

# 2023

## Over-the-counter (OTC) catalog



### Aspire Rewards



## ASPIREHEALTHPLAN

PRESENTED BY



**MONTAGE**  
Health



Salinas Valley  
Memorial  
Healthcare System

**Congratulations,  
your healthy actions  
earned a reward.**

As a member of Aspire Health Plan, you earned a reward for over-the-counter (OTC) items. This reward allows you to get OTC products you may need. Simply order online at **[www.aspirehealthplanotc.org](http://www.aspirehealthplanotc.org)**, call **(855) 657-7546 (TTY: 711)**, or mail your completed order form. Your order will be shipped directly to your door.

H8764\_RX\_RewardsOTCCatalog\_1122\_C

As a member of Aspire Health Plan, you have an over-the-counter (OTC) benefit every quarter. This benefit allows you to get OTC products you may need. Simply order online, call (855) 657-7546 (TTY: 711), or mail your completed order form. Your order will be shipped directly to your door.



## REMEMBER TO KEEP THIS CATALOG

You will want to reference this catalog each time you place your order.



Be sure to use your benefit amounts before the end of every quarter (March, June, September and December).

# TABLE OF CONTENTS

HOW TO ORDER.....	4
ORDER GUIDELINES.....	5
HOW TO USE YOUR OTC WEBSITE.....	6
Allergy.....	7
Antacids & Acid Reducers .....	7
Anticandidal (Yeast).....	8
Anti-diarrheal, Laxatives & Digestive Health.....	8
Anti-fungal.....	9
Bathroom Safety & Fall Prevention.....	9
Cold & Flu .....	9
Cold Sore & Medicated Lip Products.....	10
Dental & Denture Care .....	10
Diabetes Care.....	12
Diagnostics .....	12
Eye & Ear Care.....	13
First Aid.....	13
Foot Care.....	15
Hemorrhoidal Preparations.....	15
Home Aids .....	15
Incontinence Supplies.....	16
Motion Sickness.....	17
Nutritional Supplements.....	18
Pain Relief Aids.....	18
Pain Relievers & Fever Reducers.....	19
Pediculicide (Lice Treatment) .....	20
Skin & Sun Care .....	20
Sleep Aids.....	20
Smoking Cessation.....	20
Supports & Braces.....	20
Vitamins & Minerals .....	23
Wart Remover.....	25
NOTICES.....	26

# HOW TO ORDER



## Online

You may place an order online using your Aspire Health Plan OTC website at [www.aspirehealthplanotc.org](http://www.aspirehealthplanotc.org).

**Remember to save your username and password to order again during your next benefit period.**



## Mail

You may place your order by mailing in the order form to the OTC Servicing Center, PO Box 526266, Miami FL 33152-9819.

**If the end of the benefit period is approaching and you do not think your order form will be received in time, you may order online, or call us.**



## Phone

If you have questions or would like to place your order over the phone, OTC Advocates are available Monday – Friday from 5 a.m. to 8 p.m. PST at (855) 657-7546 (TTY: 711). Please have your item number ready when you call.



# ORDER GUIDELINES



- You must use your full benefit amount in one order. **Unused benefits will not rollover into the next benefit period**
- Your order total may not exceed your benefit amount. Cash, checks, credit cards, or money orders are not accepted under this OTC benefit
- Your order total will be applied to the benefit period in which the order is received
- OTC products are intended for member use only to help with a health or medical need. Aspire Health Plan prohibits the use of this benefit to order OTC items for family members and friends
- The products are personal. For this reason, we don't allow returns or exchanges
- Please call within 60 days of placing your order if:
  - You haven't received your order
  - You received a defective or damaged item
- Items in the OTC catalog occasionally change during the year. For the most up-to-date listing of OTC products available, go to **[www.aspirehealthplanotc.org](http://www.aspirehealthplanotc.org)**
- OTC items are available through home delivery only. Products may not be purchased at a local retail pharmacy, submitted for reimbursement or through any source other than the Aspire Health Plan OTC benefit channels listed above
- In the event of market shortage, we reserve the right to limit quantities
- All product and company names are trademarks™ or registered® trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them

**Note:** For delivery, please allow 5-7 business days from the time your order is placed.

# HOW TO USE YOUR OTC WEBSITE



## Online access to your OTC benefit is fast, easy, and secure

Your OTC benefit website offers you many convenient features. You are able to:

- Browse the OTC products that are available to you
- Access a digital copy of your OTC catalog
- Monitor your available balance while you shop
- Track your order and view your order history
- Manage your account
- And more

If you have already created an account online, just log in to get started.

If it's your first time ordering online, you will need to register and set up your account.

**Note:** Orders for the benefit period must be placed prior to midnight Eastern Time of the last day of the period.

## Registration is easy and takes only a few minutes to complete.

Access your Aspire Health Plan OTC website at **[www.aspirehealthplanotc.org](http://www.aspirehealthplanotc.org)**, indicate that you are a first-time user by clicking on the "Create Account" button, and enter your information exactly as it appears on your health plan ID card. You will need the following:

- First and last name
- Health plan member ID number (if your ID number contains any special characters, such as a hyphen (-) or an asterisk (\*), *enter only the numbers*)
- State
- Date of birth as MM/DD/YYYY
- Current email address

You will then create a unique username and password for your account. You will be asked to choose and answer some security questions, so if you forget or misplace your username or password, we can recover your login information. Now you can log in and access your OTC benefit online, 24/7.

If you need any assistance, please call the Order Fulfillment Center Monday – Friday from 5 a.m. to 8 p.m. PST at (855) 657-7546 (TTY: 711). Our friendly and knowledgeable advocates are happy to help you take full advantage of your OTC benefit.

Item #	Product Name	Packaging	Strength	Price
<b>ALLERGY</b>				
1927	Benadryl Allergy Liqui-Gels Dye-Free	24 ct	25 mg	\$11.25
1090	Cetirizine HCL (Allergy Tablets)	14 ct	10 mg	\$7.75
2003	Cetirizine HCL (Allergy Tablets)	45 ct	10 mg	\$11.00
1008	Chlorpheniramine Maleate Antihistamine (Allergy Tablets)	100 ct	4 mg	\$8.75
2300	Claritin 24hr Tablet 10MG	10 ct	10 mg	\$22.00
1009	Diphenhydramine Antihistamine (Allergy Tablets)	24 ct	25 mg	\$5.50
1308	Diphenhydramine Antihistamine (Allergy Tablets)	100 ct	25 mg	\$11.00
2021	Diphenhydramine Antihistamine (Allergy Tablets)	400 ct	25 mg	\$16.50
1428	Diphenhydramine HCL (Children's Allergy Liquid)	4 oz	12.5 mg / 5 ml	\$6.50
1804	Fexofenadine (Allergy Tablets)	30 ct	180 mg	\$17.50
1946	Fluticasone Propionate (Allergy Nasal Spray, 24-hour)	144 sprays	50 mcg	\$26.25
2033	Loratadine (Allergy Tablets)	10 ct	10 mg	\$6.00
1611	Loratadine (Allergy Tablets)	100 ct	10 mg	\$16.00
2020	Loratadine (Allergy Tablets)	365 ct	10 mg	\$27.50
1881	Nasacort	60 sprays		\$26.25
1922	Nasal Decongestant Inhaler - Levmetamfetamine	0.007 oz	50 mg	\$8.75
1091	Nasal Decongestant Spray, 12-Hour	1 oz	0.05%	\$6.50
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$6.00
2303	Zyrtec Tablet (14 ct)	14 ct	10 mg	\$27.50
<b>ANTACIDS &amp; ACID REDUCERS</b>				
1313	Alka-Seltzer	36 ct		\$12.00
1006	Antacid / Anti-Gas Liquid	12 oz		\$7.75
1346	Antacid Chewable	150 ct	500 mg	\$7.75
1314	Effervescent Antacid & Pain Relief	36 ct		\$7.75
1949	Esomeprazole Magnesium (Acid Reducer, Delayed Release)	42 ct	20 mg	\$25.25
1108	Famotidine (Acid Reducer)	30 ct	10 mg	\$8.25

Item #	Product Name	Packaging	Strength	Price
1970	Omeprazole (Acid Reducer, Delayed Release)	42 ct	20 mg	\$27.50
1966	Omeprazole (Acid Reducer, Delayed Release, Dissolvable)	42 ct	20 mg	\$27.50
1800	Simethicone (Gas Relief)	100 ct	80 mg	\$8.75
2019	TUMS Ultra Strength	72 ct	1,000 mg	\$11.00
<b>ANTICANDIDAL (YEAST)</b>				
1115	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator)	45 gm	1%	\$11.00
1117	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator)	1 kit	2%	\$17.50
1119	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator)	1 ct	6.5%	\$20.75
<b>ANTI-DIARRHEAL, LAXATIVES &amp; DIGESTIVE HEALTH</b>				
1316	Beano	30 ct		\$9.75
1128	Bisacodyl (Stimulant Laxative, Enteric Coated)	100 ct	5 mg	\$7.00
1969	ClearLax Unflavored Powder Laxative	8.3 oz	17 g	\$14.25
1126	Docusate Sodium (Stool Softener)	100 ct	100 mg	\$8.75
1130	Docusate Sodium plus Sennosides (Natural Vegetable Laxative)	60 ct	8.6 mg / 50 mg	\$7.75
1733	Enema	4.5 oz		\$6.00
1124	Ex-Lax	8 ct	15 mg	\$8.75
1155	Fiber Tablets	60 ct	500 mg	\$11.00
1125	Glycerin Suppository Laxative	25 ct	2 gm	\$7.75
2387	Hydralyte Electrolyte Rapid Rehydration Orange Powder Stick Pouch	20 ct		\$25.00
1067	Lactase Capsules	60 ct	3,000 FCC Units	\$11.00
1133	Loperamide HCL (Anti-Diarrheal Tablets)	12 ct	2 mg	\$6.50
1011	Milk of Magnesia	12 oz	1,200 mg	\$7.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$11.00
1045	Pink Bismuth Chewable Tablets	30 ct	262 mg	\$7.75
1318	Pink Bismuth Liquid	8 oz	525 mg / 30 ml	\$7.75



Item #	Product Name	Packaging	Strength	Price
<b>ANTI-FUNGAL</b>				
1047	Clotrimazole (Athlete's Foot Cream)	1.5 oz	1%	\$9.75
1135	Miconazole Nitrate (Anti-fungal Cream)	1 oz	2%	\$9.75
1874	Miconazole Nitrate (Athlete's Foot Spray)	4.6 oz	2%	\$11.50
2305	Nail Restore Fungal Formula	0.34 oz		\$20.00
1046	Terbinafine HCL (Athlete's Foot Cream)	0.5 oz	1%	\$12.50
1064	Tolnaftate (Anti-fungal Cream)	1.25 oz	1%	\$7.75
<b>BATHROOM SAFETY &amp; FALL PREVENTION</b>				
2306	Antimicrobial Suction Cup Grab Bar, Chrome, 12"	1 ea		\$19.75
2307	Antimicrobial Suction Cup Grab Bar, Chrome, 16"	1 ea		\$19.75
1459	Bath Mat, Non-Skid	1 ct		\$18.50
2310	Bath Seat Cushion	1 ea		\$23.75
2045	Commode Liner	7 ct		\$20.75
1726	Folding Cane Ergonomic Handle	1 ct		\$22.00
1790	Gait Belt - 60"	1 ct		\$17.50
1791	Gait Belt - 72"	1 ct		\$18.50
2007	Handheld Shower Head	1 ct		\$26.00
1798	Knurled Chrome Grab Bar - 12"	1 ct		\$20.75
1797	Knurled Chrome Grab Bar - 24"	1 ct		\$24.00
1983	Nightlight	2 ct		\$16.50
1777	Quad Cane, Small Base	1 ct		\$27.50
1780	Safety Treads, Tub & Stair	1 pack		\$11.00
1460	Shower Mat, Non-Skid	1 ct		\$19.25
2308	Toilet Seat Cushion Vinyl	1 ea		\$15.75
2008	Treaded Slipper Socks, One Size Fits Most	1 pair		\$7.75
<b>COLD &amp; FLU</b>				
1360	Cepacol Sore Throat Lozenges	16 ct	7.5%, 5 mg	\$8.75

Item #	Product Name	Packaging	Strength	Price
1166	Cough & Cold for High Blood Pressure	16 ct	4 mg / 30 mg	\$7.75
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$3.25
1833	Cough Drops, Honey Lemon	30 ct	7.5 mg	\$3.25
1834	Cough Drops, Menthol	30 ct	5.4 mg	\$3.25
1182	Cough Drops, Sugar Free, Cherry	25 ct	5.8 mg	\$4.50
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$6.50
1323	Diabetic Tussin DM	4 oz	20 mg / 200 mg	\$9.75
1180	Guaifenesin (Cough Expectorant)	100 ct	200 mg	\$11.00
2059	Halls Mentho-Lyptus Drops	30 ct		\$6.50
1178	Mucus Relief DM Expectorant & Cough Suppressant (Guaifenesin 400 mg / Dextromethorphan HBr 20 mg)	30 ct	400 mg / 20 mg	\$11.00
1965	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	14 ct	1,200 mg / 60 mg	\$16.50
1357	Multi-Symptom Cold Formula	24 ct	10 mg / 5 mg / 325 mg	\$8.75
1931	Nasal Rinse Kit, Saline	1 kit		\$19.75
1352	Phenylephrine HCL (Nasal Decongestant PE)	36 ct	10 mg	\$7.75
1176	Sore Throat Lozenges, Cherry	18 ct		\$5.50
1904	Sore Throat Spray, Cherry	6 oz	1.4%	\$7.75
1164	Vapor Rub	4.0 oz	4.8% / 1.2%	\$7.75
<b>COLD SORE &amp; MEDICATED LIP PRODUCTS</b>				
1152	Abreva	2 gm	10%	\$26.25
1256	Blistex Lip Ointment	6 gm		\$5.50
1153	Herpecin-L Lip Balm	0.1 oz	1%	\$11.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$24.75
<b>DENTAL &amp; DENTURE CARE</b>				
2312	Antiseptic Rinse	250 ml		\$5.25
1817	Biotene Dry Mouth Oral Rinse	16 oz		\$14.25
1818	Biotene Dry Mouth Spray	1.5 oz		\$12.50
1749	Dental Travel Kit	1 ct		\$11.00

Item #	Product Name	Packaging	Strength	Price
1747	Denture Brush	1 ct		\$6.50
1032	Denture Cleaning Tablets	40 ct		\$7.75
1653	Efferdent Plus Mint Tablets	44 ct		\$9.75
1842	Effergrip Denture Cream Adhesive	1.5 oz		\$7.75
1843	Effergrip Denture Cream Adhesive	2.5 oz		\$9.75
1187	Fixodent	0.75 oz		\$5.50
1751	Interdental Flossups	90 ct		\$6.00
1748	Interdental Gum Brushes	10 ct		\$6.50
2311	Listerine Original	1 L		\$10.25
1454	Orajel Pain Relief	0.25 oz	20%	\$12.00
1750	Oral Care System Kit	1 ct		\$13.75
1286	Oral Pain Relief	0.5 oz	20%	\$7.75
1324	Polident Denture Cream	3.9 oz		\$9.75
1892	Polident Overnight	84 ct		\$13.25
1455	Reach Waxed Dental Floss - Mint	55 yd		\$4.50
1902	Reach Waxed Dental Floss - Unflavored	55 yd		\$4.50
2038	Sea-Bond Denture Adhesive Wafers, Lower	15 ct		\$8.75
2039	Sea-Bond Denture Adhesive Wafers, Uppers	15 ct		\$8.75
1746	Tongue Cleaner	1 ct		\$6.50
2015	Toothbrush, Battery Powered	1 ct		\$22.00
1830	Toothbrush, Colgate, Adult Medium	1 ct		\$3.25
1413	Toothbrush, Colgate, Adult Soft	1 ct		\$3.25
1948	Toothbrush, Soft 2-pack	2 ct		\$6.50
1412	Toothbrush, Tek Pro, Angled Soft	1 ct		\$3.25
1831	Toothpaste, Colgate	4 oz		\$6.50
1838	Toothpaste, Crest Sensi-Relief	4.1 oz		\$9.25
1414	Toothpaste, Pepsodent	5.5 oz		\$4.50
1903	Toothpaste, Sensitive Teeth	4.3 oz		\$5.50
1716	Toothpaste, Ultrabrite Advanced Whitening	6 oz		\$6.00
1743	Water Jet Replacement Tips	5 ct		\$18.00

Item #	Product Name	Packaging	Strength	Price
<b>DIABETES CARE</b>				
1839	Diabetic Skin Relief Foot Cream	3.4 oz		\$13.25
1956	Diabetic Socks, Black, Medium 3-pack	3 pair		\$9.75
1957	Diabetic Socks, Black, Large 3-pack	3 pair		\$9.75
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair		\$9.75
1953	Diabetic Socks, White, Medium 3-pack	3 pair		\$9.75
1954	Diabetic Socks, White, Large 3-pack	3 pair		\$9.75
1955	Diabetic Socks, White, X-Large 3-pack	3 pair		\$9.75
2315	Glucose Gummies Mixed Fruit Flavor	60 ct		\$10.50
1997	Glucose Tablets	50 ct		\$8.75
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair		\$12.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair		\$12.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair		\$12.00
1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair		\$12.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair		\$12.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair		\$12.00
2320	Zero Sugar Biotin	60 ct	5000 mcg	\$14.75
2316	Zero Sugar Diabetic Multivitamin	60 ct		\$14.75
2317	Zero Sugar Probiotic	60 ct		\$14.75
2318	Zero Sugar Vitamin C	60 ct		\$14.75
2319	Zero Sugar Vitamin D	60 ct	125 mcg	\$14.75
<b>DIAGNOSTICS</b>				
1504	Desktop Blood Pressure Monitor Replacement Cuff	1 ct		\$16.50

Item #	Product Name	Packaging	Strength	Price
1416	EZ Detect Colon Cancer Test Kit	1 ct		\$18.50
1789	Peak Flow Meter	1 ct		\$18.50
1063	Thermometer, Digital 60 seconds	1 ct		\$8.25
1697	Thermometer, Flexible Tip, Digital 9 seconds	1 ct		\$14.25
<b>EYE &amp; EAR CARE</b>				
1192	Artificial Tears Drops	0.5 oz		\$6.50
1194	Artificial Tears Ointment	3.5 gm		\$11.00
1199	Clear Eyes Eye Drops	0.2 oz		\$6.50
1742	Cotton Tipped Swabs	300 ct		\$6.00
1841	Ear Pain Relief Ear Drops	10 ml		\$14.25
1190	Ear Wax Removal Drops	15 ml	6.5%	\$7.75
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$9.75
1516	Eye Patches	1 ea		\$9.75
1806	Irritation Relief Eye Drops	15 ml		\$10.50
1468	Multi-Purpose Contact Lens Solution	12 oz		\$8.75
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.50
1905	Stye Eye Compress	1 ct		\$12.00
1906	Stye Eye Ointment	3.5 gm		\$12.50
1910	Swim-Ear Ear Drops	1 oz		\$8.25
<b>FIRST AID</b>				
2330	A & D Ointment	144 ct		\$17.00
1344	Adhesive Bandages	100 ct		\$6.50
1803	After Bite Relief	0.5 oz		\$11.00
1200	Alcohol Pads	100 ct	70%	\$5.50
2004	Alcohol Pads	200 ct	70%	\$7.75
1808	Antiseptic Skin Cleanser	8 oz		\$12.00
1201	Antiseptic Towelettes	100 ct		\$8.25
1020	Bacitracin Ointment	1 oz	500 u / gm	\$7.00
2331	Bacitracin Ointment	144 ct		\$21.00
1142	Bactine Solution	4 oz		\$11.00



Item #	Product Name	Packaging	Strength	Price
1676	Band-Aid Johnson & Johnson Gauze Pad - 2" x 2"	25 ct		\$6.50
1926	Burn Relief Spray	4.5 oz	0.5%	\$12.00
1144	Caldyphen Clear (Anti-Itch Lotion)	6 oz	1%	\$8.75
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd	12 ct		\$8.75
1763	Cotton Balls	300 ct		\$5.00
1669	Cotton Tipped Applicator - 6"	1000 ct		\$12.50
1140	Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)	1 oz		\$5.50
1207	Elastic Bandage - 2" x 4.5 yd	1 ct		\$6.50
1213	Elastic Bandage - 6" x 5 yd	1 ct		\$8.75
1947	First Aid Kit, 20 Pieces	1 ct		\$6.50
1215	First Aid Kit, 76 Pieces	1 ct		\$11.00
1738	First Aid Kit, 175 Pieces	1 ct		\$16.50
1062	Hot/Cold Pack, 1 small & 1 large	1 ct		\$9.75
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.50
1228	Hydrogen Peroxide	16 oz	3%	\$5.50
1867	Insect Repellent Spray - DEET	2 oz	30%	\$9.00
1796	Insect Repellent Spray - DEET	4 oz	30%	\$13.25
1868	Insect Repellent Spray - DEET	8 oz	30%	\$17.50
1203	Iodine Solution Antiseptic	4 oz	10%	\$8.25
1713	Isopropyl Alcohol	16 oz	70%	\$6.50
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$5.50
1872	Liquid Bandage	0.61 oz		\$9.25
1326	Neosporin + Pain Relief	0.5 oz		\$11.00
1667	Nexcare clear waterproof bandages assorted sizes 50ct	50 ct		\$8.75
1840	Nitrile Exam Gloves (Large)	100 ct		\$22.00
2328	Nitrile Gloves (Small)	100 ea		\$22.00
2329	Nitrile Gloves (XL)	100 ea		\$22.00
2018	Petroleum Jelly	4 oz		\$7.75
1896	Procedural Face Masks with Earloops	50 ct		\$19.75
1217	Tape, Paper Surgical - 1" x 10 yd	1 ct		\$6.50

Item #	Product Name	Packaging	Strength	Price
1219	Tape, Silk Surgical - 1" x 10 yd	1 ct		\$6.00
1221	Tape, Transparent Surgical - 1" x 10 yd	1 ct		\$6.00
1014	Triple Antibiotic Ointment	1 oz		\$8.75
2332	Triple Antibiotic Ointment	144 ct		\$26.25
2333	Vinyl Gloves (Small)	100 ct		\$17.00
2230	Vinyl Gloves (Large)	100 ct		\$17.00
2334	Vinyl Gloves (XL)	100 ct		\$17.00

## FOOT CARE

1238	Callus Remover Pads	6 ct		\$8.75
1236	Corn Remover Pads	9 ct		\$8.25
2335	Deodorant Foot Powder	6 oz		\$9.50
1785	Hammer Toe Crest	1 ct		\$11.00
1240	Medicated Foot Powder	5 oz		\$8.25
1782	Moleskin Sheets Plus	4 ct		\$6.50
1788	Toe Protector, Small	1 ct		\$9.75
1787	Toe Protector, Large	1 ct		\$9.75
1783	Toe Separator	6 ct		\$7.75

## HEMORRHOIDAL PREPARATIONS

1066	Hemorrhoidal Ointment	2 oz		\$9.75
1247	Hemorrhoidal Suppository	12 ct		\$7.75
1364	Pre-moist Hemorrhoid Pads	100 ct		\$9.75
1248	Preparation H Cream	26 gm		\$13.25
1895	Preparation H Medicated Wipes	48 ct		\$12.00

## HOME AIDS

2336	Aluminum Reacher with Magnetic Tip Non-Folding 32"	1 ea		\$8.75
2046	Button and Zipper Pull Aid	1 ct		\$15.25
1732	Cushion, Foam Ring	1 ct		\$22.00
1731	Cushion, Lumbar	1 ct		\$27.50
2346	Exercise Resistance Bands	1 ea		\$5.25
2349	Foot Stool with Support Handle	1 ea		\$27.25
2347	Hand Exercise Strengtheners	1 ea		\$7.50

Item #	Product Name	Packaging	Strength	Price
1431	Hearing Aid Batteries (Size 10)	8 ct		\$8.75
1430	Hearing Aid Batteries (Size 13)	8 ct		\$8.75
1429	Hearing Aid Batteries (Size 312)	8 ct		\$8.75
2343	Jar Opener for Seniors	3 ct		\$7.25
1756	Kitchen Scale, Dial	1 ct		\$8.25
2016	Kitchen Scale, Digital	1 ct		\$27.50
2214	Measuring Cup Scale	1 ea		\$27.75
1875	Medical ID Bracelet - Blank	1 ct		\$18.50
1877	Medical ID Bracelet - Diabetic	1 ct		\$18.50
1876	Medical ID Bracelet - Heart	1 ct		\$18.50
1933	Pill Crusher with Storage	1 ct		\$11.00
1932	Pill Cutter with Safety Shield	1 ct		\$11.00
2337	Reacher Suction Cup 22"	1 ea		\$12.50
2338	Reacher Suction Cup 33"	1 ea		\$15.25
1799	Sharps Container, 1 gallon	1 ct		\$8.25
2339	Shoe Horn No Bend 24"	1 ea		\$11.00
2344	Stress Ball	1 ea		\$7.25
2350	Tray Walker Fold Away	1 ea		\$17.50
1934	Weekly AM/PM Pill Case	1 ct		\$12.00
2348	Wrist and Ankle Weights	1 ea		\$26.25

## INCONTINENCE SUPPLIES

1300	A & D Ointment	2 oz		\$7.75
1510	Adult Briefs, Small – 25" to 34" (Tabs)	24 ct		\$19.00
2026	Adult Briefs, Medium - 32" to 44" (Tabs)	24 ct		\$18.50
2027	Adult Briefs, Large - 44" to 58" (Tabs)	24 ct		\$19.75
2028	Adult Briefs, X-Large - 58" to 63" (Tabs)	20 ct		\$19.75
2219	Attends Bariatric 2X-Large Underwear	12 ct		\$23.50
1811	Attends Discreet Men's Guard	20 ct		\$15.25
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct		\$22.00

Item #	Product Name	Packaging	Strength	Price
1815	Attends Discreet Women's Panty Liner	28 ct		\$9.75
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct		\$24.00
1302	Barrier Cream	4 oz		\$9.75
2010	Bathing Wipes	8 ct		\$8.75
2048	Bedpan	1 ct		\$7.00
1479	Bladder Control Shaped Pad, Heavy Absorbency	20 ct		\$18.50
1480	Bladder Control Shaped Pad, Maximum Absorbency	20 ct		\$18.50
2381	Discreet Men's Underwear, Small/Medium	20 ea		\$24.50
2382	Discreet Men's Underwear, Large/X-Large	18 ea		\$24.50
2383	Discreet Women's Underwear, Medium	20 ea		\$24.50
2385	Discreet Women's Underwear, Large	18 ea		\$24.50
2384	Discreet Women's Underwear, X-Large	16 ea		\$24.50
1021	Disposable Underwear, Medium - 34" to 44" (Pull-up)	20 ct		\$17.50
1026	Disposable Underwear, Large - 44" to 58" (Pull-up)	18 ct		\$17.50
1027	Disposable Underwear, X-Large - 58" to 68" (Pull-up)	14 ct		\$17.50
1928	Flushable Wipes	24 ct		\$8.25
2000	Flushable Wipes	60 ct		\$13.25
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$13.25
2022	Perineal Wash Rinse-Free	8 oz		\$7.75
1477	Underpad, Disposable - 30" x 30"	10 ct		\$11.00
1996	Underpad, Extra Absorbent Air Permeable, 30" x 36"	5 ct		\$16.50
1348	Washcloth with Lanolin	64 ct		\$9.25
<b>MOTION SICKNESS</b>				
1263	Dimenhydrinate (Motion Sickness Tablets)	12 ct	50 mg	\$7.75

Item #	Product Name	Packaging	Strength	Price
1366	Meclizine HCL (Motion Sickness Caplets)	100 ct	12.5 mg	\$9.75
<b>NUTRITIONAL SUPPLEMENTS</b>				
2116	Country Farms Apple Cider Vinegar Gummy	60 ct		\$15.25
2115	Country Farms Super Shake (chocolate)	12.4 oz		\$19.75
2104	Glucerna: Chocolate Shake 8oz each	6 ea		\$19.75
2105	Glucerna: Vanilla Shake 8oz each	6 ea		\$19.75
2108	Keto Meal Shake - Chocolate	16 oz		\$25.25
2107	Keto Meal Shake - Vanilla	20 oz		\$25.25
<b>PAIN RELIEF AIDS</b>				
1809	Arthritis Hot Pain Relief Cream	3 oz	10%	\$7.75
1924	Aspercreme	1.25 oz		\$8.25
1944	Cold/Hot Menthol Medicated Patch	5 ct	5%	\$11.00
2355	Diclofenac Sodium Topical Gel	3.5 oz	1%	\$15.75
1845	Epsom Salt	4 lb		\$8.50
1846	Fast Freeze Pain Relief Spray	4 oz		\$14.75
1861	Heating Pad, 12" x 15"	1 ct		\$27.50
1859	HeatWraps - Back & Hip	2 ct		\$12.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct		\$12.00
1761	Ice Bag - 9"	1 ct		\$11.00
1871	Lidocaine Patch	5 ct	4%	\$14.25
1923	Menthol Gel	8 oz	2%	\$9.75
1762	Pain Relief Mask	1 ct		\$9.75
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$6.50
2386	Salonpas Lidocaine Gel Patch	6 ct		\$17.50
1739	Salonpas Pain Relief Patches	6 ct		\$15.25
1912	Thermacare Lower Back & Hip	3 ct		\$16.50
1913	Thermacare Menstrual Relief	4 ct		\$16.50



Item #	Product Name	Packaging	Strength	Price
<b>PAIN RELIEVERS &amp; FEVER REDUCERS</b>				
1423	Acetaminophen (Children's Pain Relief Chewable)	30 ct	80 mg	\$7.00
2030	Acetaminophen (Pain Reliever, Extra Strength)	24 ct	500 mg	\$4.50
1105	Acetaminophen (Pain Reliever, Extra Strength)	50 ct	500 mg	\$6.25
1600	Acetaminophen (Pain Reliever, Extra Strength)	100 ct	500 mg	\$7.75
2002	Acetaminophen (Pain Reliever, Extra Strength)	500 ct	500 mg	\$16.50
1311	Arthritis Pain Reliever	100 ct	650 mg	\$13.25
1095	Aspirin	100 ct	325 mg	\$6.00
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$6.50
1998	Aspirin, Enteric Coated, Low Dose	500 ct	81 mg	\$13.25
1802	Aspirin, Low Dose, Chewable	36 ct	81 mg	\$6.00
1720	Bayer Back & Body Pain, Extra Strength	24 ct	500 mg / 32.5 mg	\$7.75
1367	Capsaicin (Pain Relief Cream)	2.1 oz	0.025%	\$10.50
2031	Ibuprofen (Pain Reliever / Fever Reducer)	24 ct	200 mg	\$4.50
1004	Ibuprofen (Pain Reliever / Fever Reducer)	100 ct	200 mg	\$8.75
2001	Ibuprofen (Pain Reliever / Fever Reducer)	500 ct	200 mg	\$17.50
2032	Naproxen Sodium (Pain Reliever / Fever Reducer)	24 ct	220 mg	\$5.50
1041	Naproxen Sodium (Pain Reliever / Fever Reducer)	50 ct	220 mg	\$7.75
1097	Naproxen Sodium (Pain Reliever / Fever Reducer)	100 ct	220 mg	\$11.00
1365	Pain Reliever Plus (Acetaminophen 250mg / Aspirin 250 mg / Caffeine 65 mg)	100 ct	250 mg / 250 mg / 65 mg	\$8.75
1332	Pain Reliever, PM (Acetaminophen, Extra Strength / Diphenhydramine 25 mg)	100 ct	500 mg / 25 mg	\$9.75

Item #	Product Name	Packaging	Strength	Price
<b>PEDICULICIDE (LICE TREATMENT)</b>				
1269	Lice Treatment Rinse (Permethrin)	59 ml	1%	\$17.50
1271	Lice Treatment Shampoo	4 oz		\$12.00
<b>SKIN &amp; SUN CARE</b>				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$9.25
2356	Aveeno Daily Moisturizing Body Wash	18 oz		\$24.50
1821	Calamine Skin Protectant Lotion	6 oz		\$7.75
1065	Hand Sanitizer	8 oz		\$5.50
2358	Healing Ointment	3.75 oz		\$9.25
2357	Hydrocortisone Cream	144 ct	1%	\$24.50
1852	Scar Gel	0.7 oz		\$16.50
1908	Sunscreen Lotion SPF 30	1.5 oz		\$5.50
1284	Sunscreen Lotion SPF 30	4.0 oz		\$8.25
<b>SLEEP AIDS</b>				
2363	Melatonin Quick Dissolve Tablet	90 ct	10 mg	\$9.50
2224	MidNite Sleep Aid, 30 ct	30 ct		\$13.75
1725	Nasal Strips, Large	30 ct		\$14.25
1724	Nasal Strips, Medium	30 ct		\$14.25
2360	Natures Bounty Melatonin Capsule 10mg	60 ct	10 mg	\$19.00
2361	Natures Bounty Melatonin Softgel 5mg	90 ct	5 mg	\$12.50
2362	Sleep Aid	16 ct	25 mg	\$8.50
1276	Sleep Tablets	50 ct	25 mg	\$8.25
<b>SMOKING CESSATION</b>				
1372	Nicotine Gum	50 ct	4 mg	\$27.50
<b>SUPPORTS &amp; BRACES</b>				
1225	Ankle Support	2 ct		\$11.00
2041	Arm Sling	1 ct		\$15.25
1767	Arthritis Gloves, Small	1 pair		\$26.75
1766	Arthritis Gloves, Medium	1 pair		\$26.75

Item #	Product Name	Packaging	Strength	Price
1765	Arthritis Gloves, Large	1 pair		\$26.75
2011	Arthritis Knee Sleeve, Small	1 ct		\$27.50
2012	Arthritis Knee Sleeve, Medium	1 ct		\$27.50
2013	Arthritis Knee Sleeve, Large	1 ct		\$27.50
2014	Arthritis Knee Sleeve, X-Large	1 ct		\$27.50
1487	Back Support Elastic - 24" to 46"	1 ct		\$25.25
1488	Back Support Elastic with Lumbar	1 ct		\$29.50
1770	Carpal Tunnel Brace, Small	1 ct		\$27.50
1769	Carpal Tunnel Brace, Medium	1 ct		\$27.50
1768	Carpal Tunnel Brace, Large	1 ct		\$27.50
1241	Cervical Collar	1 ct		\$8.50
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10)	1 pair	15 - 20 mmHg	\$19.75
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12)	1 pair	15 - 20 mmHg	\$19.75
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10)	1 pair	15 - 20 mmHg	\$19.75
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12)	1 pair	15 - 20 mmHg	\$19.75
1406	Compression Knee High Socks, Women's Beige, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$19.75
1407	Compression Knee High Socks, Women's Beige, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$19.75
1408	Compression Knee High Socks, Women's Beige, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$19.75
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$19.75
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$19.75

Item #	Product Name	Packaging	Strength	Price
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$19.75
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct		\$26.25
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct		\$26.25
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct		\$26.25
1224	Elbow Support	1 ct		\$16.50
1774	Heel & Elbow Protector, Small	1 ct		\$13.25
1773	Heel & Elbow Protector, Medium	1 ct		\$13.25
1772	Heel & Elbow Protector, Large	1 ct		\$13.25
1775	Heel & Elbow Protector, X-Large	1 ct		\$13.25
1465	Knee Stabilizer	1 ct		\$25.25
1481	Knee Support, Elastic, Small	1 ct		\$12.00
1482	Knee Support, Elastic, Medium	1 ct		\$12.00
1483	Knee Support, Elastic, Large	1 ct		\$12.00
1484	Knee Support, Elastic, Small with Stays	1 ct		\$20.75
1485	Knee Support, Elastic, Medium with Stays	1 ct		\$20.75
1486	Knee Support, Elastic, Large with Stays	1 ct		\$20.75
1897	Protective Arm Sleeve - Small	1 pair		\$22.00
1898	Protective Arm Sleeve - Large	1 pair		\$26.50
1899	Protective Arm Sleeve - X-Large	1 pair		\$28.25
1457	Rib Belt - Female (one size fits most)	1 ct		\$20.75
1456	Rib Belt - Male (one size fits most)	1 ct		\$20.75
2040	Tennis Elbow Support	1 ct		\$12.50
1778	Thumb Brace	1 ct		\$19.75
1918	Wrist Compression - Small	1 ct		\$15.25
1919	Wrist Compression - Medium	1 ct		\$15.25
1920	Wrist Compression - Large	1 ct		\$15.25
1921	Wrist Compression - X-Large	1 ct		\$15.25
1230	Wrist Splint	1 ct		\$24.00

Item #	Product Name	Packaging	Strength	Price
1227	Wrist Support	1 ct		\$11.00
<b>VITAMINS &amp; MINERALS</b>				
1805	Airborne Immune Support Chewable	32 ct		\$17.50
2233	Beet Root and Cherry Extract Gummy	60 ct		\$9.25
1820	Biotin Gummy	60 ct	2,500 mcg	\$14.25
1373	Calcium + Vitamin D3	60 ct	600 mg / 400 IU	\$7.75
1823	Calcium + Vitamin D3 Gummy	60 ct	250 mg / 500 IU	\$14.25
1291	Calcium	60 ct	600 mg	\$7.75
1945	Calcium Chew, Chocolate	60 ct	500 mg / 1,000 IU	\$11.00
1420	Centrum Chewable Adult 50+	60 ct		\$19.75
1825	Chromium Picolinate	100 ct	200 mcg	\$14.25
1827	Cod Liver Oil	110 ct		\$9.50
1828	Coenzyme Q-10	30 ct	100 mg	\$14.75
1829	Coenzyme Q-10	30 ct	50 mg	\$13.25
1393	Daily Multivitamin	100 ct		\$8.75
1972	Daily Multivitamin Gummy	120 ct		\$14.25
1385	Daily Multivitamin with Minerals	100 ct		\$9.25
1737	DHEA Hormonal Supplement	50 ct	50 mg	\$13.25
1417	Ferrous Gluconate (Iron Supplement)	110 ct	27 mg	\$8.75
1376	Ferrous Sulfate (Iron Supplement)	100 ct	325 mg	\$8.25
1741	Fish Oil, Soft Gels	60 ct	1,000 mg	\$8.75
1849	Flaxseed	100 ct	1,000 mg	\$12.00
1850	Folic Acid	100 ct	800 mcg	\$7.00
1114	Glucosamine (Joint Health Support)	60 ct	500 mg	\$12.00
1975	Healthy Eyes with Lutein	60 ct		\$9.75
1866	Immune Support Chewable	50 ct		\$12.50
2236	Iron with Vitamin C Gummy	60 ct		\$9.25
1869	Leg Cramps Pain Relief Caplets	50 ct		\$15.25
1870	Leg Cramps Pain Relief Caplets	100 ct		\$18.50



Item #	Product Name	Packaging	Strength	Price
1418	Magnesium	110 ct	250 mg	\$7.75
2232	Magnesium Citrate Gummy	90 ct		\$9.75
1879	Melatonin	100 ct	5 mg	\$13.25
1971	Melatonin Gummy	120 ct	2.5 mg	\$16.50
1378	Niacin	100 ct	100 mg	\$6.50
1394	Niacin	100 ct	500 mg	\$11.00
1930	Niacin, No Flush	60 ct	500 mg	\$12.00
1886	One Daily Men's Multivitamin	100 ct		\$11.00
1887	One Daily Women's Multivitamin	100 ct		\$11.00
1977	Potassium Gluconate	100 ct	595 mg	\$6.50
1395	Rena-Vite	100 ct		\$14.75
1392	Senior Multivitamin	90 ct		\$12.00
1734	Stress Formula Tablets with Zinc	60 ct		\$11.00
2234	Turmeric with Ginger and Black Pepper Gummy	60 ct		\$9.00
1735	Vitafusion Fiber Weight Management	90 ct		\$19.25
1379	Vitamin A	100 ct	10,000 IU	\$8.75
1016	Vitamin B-1	100 ct	100 mg	\$8.25
1380	Vitamin B-6	100 ct	50 mg	\$6.50
1388	Vitamin B-6	100 ct	100 mg	\$8.75
1389	Vitamin B-12	100 ct	500 mcg	\$6.50
1381	Vitamin B-12	100 ct	1,000 mcg	\$12.00
1974	Vitamin B-12, Sublingual	30 ct	5,000 mcg	\$11.00
1382	Vitamin B-Complex	100 ct		\$8.75
1915	Vitamin B-Complex Gummy	70 ct		\$14.25
1017	Vitamin C	100 ct	500 mg	\$8.25
1706	Vitamin C	110 ct	1,000 mg	\$12.00
1916	Vitamin C Gummy	60 ct	125 mg	\$13.25
1383	Vitamin D3	100 ct	10 mcg	\$6.50
1390	Vitamin D3	100 ct	1,000 IU	\$9.75
1973	Vitamin D3	100 ct	5,000 IU	\$11.00
1978	Vitamin D3 Gummy	120 ct	1,000 IU	\$14.25
1391	Vitamin E, Soft Gels	100 ct	100 IU	\$6.50

Item #	Product Name	Packaging	Strength	Price
1384	Vitamin E, Soft Gels	110 ct	400 IU	\$11.00
1419	Zinc Chelated	110 ct	50 mg	\$7.75
<b>WART REMOVER</b>				
1288	Dr. Scholl's Wart Removal System	24 ct		\$16.50
1075	Wart Remover, Liquid	9 ml	17%	\$11.00

# NOTICES



- If you disenroll from Aspire Health Plan, your OTC benefit will automatically terminate.
- This information is available for free in other languages. Please call our customer service number at (855) 570-1600 (TTY : 711), 8 a.m. to 8 p.m. Monday - Friday, October 1 to March 31, 7 days a week 8 a.m. to 8 p.m.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.

[illegible]



PRESENTED BY



MONTAGE  
Health



Salinas Valley  
Memorial  
Healthcare System

Other providers are available in our network.  
H8764\_RX\_RewardsOTCCatalog\_1122\_C



Order through  
our website

**[www.aspirehealthplanotc.org](http://www.aspirehealthplanotc.org)**

**(855) 657-7546 (TTY: 711)**