*  
Spanish  
419 E Romie Ln  
Salinas, CA 93901  
**(831) 758-3331**

### Medcalf, Jane OD

*Vantage Eye Center A Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
**(831) 771-3900**

### Min, Victoria MD

*Vantage Eye Center A Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
**(831) 771-3900**

### Moro, Leslie OD

*Moro Leslie M OD*  
Spanish  
1630 N Main St  
Salinas, CA 93906  
**(831) 443-4422**

### Morris, Sarah OD

*Vantage Eye Center A Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
**(831) 771-3900**

### Page, Jon MD

*Vantage Eye Center A Med Corp*  
Spanish  
622 Abbott Street  
Salinas, CA 93901  
**(831) 771-3900**

### Pham Mai Lan, Thi OD

*Pham Mai Lan Thi*  
Spanish, Vietnamese  
1375 N Davis Rd  
Salinas, CA 93907  
**(831) 751-9917**

### Pham, Xuan OD

*Monterey County Eye Assoc*  
French, Spanish  
1441 Constitution Blvd  
400 #100  
Salinas, CA 93906  
**(831) 424-1150**

### Phamle, Nhusuong OD

*Firstsight Vision Services Inc*  
1800 N Main St  
Salinas, CA 93906  
**(831) 444-9098**

### Pruthi, Asit MD

*Vantage Eye Center A Med Corp*  
Spanish  
622 Abbott St  
Salinas, CA 93901  
**(831) 771-3900**

### Rodriguez, Aldon OD

*Firstsight Vision Services Inc*  
1800 N Main St  
Salinas, CA 93906  
**(831) 444-9098**

### Rosenblum, Leland MD

*Monterey County Eye Assoc*  
Spanish  
1441 Constitution Blvd  
400#100  
Salinas, CA 93906  
**(831) 424-1150**

### Sears Optical

*Cole Vision Services Inc*  
Spanish  
1100 Northridge Mall  
Salinas, CA 93906  
**(831) 443-4433**

### Sethi, Anil OD

*Sethi Anil K OD*  
1152 South Main St  
Salinas, CA 93901  
**(831) 402-8295**

### Siddiqui, Mohamed OD

*Firstsight Vision Services Inc*  
Spanish  
1800 N Main St  
Salinas, CA 93906  
**(831) 444-9098**

### Site For Sore Eyes

*Site For Sore Eyes*  
1241 S Main St  
Salinas, CA 93901  
**(831) 424-1242**

### The Vision Center In Wal\*Mart

*National Vision Inc*  
Spanish  
1800 N Main St  
Salinas, CA 93906  
**(831) 424-4102**

### Tran, Taylor OD

*Firstsight Vision Services Inc*  
1800 N Main St  
Salinas, CA 93906  
**(831) 444-9098**

### Trejo, Juan OD

*Trejo Juan J OD*  
Spanish  
1630 North Main Street  
Salinas, CA 93906  
**(831) 443-4422**

### Truong, Anh OD

*Firstsight Vision Services Inc*  
Chinese-Simplif, Spanish  
1800 North Main Street  
Salinas, CA 93906  
**(831) 444-9098**

### Truong, Cynthia OD

*Firstsight Vision Services Inc*  
1800 North Main Street  
Salinas, CA 93906  
**(831) 444-9098**

### Umetani, Larry OD

*Umetani Larry T OD*  
1185 N Main St Ste 11  
Salinas, CA 93906  
**(831) 758-5264**

### Wal-Mart Vision Center

*Wal-Mart Stores Inc*  
1375 N Davis Road  
Salinas, CA 93907  
**(831) 998-9084**

## Sand City

### Costco Optical

*Affiliate Optician*  
801 Tioga Ave  
Sand City, CA 93955  
**(831) 899-9991**

### Target Optical

*Cole Vision Services Inc*  
2040 California Ave  
Sand City, CA 93955  
**(831) 392-1991**

## Seaside

### Fimbres, Edmundo OD

*Fimbres Edmundo C OD*  
Spanish  
915 Hilby Ave Ste 1  
Seaside, CA 93955  
**(831) 899-2020**

## King City

**TRUhearing Inc**  
400 Canal St Ste B  
King City, CA 93930  
**(844) 208-2631**

## Monterey

**TRUhearing Inc**  
665 Munras Ave Ste 103  
Monterey, CA 93940  
**(844) 208-2631**

**TRUhearing Inc**  
880 Cass St Ste 101  
Monterey, CA 93940  
**(844) 208-2631**

**TRUhearing Inc**  
2 Upper Ragsdale Dr  
Ste B270  
Monterey, CA 93940  
**(844) 208-2631**

## Salinas

**TRUhearing Inc**  
920 Park Row  
Salinas, CA 93901  
**(844) 208-2631**

## Physician Index

- Aachi, Venkat MD 18  
Abundis, Rebecca DO 5  
Acton, Danielle MD 5  
Adame, Mark MD 6  
Ainsworth, Jerry MD 19  
Alejandro, Hilda MD 4  
Alexander,  
Lancelot MD 13  
Amelio-Simulcik,  
Nina DO 13  
Armagan, Osep MD 15, 16  
Ashokkumar,  
Srinivasa MD 7  
Awerbuck, David MD 17  
Aziz, Shehzad MD 12  
Bajaj, Tarun MD 11  
Barnard,  
Christopher MD 9  
Barnard, Isabelle MD 10  
Bassiri, Haleh MD 10  
Beck, Rachel MD 13  
Benner, Jon MD 11  
Berg, Barbara LCSW 9  
Bernardino, Carlo MD 15,  
40, 41  
Biehl, Kenneth MD 20  
Blair, Sloane MD 16  
Blatt, Marshal MD 19  
Blessing, Rikke LAC 7  
Block, Robert MD 17  
Blum, Marian LAC 7  
Blum, Martha MD 12  
Borses, Mary MD 8  
Bradford, Letitia MD 16  
Bradley, Thomas MD 12  
Brauner-Tatum,  
Susan LCSW 9  
Brewster, Mary Kay MD  
11  
Brown, Deborah MD 4  
Bruemmer, Brita MD 3  
Brumm, Virdette PHD 19  
Brunet, Russell DO 6  
Burchard, Thomas MD 19  
Burns, Darryl DPM 18  
Burns-Lee, Cindy MD 5  
Calzetta, Juan MD 8  
Cambier, Douglas MD 6  
Carlson, John MD 10  
Carmen, Lellivi MD 4  
Carrillo, Raymond MD 12  
Carter, Jeffrey MD 16  
Carver, Christopher MD 13  
Centurion,  
Alejandro MD 13  
Chan, Andrea MD 20  
Chan, Erica MD 13  
Chandrasekaran,  
Prathibha MD 10  
Chang, Gary MD 18  
Chang, Steve MD 11  
Chaplan, Ronald MD 16  
Chee, Nicholas DO 8  
Chen, Jeffrey MD 12  
Chen, Patrick MD 7  
Choi, Jonathan MD 13  
Chu, James MD 10  
Clark, James DPM 18  
Clark, John MD 6  
Clevenger,  
Christopher MD 16  
Cole, Mario MD 9, 20  
Dacus, James MD 7  
Dahl, Mary MD 9  
Dao, Catherine MD 8  
Defilippi, Vincent MD 8  
Deiparine, Erwin MD 18  
Deldar, Salar MD 18  
Deolapure,  
Sanjeevani MD 4  
Dhillon, Jaspreet MD 7  
Dickey I I I, James MD 11  
Dicus, Michael MD 12  
Diekmann-Guiroy,  
Bernadette MD 11  
Dimitrov, Dragan MD 13  
Dooley, Erin MD 4  
Doornik, Albert MD 16  
Ebenhoech,  
Adelheid MD 6  
Edmonds Jr, Jay MD 5  
Egu, Obiloh MD 13  
Entabi, Fateh MD 11  
Fejes, John MD 14  
Fernandez, Robert MD 5  
Flores-Cooper,  
Maria MD 14  
Foote, Leslie MD 6  
Fowler, Sandra PHD 19  
Franklin, Terry MD 5  
Friedman, Ronald MD 15  
Friend, Louise MD 9  
Galloway, Michael MD 8  
Gantes, Oscar MD 4  
Ganzhorn, Frank MD 20  
Garbarino, Jennifer PhD 19  
Garren, Lloyd MD 10  
Garza, Richard MD 11  
Gerber, Richard MD 8, 12  
Gerbino, Peter MD 16  
German, Michael MD 17  
German, Tom MD 16  
Ginsburg, Jerry MD 8  
Gjeltema, Kenneth MD 5  
Goldberg, David MD 18  
Goldman, Lee MD 3  
Gollogly, Sohrab MD 16  
Gonzalez,  
Gustavo MD 15, 40  
Gordon, Justin MD 10  
Graham, Scott MD 16  
Gray, Oscar MD 3  
Gray, Richard MD 8  
Greenberg, Bruce MD 4  
Grogin, Harlan MD 8  
Hakimi, Shinkai MD 9, 20  
Halamandaris, Gus MD 13  
Hambley, Richard MD 10  
Hashimoto, Ken MD 5  
Hausdorff, John MD 12, 33  
Hell, Richard MD 10  
Helman, Dale MD 13  
Hendrick, Michael MD 5  
Hernandez, Jose MD 10  
Hershey, Allen MD 16  
Hill, Renee MD 19  
Hjort, Amy MD 14  
Hoffman, James MD 6  
Holmes,  
Alexander MD 15, 40  
Honegger, Judy DO 14  
Horne, Michele MD 5  
Howard, Mark MD 16  
Hubbard, Kavitha MD 12  
Hudacek, Ann DPM 18  
Hunt, Cynthia MD 19  
Husted, Roger MD 15, 40,  
41  
Hyde, Jeffrey MD 11  
Inlow, Brian DPM 18  
Inlow, Deanna DPM 19  
Iranmanesh, Reza MD 15  
Ishizue, Kenneth MD 16  
Izmailov, Alexander MD 8  
Jacobson, Eric MD 19  
Jacobson, Joel MD 17  
Jacobson, Michael MD 20  
Jaffer, Jihad MD 18  
Jani, Atul MD 11  
Johnson, Chrisanna MD 4  
Johnson, Steven MD 10  
Jones, Kenneth MD 14  
Jones, Matthew MD 15,  
40, 41  
Kaczmar, Theodore MD 13  
Kamler, Jan MD 10  
Kanak, Richard MD 20  
Kantor, Scott MD 16  
Karahalios, Soteria MD 8  
Kasim, Samera DO 16  
Katz, Toby MD 11  
Kehl, Thomas MD 8  
Keith, Bradley MD 14  
Khieu, William MD 14  
Khodaverdian, Reza MD 8  
Kim, Richard MD 15, 40,  
41  
King, Phillip DO 7  
Kissell, Nicolas MD 10  
Klassen, Michael MD 16  
Klein, Mark MD 20  
Koontz, Michael MD 12  
Koostra, John MD 9, 20  
Krishna, Gopal MD 12  
Lagana, Vittorio DPM 19  
Lao-Domingo,  
Felicidad MD 7  
Larsen, Melissa MD 14  
Laughlin, Donelle MD 14

- Le, Michael MD 11  
 Lebowitz, Michael MD 19  
 Lee, Eric MD 10  
 Lee, Eugene MD 19  
 Lee, Stephen MD 10  
 Legarda,  
     Maris Stella MD 13  
 Lehr, Jeffrey MD 7  
 Lew, James MD 6  
 Lewandowski,  
     Nathan MD 5  
 Li, Victor MD 18  
 Lin, James MD 16  
 Lofgren, Robert MD 10  
 Lounsbury, Mary PHD 19  
 Luba, Daniel MD 11  
 Ludlow, Karen MD 4-6  
 Maghsoudi, Kaveh MD 20  
 Manning, Maureen LAC 7  
 Marki-Dunn,  
     Analisa MD 14  
 Markusen, Tricia MD 14  
 Martin, Maren LCSW 9  
 Martinez, Alberto MD 4  
 Martinez,  
     Evangelina MD 5  
 Meckel, Christopher MD 16  
 Mendoza, Michael MD 11  
 Michas-Martin,  
     Peter MD 13  
 Milanesa, Dan MD 20  
 Min, Victoria MD 15, 40,  
     42  
 Mohandas, Radhika MD 5  
 Moore, Steven MD 16  
 Moran, Terrance MD 8  
 More, Daniel MD 7  
 Morganroth,  
     Gregory MD 10  
 Mowatt-Larssen,  
     Eric MD 18  
 Mudge, Dawn MD 5  
 Murdock, Keri LCSW 9  
 Mustoe, Thomas MD 8, 12  
 Myers, Linda-Lee MD 6  
 Nervino, Harry MD 3  
 Nielsen, Terrance MD 14  
 Nishimoto, Warren DO 6  
 Nkwocha, Oguchi MD 4, 6  
 Nowak, Kenneth MD 17  
 Nuttall, Nicolas MD 5  
 Oh, Christopher MD 8, 9  
 Ohlsen, Cassandra MD 5  
 Oppenheim, Joanna MD 6  
 Oppenheim, Peter MD 6  
 Oriba, Howard MD 10  
 Page, Jon MD 15, 40, 42  
 Pagsolingan,  
     J Rod DPM 19  
 Paik, Aimee MD 10  
 Paris, Laura LAC 7  
 Parker, William MD 16  
 Patton, Robert MD 7  
 Peng, Bob MD 14  
 Penrose, Philip MD 15, 40  
 Perez-Lopez,  
     Minerva MD 6  
 Petersen, Larry DO 6  
 Petronijevic,  
     Catherine DO 17  
 Petronijevic, Steven DO 6  
 Phan, Dennis MD 12  
 Pompan, Donald MD 17  
 Ponzio, Christine MD 4  
 Poudel, Mahendra MD 12  
 Prager, Steven MD 7  
 Premji, Resmi MD 10  
 Pruthi, Asit MD 15, 41, 42  
 Radner, Allen MD 12  
 Ramirez, Carlos MD 5  
 Ramondino,  
     Stephen MD 19  
 Rana, Naeem MD 20  
 Rassbach, Whitney MD 7  
 Ravalin, Richard MD 17  
 Reddy, Sumana MD 6  
 Regwan, Steven DO 9  
 Renfer, Leonard MD 21  
 Rever, Barbara MD 13  
 Revers, Robert MD 10  
 Rinderknecht, John MD 20  
 Robbins, Daniel PHD 19  
 Romans, Matthew MD 18  
 Romero-Beltran,  
     Pablo MD 6  
 Roper, John MD 20  
 Rosal, Carla MD 5  
 Rosen, Suzanne MD 6  
 Rosenberg, Cori LCSW 9  
 Rosenblum,  
     Leland MD 15, 41, 42  
 Rubin, Jerome MD 12  
 Rubin, Nancy DO 12  
 Rudo, Neil MD 11  
 Rudrapatna, Vivek MD 7  
 Ruibys, Gediminas MD 3  
 Saddy, Shehab MD 5  
 Saito, Keiko MD 3  
 Saito, Yuji MD 8, 9  
 Sanders, Leonard MD 10  
 Satow, Gregg MD 17  
 Savoca, Charles LAC 7  
 Schindelheim, Roy MD 4  
 Scripko, Patricia MD 13  
 Seliber-Klein,  
     June MD 13, 20  
 Shah, Pir MD 9  
 Shannahan, Jill MD 19  
 Shen, Wayne MD 13  
 Shiffman, Roger MD 12  
 Shirrell, Aimee MD 4  
 Silk, Jeremy MD 18  
 Silva, Amila MD 15  
 Simon, Margaret MD 6  
 Sinha, Nupur MD 9, 20  
 Siqueiros, Rafael MD 6, 7  
 Skerritt, Martin LCSW 9  
 Slater, Richard MD 7  
 Smith, Alan DPM 19  
 Smith, Scott DPM 19  
 Son, Daniel MD 5  
 Spowart, Gregory MD 20  
 Stanislaus,  
     Mareni MD 14  
 Steinbaum, Lola MD 5  
 Stott, Shauna PHD 19  
 Straface, David MD 3  
 Stuntz, Michael MD 11  
 Suh, Susie MD 20  
 Sultan-Qurraie, Ali MD 13  
 Sunde, Douglas MD 18  
 Sung, Raphael MD 8, 9  
 Swan, Justin MD 17, 18  
 Swanson, Kathryn MD 11  
 Sweet, Ross MD 21  
 Tardieu, Bert MD 17  
 Tiongco, Jill MD 3  
 Tongson, Roberto MD 4  
 Torissi, Laura PHD 19  
 Tran, Dan MD 4  
 Trapp, Terrence MD 17  
 Trost, Stephanie MD 5  
 Udwadia, Neville MD 20  
 Ukatu, Chidi MD 11  
 Ushiba, James MD 17  
 Varav, Kalle MD 18  
 Varma, Geetha MD 12  
 Verlenden,  
     William MD 11, 21  
 Vetter, Steven MD 17  
 Vierra, Mark MD 8, 11  
 Villa, Otto MD 9, 20  
 Villemaire, Ronald MD 3,  
     5  
 Wahl, Gerald MD 13  
 Wahlgren,  
     Christina MD 10  
 Wang, Aileen MD 10  
 Whisler, Charles MD 15,  
     41  
 White, Geoffrey MD 15,  
     41  
 White-Dixon,  
     Lynne LCSW 9  
 Wind, Gina PHD 20  
 Wlodarczyk, Robert DO 9  
 Wong, Angela MD 7  
 Wong, Patrick MD 18  
 Wong, Wendy MD 18  
 Wong, Willard MD 17  
 Yee, Bobby DPM 19  
 Yoneda, Glenn MD 7  
 Yoshiyama, Jon MD 7  
 Zeidberg, Jennifer MD 15  
 Zetterlund, Patrik MD 9,  
     12  
 Zhao, Hong MD 12  
 Zika, Bill PhD 20



## Hospital Index

---

George L Mee Memorial Hospital 3, 4, 9, 11, 13-16, 18, 19, 32-36

Community Hospital of the Monterey Peninsula 3, 9, 19, 32-36

Natividad Medical Center 3, 6, 8, 32, 34, 36

Salinas Valley Memorial Hospital 3, 32, 34



# ASPIREHEALTHPLAN

**Aspire Health Advantage Value (HMO)  
Aspire Health Advantage (HMO)  
Aspire Health Advantage Plus (HMO-POS)  
2017 Pharmacy Directory**

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This booklet provides a list of Aspire Health Plan's network pharmacies. To get a complete description of your prescription coverage, including how to fill your prescriptions, please review the Evidence of Coverage and Aspire Health Plan's formulary.

We call the pharmacies on this list our "network pharmacies" because we have made arrangements with them to provide prescription drugs to Plan members. In most cases, your prescriptions are covered under Aspire Health Plan only if they are filled at a network pharmacy or through our mail order pharmacy service. Once you go to one pharmacy, you are not required to continue going to the same pharmacy to fill your prescription but can switch to any other of our network pharmacies. We will fill prescriptions at non-network pharmacies under certain circumstances as described in your Evidence of Coverage.

All network pharmacies may not be listed in this directory. Pharmacies may have been added or removed from the list after this directory was printed. This means the pharmacies listed here may no longer be in our network, or there may be newer pharmacies in our network that are not listed. This list is current as of January 1, 2017. For the most current list, please contact us. Our contact information appears on the front and back cover pages.

You can get prescription drugs shipped to your home through our network mail order delivery program. For more information, please contact us or see the mail order section of this pharmacy directory.

If you have questions about any of the above, please see the first and last cover pages of this directory for information on how to contact Aspire Health Plan.

All pharmacies in this booklet are listed alphabetically by city.

To contact your retail pharmacy via TTY/TDD Service, you may use the TRS Relay number 711.

Pharmacies listed in this directory are eligible to supply an extended day supply of medication to members.

## Retail Pharmacies/Including Chain Pharmacies

### Carmel

**Carmel Drug Store**  
Ocean Ave 3 NW Of  
San Carlos  
Carmel, CA 93921  
(831) 624-3819  
FAX: (831) 626-3819

**CVS Pharmacy #09612**  
No 6 The Crossroads  
Carmel, CA 93923  
(831) 624-0148  
FAX: (831) 625-1479

**Lucky Pharmacy**  
555 Carmel Rancho  
Center  
Carmel, CA 93923  
(831) 624-7339  
FAX: (831) 624-7348

**Safeway Pharmacy  
#0706**  
104 Mid Valley Center  
Carmel, CA 93923  
(831) 624-1620  
FAX: (831) 624-1838

### Del Rey Oaks

**Safeway Pharmacy  
#2841**  
815 Canyon Del Rey  
Del Rey Oaks, CA 93940  
(831) 393-2104  
FAX: (831) 393-2109

### Gonzales

**Gonzales Rx Pharmacy**  
18 Fourth Street  
Gonzales, CA 93926  
(831) 675-3643  
FAX: (831) 675-3086

### Greenfield

**Greenfield Pharmacy**  
333 El Camino Real  
Greenfield, CA 93927  
(831) 674-5949  
FAX: (831) 674-2955

**Rite Aid Pharmacy  
05879**  
650 Walnut Avenue  
Greenfield, CA 93927  
(831) 674-5565  
FAX: (831) 674-0117

### King City

**Rite Aid Pharmacy  
05880**  
540 Canal Street  
King City, CA 93930  
(831) 385-0886  
FAX: (831) 385-4680

### Marina

**Access I.V. LLC**  
455 Reservation Rd  
Marina, CA 93933  
(831) 384-8080  
FAX: (831) 384-8065

**CVS Pharmacy #03050**  
268 Reservation Rd  
Marina, CA 93933  
(831) 384-1605  
FAX: (831) 384-9662

**Target Pharmacy**  
133 General Stillwell Dr  
Marina, CA 93933  
(831) 883-5721  
FAX: (831) 883-5731

**Walgreens #4997**  
226 Reservation Rd  
Marina, CA 93933  
(831) 384-4700  
FAX: (831) 384-3095

### Wal-Mart Pharmacy 10-4488

150 Beach Road  
Marina, CA 93933  
(831) 883-9920  
FAX: (831) 883-9942

### Monterey

**CVS Pharmacy #09320**  
686 Lighthouse Ave  
Monterey, CA 93940  
(831) 655-5411  
FAX: (831) 655-1147

**CVS Pharmacy #09802**  
2170 N Fremont St  
Monterey, CA 93940  
(831) 375-5135  
FAX: (831) 375-6115

**Monterey Bay  
Oncology & Genetics  
Center**  
5 Harris Court  
Monterey, CA 93940  
(831) 375-4105  
FAX: (831) 372-5722

**Pharmaca Integrative  
Pharmacy**  
570 Munras Ave Suite 10  
Monterey, CA 93940  
(831) 333-0755  
FAX: (831) 333-0759

**Rite Aid Pharmacy  
05882**  
1301 Munras Avenue  
Monterey, CA 93940  
(831) 375-8900  
FAX: (831) 375-6933

**Rite Aid Pharmacy  
06769**  
499 Alvarado Street  
Monterey, CA 93940  
(831) 372-8085  
FAX: (831) 372-6426

**Walgreens #7081**  
416 Alvarado St  
Monterey, CA 93940  
(831) 644-9057  
FAX: (831) 644-9104

### Pacific Grove

**Central Ave Pharmacy**  
133 15Th St  
Pacific Grove, CA 93950  
(831) 373-1225  
FAX: (831) 373-3705

**Rite Aid Pharmacy  
05883**  
160 Country Club Gate  
Center  
Pacific Grove, CA 93950  
(831) 373-8323  
FAX: (831) 373-5384

**Safeway Pharmacy  
#0761**  
1212 Forest Ave  
Pacific Grove, CA 93950  
(831) 375-3019  
FAX: (831) 375-8947

### Salinas

**A And O Clinic  
Pharmacy**  
610 E Romie Ln  
Salinas, CA 93901  
(831) 758-0976  
FAX: (831) 758-4961

**A And O Specialty  
Pharmacy**  
536 Abbott St  
Salinas, CA 93901  
(831) 769-0458  
FAX: (831) 769-0468

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
(831) 424-7321  
FAX: (831) 424-0197

## Retail Pharmacies/Including Chain Pharmacies

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
(831) 424-7321  
FAX: (831) 424-0197

**Allcare Home Health**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053  
FAX: (831) 621-4750

**Allcare Pharmacy**  
331 Main St  
Salinas, CA 93901  
(831) 424-8053  
FAX: (831) 621-4750

**Costco Pharmacy**  
1339 N Davis Road  
Salinas, CA 93907  
(831) 751-0414  
FAX: (831) 751-0435

**CVS Pharmacy #01300**  
662 E Boronda Rd  
Salinas, CA 93906  
(831) 443-0891  
FAX: (831) 443-1850

**CVS Pharmacy #03051**  
17579 Vierra Canyon Rd  
Salinas, CA 93907  
(831) 663-3861  
FAX: (831) 663-3642

**CVS Pharmacy #09186**  
110 E Laurel Dr  
Salinas, CA 93906  
(831) 754-1551  
FAX: (831) 754-1302

**CVS Pharmacy #09349**  
347 E Alisal St  
Salinas, CA 93901  
(831) 424-0026  
FAX: (831) 424-1829

**CVS Pharmacy #09506**  
1140 S Main St  
Salinas, CA 93901  
(831) 422-8511  
FAX: (831) 422-4630

**CVS Pharmacy #09951**  
8063 San Miguel Canyon  
Rd  
Salinas, CA 93907  
(831) 663-2135  
FAX: (831) 663-5545

**Los Palos  
Gastroenterology  
Ancillary Svc**  
1081 Los Palos Dr Ste B  
Salinas, CA 93901  
(831) 771-1458  
FAX: (831) 783-3089

**Nob Hill Pharmacy  
#607**  
1320 S Main Street  
Salinas, CA 93901  
(831) 759-2163  
FAX: (831) 759-2198

**Rite Aid Pharmacy  
06310**  
602 Williams Road  
Salinas, CA 93905  
(831) 784-1606  
FAX: (831) 784-1819

**Romie Lane Pharmacy  
Inc**  
505 E Romie Ln  
Salinas, CA 93901  
(831) 424-0395  
FAX: (831) 424-7949

**Safeway Pharmacy  
#1110**  
1546 N Main St  
Salinas, CA 93901  
(831) 442-7502  
FAX: (831) 442-7505

**Safeway Pharmacy  
#2654**  
1516 Constitution Blvd  
Salinas, CA 93905  
(831) 444-3630  
FAX: (831) 444-3634

**Salinas Valley Medical  
Clinic**  
505 E Romie Ln Ste A  
Salinas, CA 93901  
(831) 755-1701  
FAX: (831) 755-1702

**Sherman'S Apothecary  
Pharmacy**  
1212 S Main St Ste 101  
Salinas, CA 93901  
(831) 422-5988  
FAX: (831) 422-5999

**Target Pharmacy**  
1640 N Main  
Salinas, CA 93906  
(831) 442-2961  
FAX: (831) 998-9745

**Walgreens #2606**  
1532 N Main  
Salinas, CA 93906  
(831) 443-8717  
FAX: (831) 443-0413

**Walgreens #3446**  
575 N Sanborn Road  
Salinas, CA 93905  
(831) 751-9319  
FAX: (831) 751-1657

**Wal-Mart Pharmacy  
10-2458**  
1800 N Main St  
Salinas, CA 93906  
(831) 751-0260  
FAX: (831) 751-0275

**Wal-Mart Pharmacy  
10-5751**  
1375 N Davis Rd  
Salinas, CA 93907  
(831) 998-9087  
FAX: (831) 998-9081

### Sand City

**Costco Pharmacy**  
801 Tioga Road  
Sand City, CA 93955  
(831) 899-2481  
FAX: (831) 899-1904

**Lucky Pharmacy**  
2000 California Avenue  
Sand City, CA 93955  
(831) 393-1400  
FAX: (831) 393-1420

**Target Pharmacy**  
2040 California Ave  
Sand City, CA 93955  
(831) 583-9110  
FAX: (831) 718-9429

### Seaside

**Walgreens #2867**  
1055 Fremont Blvd  
Seaside, CA 93955  
(831) 393-9231  
FAX: (831) 393-9409

### Soledad

**CVS Pharmacy #03056**  
2293 H Dela Rosa Sr St  
Soledad, CA 93960  
(831) 678-5110  
FAX: (831) 678-5105

**Soledad Pharmacy**  
547 Front St  
Soledad, CA 93960  
(831) 678-2678  
FAX: (831) 678-1242

You can get prescription drugs shipped to your home through our network mail order delivery program.

For refills of your mail order prescriptions, please contact us 21 days before you think the drugs you have on hand will run out to make sure your next order is shipped to you in time.

Typically, you should expect to receive your prescription drugs within 7-10 business days from the time that the mail order pharmacy receives the order. If you do not receive your prescription drug(s) within this time, please contact our Member Services department toll-free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 - Sunday through Saturday, 8:00 a.m. – 8:00 p.m., except certain holidays. February 15 through September 30 – Monday through Friday, 8:00 a.m. – 8:00 p.m., except certain holidays.

## Mail Order Pharmacies

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### Boys Town

#### Integrated Pharmacy

#### Services

PO Box 369

Boys Town, NE 68010

**(800) 633-7928**

**TTY: (866) 706-4757**

**FAX: (402) 493-2707**

## **Are home infusion pharmacies part of Aspire Health Plan's pharmacy network?**

Aspire Health Plan will cover home infusion therapy if:

- Your prescription drug is on Aspire Health Plan's formulary or you have a formulary exception
- Aspire Health Plan has approved your prescription drug for home infusion therapy; and
- Your prescription is written by an authorized prescriber

For more information call our Members Service Department toll free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. to 8:00 p.m., except certain holidays. February 15 – September 30 – Monday through Friday 8:00 a.m. to 8:00 p.m., except certain holidays.

## **Home Infusion Pharmacies**

### **Marina**

#### **Access IV**

455 Reservation Rd

Marina, CA 93933

**(831) 384-8080**

Residents of a long-term care facility may access their prescription drugs covered under Aspire Health Plan through the facility's long-term care pharmacy or another network long-term care pharmacy.

For more information call our Members Service Department toll free at 1-855-570-1600 (TTY users 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. to 8:00 p.m., except certain holidays. February 15 – September 30 – Monday through Friday 8:00 a.m. to 8:00 p.m., except certain holidays.

### Long-Term Care Pharmacies

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#### Greenfield

**Greenfield Pharmacy**  
333 El Camino Real  
Greenfield, CA 93927  
**(831) 674-5949**  
**FAX: (831) 674-2955**

#### Sherman's Apothecary Pharmacy

1212 S Main St Ste 101  
Salinas, CA 93901  
**(831) 422-5988**  
**FAX: (831) 422-5999**

#### Pacific Grove

**Central Ave Pharmacy**  
133 15Th St  
Pacific Grove, CA 93950  
**(831) 373-1225**  
**FAX: (831) 373-3705**

#### Salinas

**Alisal Pharmacy**  
323 N Sanborn Rd  
Salinas, CA 93905  
**(831) 424-7321**  
**FAX: (831) 424-0197**

**Allcare Home Health**  
331 Main St  
Salinas, CA 93901  
**(831) 424-8053**  
**FAX: (831) 621-4750**

**Allcare Pharmacy**  
331 Main St  
Salinas, CA 93901  
**(831) 424-8053**  
**FAX: (831) 621-4750**

**Romie Lane Pharmacy Inc**  
505 E Romie Ln  
Salinas, CA 93901  
**(831) 424-0395**  
**FAX: (831) 424-7949**

## **Are Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) Pharmacies part of Aspire Health Plan's pharmacy network?**

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Only Native Americans and Alaska Natives have access to Indian Health Service / Tribal / Urban Indian Health Program (I/T/U) Pharmacies through Aspire Health Plan's pharmacy network. Those other than Native Americans and Alaskan Natives may be able to access these pharmacies under limited circumstances (e.g., emergencies).

### **Indian Health Services**

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#### **Auburn**

**Chapa De Indian  
Health Program-  
Auburn Clinic**

11670 Atwood Rd  
Auburn, CA 95603  
**(530) 887-2836**

#### **Oroville**

**Feather River Trb Hlth**

2145 5Th Ave  
Oroville, CA 95965  
**(530) 534-5394**

#### **Susanville**

**Lassen Indian Hlth  
Cntr Phy**

795 Joaquin St  
Susanville, CA 96130  
**(530) 257-2542**

#### **Winterhaven**

**Fort Yuma Indian  
Health Center**

One Indian Hill Rd  
Winterhaven, CA 92283  
**(760) 572-4120**



Aspire Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aspire Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Aspire Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Aspire Health Plan Grievance Coordinator.

If you believe that Aspire Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Grievance Coordinator, Aspire Health Plan, 10 Ragsdale Dr. Suite 101, Monterey, CA 93940, phone: (855) 570-1600, TTY: 711, fax: (831) 657-0703, email: [compliance@aspirehealthplan.org](mailto:compliance@aspirehealthplan.org). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Aspire Health Plan Grievance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



# ASPIRE HEALTH PLAN

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. **Call 1-855-570-1600 (TTY: 711).**

## Spanish

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-570-1600 (TTY: 711).

## Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-570-1600 (TTY: 711)。

## Vietnamese

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-570-1600 (TTY: 711).

## Tagalog

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-570-1600 (TTY: 711).

## Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-570-1600 (TTY: 711) 번으로 전화해 주십시오.

## Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Ջանգահարեք 1-855-570-1600 (TTY (հեռատիպ) 711):

## Farsi

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما رایگان برای 1-855-570-1600 (TTY: 711) تماس بگیرید.

## Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-570-1600 (телетайп: 711).

## Japanese

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。  
1-855-570-1600 (TTY:711)まで、お電話にてご連絡ください。

## Arabic

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1 0061 075 558 (رقم هاتف الصم والبكم : (117:YTT).

## Panjabi

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤਾਮਾ ਵੀਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-855-570-1600 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

## Mon-Khmer, Cambodia

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សំដៅជំនួយជូនកែភាសា ដោយមិនគិតយុទ្ធសាស្ត្រ គឺអាចមានសំរាប់បរិស្ថាន។ ចូរ ទូរស័ព្ទ 1-855-570-1600 (TTY: 711)។

## Hmong

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-855-570-1600 (TTY: 711).

## Hindi

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-570-1600 (TTY: 711) पर कॉल करें।

## Thai

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-855-570-1600 (TTY: 711).

## **Network Pharmacies outside of Monterey County**

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We have network pharmacies outside of the service area where you can get your drugs covered as a member of our plan. Please contact our Member Services Department toll free at 1-855-570-1600 (TTY users call 711), October 1 through February 14 – Sunday through Saturday 8:00 a.m. – 8:00 p.m., except for certain holidays. February 15 through September 30 – Monday through Friday 8:00 a.m. – 8:00 pm., except certain holidays to request the information in an alternate format or language.



# ASPIREHEALTHPLAN

## Your Medicare Advantage.

One plan, exceptional service, great value.

*This Provider and Pharmacy directory was updated on January 1, 2017. For more recent information or other questions, please contact Aspire Health Plan Member Services at (855) 570-1600 or, for TTY users, 711.*

*Hours are October 1 through February 14 - Sunday through Saturday 8 a.m. to 8 p.m. Pacific time and February 15 - September 30 - Monday through Friday 8 a.m. to 8 p.m. Pacific time except certain holidays, or visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org).*

*This directory provides a list of Aspire Health Plan's network providers and pharmacies for the Aspire Health Advantage Value (HMO), Aspire Health Advantage (HMO) and Aspire Health Advantage Plus (HMO-POS) plans.*

*This directory is for Monterey County, California.*

*This directory is current as of **January 1, 2017**. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about Aspire Health Plan's network providers in your area, you can visit [www.aspirehealthplan.org](http://www.aspirehealthplan.org) or call our Member Services Department toll free at 1-855-570-1600 October 1 through February 14, 8:00 a.m. - 8:00 p.m., seven days a week; February 15 through September 30, 8:00 a.m. - 8:00 p.m., Monday through Friday (except holidays). TTY users call 711.*

*Aspire Health Plan is an HMO and HMO-POS plan sponsor with a Medicare contract. Enrollment in Aspire Health Plan depends on contract renewal.*

*This information is not a complete description of benefits. Contact the plan for more information.*

*Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1, 2018. You must continue to pay your Medicare Part B premium.*

*The Formulary, pharmacy network, and/or provider network may change at any time.*

*You will receive notice when necessary.*

*This information is available in an alternate format or language. You may call our Member Services Department a toll free at 1-855-570-1600, October 1 through February 14, 8:00 a.m. - 8:00 p.m., seven days a week; February 15 through September 30, 8:00 a.m. - 8:00 p.m., Monday through Friday (except holidays), to request the information in an alternate format or language. TTY users should call 711.*

*Esta información está disponible en un formato o idioma alternativo. Usted puede llamar a nuestro Departamento de Servicios para Miembros al número gratuito 1 855-570-1600, 1 de octubre al 14 de febrero, de 8:00 a.m. - 8:00 p.m., los siete días de la semana, 15 de febrero hasta el 30 de septiembre de 8 a.m.-8:00 p.m., de lunes a viernes (excepto festivos), para solicitar la información en un formato o idioma alternativo. Los usuarios de TTY deben llamar al 711.*