You've likely heard about the coronavirus (officially called "2019-Novel Coronavirus" or "COVID-19") in the news. While there isn't a vaccine yet and the immediate health risk remains low, Aspire Health Plan is still here to help.

Aspire Health Plan covers a test to see if you have coronavirus. **This test is covered when your doctor or a healthcare provider orders it, if you get the test on or after February 4, 2020.** Your cost for this test is $0; an office, urgent care, or emergency room visit co-pay may still apply.

**To prevent the spread of this illness or other illnesses, including the flu:**

- Wash your hands often with soap and water
- Cover your mouth and nose when you cough or sneeze
- Stay home when you're sick
- See your doctor if you think you're ill

**ADDITIONAL RESOURCES ARE AVAILABLE**

- The Centers for Disease Control (CDC) website for information on the coronavirus
- Community Hospital of Monterey Peninsula coronavirus updates
- Salinas Valley Memorial Healthcare System coronavirus updates: [English updates](#) | [Spanish updates](#)
- Monterey County Health Department (MCHD)

Aspire Health Plan’s Telehealth benefit reminder - [www.aspirehealthplan.org/telehealth](http://www.aspirehealthplan.org/telehealth)

If you want to seek healthcare from the comfort of your home, Aspire members can access an interactive virtual experience that provides a diagnosis and treatment plan for a $0 co-pay.

This benefit can be accessed in California only, with 24-hour care. There is no appointment needed, but you will need to register online. If your clinician prescribes a medication, it will be sent to the pharmacy on file. Telehealth cannot refill prescriptions unrelated to the visit and cannot prescribe anything controlled, such as narcotics or benzodiazepines.

Aspire Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.